

TO THE Heights

Diocese of Waterford & Lismore

Celebrating and Supporting the Catholic faith in our post-primary schools and amongst our young people.



ascendwaterfordlismore.ym



AscendWaterfordLismoreYM



Ascend Youth Ministry



EASTER SUNDAY

youthministry@waterfordlismore.ie



Year B

Sunday Mass Readings

First Reading:

Acts 10:34,37-43

Responsorial Psalm:

Psalm 117(118):1-2,16-17,22-23

Second Reading:

Colossians 3:1-4

Gospel: (Choice)

John 20:1-9

"They had failed to understand the teaching of Scripture, that He must rise from the dead"

Pier Giorgio Frassati

Aleteia present a short eight chapter fictionalised series on Pier Giorgio Frassati!

Man of the Beatitudes

CHAPTER 3



Frassati Task: Get out and about during the Easter Holidays. Forget the phone, and just breathe in and enjoy the walk and thank God for the gift and beauty of creation, and the ability to enjoy it!



Hear



Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find the text here.

Or watch a short explanation of the Resurrection from the Gospel of Luke.



- In John 20:1-9, who did Jesus appear first to? Why do you think she didn't recognise Him at first?
- Both John and Peter ran to the tomb, and John reached it first, but why do you think he waited for Peter to enter first?
- In Mark 16:1-8, who did the women meet at the tomb? Who were they asked to pass the message to?
- How do you think the apostles felt when they heard the message that Jesus had risen?
- If you were with them that day, what questions would have been in your mind?
- Why do Christians see Holy Week and Easter as the highpoint of the year?
- Why is Sunday a significant day for Christians? Is it significant for you?
- How can you celebrate Easter Sunday, and every Sunday as a sign of Christian faith?

Prayed Carlo Acutis *Pray for us!*

Carlo's Corner

EASTER IS A BIG DEAL!

"And if Christ has not been raised, our preaching is useless and so is your faith." 1 Corinthians 15:14

We spend months preparing ourselves for Christmas, buying presents, making lists, preparing food to share with families, Christmas songs for months on end... Christmas is a big deal - God became Man and walked among us. Yet we often don't realise that Easter is a big deal - the biggest deal in the Christian year in fact. It's more than just chocolate eggs. After the darkness and tragedy of Good Friday, we have Easter Sunday: the Lord is risen! Death and sin have no power over Him: He conquered everything that conquers us. He opened wide the gates of Heaven and made it possible for us to enter in. Celebrate Christ's victory with joy in your heart: and if there's any sadness, or frustration or worry there at the moment, give that to Jesus, and ask Him to be the Risen Lord of your life and your struggles. He died and rose for YOU because He loves you infinitely.



TEACHER'S CORNER

Prayer around the Cross
Good Friday 7.30 - 8.30pm, live-streamed on www.holyfamilymission.ie

Diocese of Waterford & Lismore presents

QUO VADIS?

CATHOLIC ZOOM SERIES FOR YOUNG ADULTS AGED 18-35

Sr Clare: Alone with Christ Alone!

Four week series on the inspirational life of Sr Clare Crockett, presented by the Servant Sisters of the Home of the Mother

Sundays: 7 - 8pm
11th April - 2nd May

Contact events@waterfordlismore.ie / 085 8623704 for more information

www.waterfordlismore.ie [Facebook](https://www.facebook.com/waterfordlismore) [Instagram](https://www.instagram.com/waterfordlismore)

WEEKLY CHALLENGE:

- So celebrate this Easter! Christians are a people of joy, of hope! As you tuck into your egg, think of the symbolism of the empty shell, representing the empty tomb.
- Watch Easter Sunday: Son's Up (Mark Hart)
- Use the handout attached to help guide you in some prayer time this week

TUNE OF THE WEEK

Forever
(Kari Jobe)

HOLY WEEK VIRTUAL CHOIR

Young Person's Prayer

Hallelujah Lord,
it's time to celebrate!
This past year has been difficult in so many ways, but now is a time to remember the hope that You bring and the joy of our faith! Hallelujah - all things are possible to You Lord!

Gospel Reflection: DYING AND RESURRECTION

[mary's meals](#)
[CLICK HERE TO DONATE!](#)

I remember some years ago now visiting a hospital and meeting a patient there who was with his son and daughter. I said hello and we got chatting. It was around Easter. He thanked me for stopping by and said, "I love this time of year. Dying and Resurrection, new life - that's what it's all about." I thought to myself what an example he was to his children in being so open about his faith. And what a thought to ponder! "Dying and Resurrection". How right he was. Nature teaches us this too. Winter turns to Spring. The bare trees become green again. And what about the human person?

With faith we know that we will live with God. Christ has risen from the dead and offers us all hope - sure hope. But without the hope of Easter where would we be? I cannot bear to think. This Holy Week we can appreciate more what the Cross is. We have endured lockdown with all its difficulties. But we can offer all that to Jesus and walk with our crosses with him beside us. No matter what is the worry or the trouble He is greater than it. HE LOVES YOU and ME. Never doubt that.

