

FAITH @Home

21 FEBRUARY 2021 | VOL. 18

Diocese of Waterford & Lismore

Celebrating and supporting faith, hope and love
in the heart of the family!

 [Find us on Facebook](#)

 [Subscribe to us on YouTube](#)



1ST SUNDAY OF LENT

Year B

Sunday Mass Readings

First Reading:

Genesis 9:8-15

Responsorial Psalm:

Psalm 24(25):4-6, 7b-9

Second Reading:

1 Peter 3:18-22

Gospel:

Mark 1:12-15

*"Repent, and believe
the Good News"*



Alexander Andreyevich Ivanov, Public domain, via Wikimedia Commons

Hear

Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find this week's readings [here](#).

Pray

Light a candle, (maybe the candle used at your baptism or a family member's) as a reminder of the promises made at Baptism to reject temptation, sin and to live as a child of God.

Children: Showing love to others is one way of living as a child of God. Draw a picture showing how you love your family.

Teens & Adults: Identify one or two things that prevent you from growing closer to Jesus. Spend time talking to Jesus and ask him for help to remove the things that are keeping you from him.

Talk

Share with your family members or with a trusted friend how this Lent, with the help of God, you will strive to live as a child of God.

Are you giving up something as a form of sacrifice? Will you start a new daily practice to bring you closer to Jesus?

Once you have shared, close together in prayer asking God for the help, strength, and courage necessary to continue living as a child of God

Family Challenge!

Choose a Family Lenten Saint! Each person should spend time researching a suitable saint that your family can adopt this Lent. Examine the possibilities and then pick one saint to learn more about this Lent.

Check out page 3 for a picture from today's Gospel to print and colour!

MISSION! Lent is such a special time to get closer to Jesus and make little sacrifices to show Him how much you love Him. What little sacrifices can you offer up as powerful prayers to Jesus this Lent?

LEARN THE CATHOLIC ICING "LENT SONG"



Please email us at faithathome@waterfordlismore.ie if you would like to receive Faith@Home direct to your inbox each week!

Privacy Notice: Please kindly note that by requesting receipt of the weekly newsletter, you are agreeing to the Diocese using your name and email address for this purpose in accordance with data protection requirements. The Diocese will not share your email address or use the address for any other purpose, unless legally required to do so. If you wish to stop receiving the newsletter, please email your request to faithathome@waterfordlismore.ie. We will delete your email address upon receipt of such a request. If you have any queries, please contact us.



EVENTS QUO VADIS

Lenten Series for young adults aged 18 - 35 who are seeking purpose and meaning in their lives. Every Sunday from 7 - 8pm, 14th Feb - 28th March. Testimonies from guest speakers, time for prayer, chat, discussion and getting to know other young Catholic adults. Contact youthministry@waterfordlismore.ie or click here to register: <https://forms.gle/kpPs8niwFXChT6jM8>

Family Prayer

Why not make a special effort to pray Grace Before Meals this Lent?

Bless us, O Lord, and these your gifts, which we are about to receive from your bounty through Christ our Lord. Amen.



LEAN INTO JESUS THIS LENT

This past Wednesday began a new season in the Church's year of grace, that of Lent. Our Gospel for the first Sunday in this season tells us that Jesus was driven for 40 days into the desert/wilderness and there with the wild beasts, was tempted by Satan.

It is a lot easier to identify with this short selection from Mark's gospel because for nearly a year now we have found ourselves in our own wilderness, and have many times encountered wild beasts and the evil one. These days have asked us to endure significant sacrifices of altered routines, limited social interaction, and to experience mental, emotional and spiritual fatigue caused by months of uncertainty and anxiety.

These days seem endless and there seems to be nothing positive about them. But as with our scripture reading this week, this testing was as much a part of Jesus' journey as it is ours. For stripped of all that normally nourishes and supports us, exposed to demons and temptations, these are also privileged moments of grace. It is here in the wilderness that God can send His angels to minister to us and it is here in the wilderness that God can ask us to grow in trust and to walk more closely in faith with Him. It is here too that God may be asking us to be His angels for others.

May we journey through these next 40 days, aware that God is with us and in the silence of our desert living, listen for His voice drawing us ever deeper into a loving and trusting relationship with Him and with those with whom we live and minister.

By Sr Shawn Lyons ASHJ, Waterford city

Carlo's Corner

THE REAL BATTLE IS WITH OURSELVES

"What does it matter if you can win a thousand battles if you cannot win against your own corrupt passions? It doesn't matter. The real battle is with ourselves." Bl. Carlo

Blessed Carlo Acutis - Pray for us!



In this week's Gospel, Peter, James and John have an amazing experience: they see the Lord revealed in His heavenly glory. They've lived and walked and eaten with the "human" Jesus, and now His divinity is revealed in its dazzling brightness, or at least a fraction of it is. Then they hear these words from God: 'This is my Son, the Beloved, listen to him.'

So what does this mean for you and me? Are we listening to Jesus? Jesus is not just a nice guy who lived long ago; He is God, He's alive, He wants to live in each one of us, to transform our lives. He's desperately trying to tell us He loves us, but needs us to listen to Him for that. What is Jesus saying to your heart?



[How to never miss God's will for your life](#)



Holy Family Mission: Luminous Mysteries
(Try praying the 4th mystery this week!)



[Hillsong: The Transfiguration](#)

CHECK IT OUT: DYNAMIC CATHOLIC



Meeting people where they are . . . Leading them to where God calls them to be! The US-based team at Dynamic Catholic want to inspire Catholics and their parishes to become the-best-version-of-themselves.

Why not sign up the "The Best Lent Ever" experience by [clicking here](#) to receive a daily email with a short video to help you reconnect with yourself and your God. *"It's not what you give up this Lent, it's who you become."*



JESUS SPENT 40 DAYS
FASTING AND PRAYING IN THE WILDERNESS