The only thing that can come between us is our sin. So let us say sorry for our sins and look toward Him with confidence. He has suffered all things and overcome them all and has risen from the dead. As that patient in the hospital said, "Dying and resurrection, new life - that's what it's all about." Lord, help us to believe that more and more and let your love seep into our hearts. Lord by your Cross and Resurrection You have set us free. You are the Saviour of the world.

By Bishop Alphonsus Cullinan

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CHECK IT OUT: QUO VADIS

Quo Vadis is an initiative of the Diocese of Waterford & Lismore Youth Ministry and Faith Development Officers to help young adults aged 18 - 35 journey in faith together, through guest speakers, small group fellowship and prayer. At present Quo Vadis takes the form of a Zoom Series on Sunday evenings from 7 - 8pm. Following a successful Lenten series, the next venture is a four week series on the inspirational life of Sr Clare Crockett, presented by the Servant Sisters of the Home of the Mother, starting on April 11th. Check Ascend Youth Ministry (Waterford & Lismore) on Facebook and Instagram for more info.

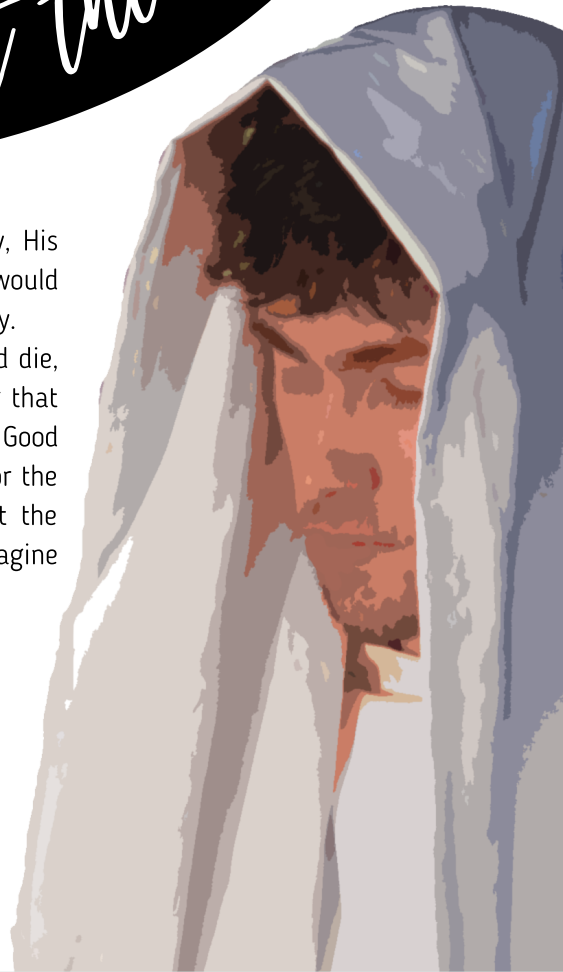


Good Friday was not the end



WHAT IS HOPE?

If Jesus had just been an innocent man who was put to death on Good Friday, His death would have been tragic and an act of senseless cruelty, and the story would have ended there. For Christians, however, Good Friday is not the end of the story. Jesus told his followers on numerous occasions that He would have to suffer and die, but on the third day He would rise again. They were incapable of understanding that at the time. Imagine the pain, grief and hopelessness they must have felt on Good Friday, watching their good friend suffer and die, and with Him all their hopes for the future? Then imagine their overwhelming joy and sense of hope they felt at the resurrection! His mother, Mary, never lost hope in Jesus' promises. Can you imagine how joyful their reunion was after the Resurrection?



CHECK OUT THE FOLLOWING RESOURCES ON THE THEME OF HOPE:



Bishop Phonsie's Messages of Hope: True Hope



The Prayer of Bl. Pier Giorgio Frassati "Verso l'alto!"



Fr Mike Schmitz: What is Hope and Why Do You Need It?



Fr Mike Schmitz: The Role of Hope in Holy Week



Leeland: Way Maker



Lauren Daigle: Trust In You (Live)



Send a message of encouragement or gratitude to someone who you think could be struggling at the moment.

HOPE IS THE ANCHOR OF THE SOUL

H.O.P.E. Hold On, Pain Ends



Each morning you wake up, think of ten things you are grateful for. Start your day choosing joy and gratitude to God for his blessings!

WHAT IS YOUR DEFINITION OF HOPE?



Why not create an Instagram post or story with your definition to share with your friends on social media? Or commit to only sharing positive and hope-filled messages for the next week? Print it out and stick it on your bedroom mirror.

Hope is "trust in another, extended into the future."
Fr Mike Schmitz



Create a playlist for yourself, with music filled with messages of hope - listen to this whenever you feel like you are struggling, or share it with a friend who might need a reminder that hope is real.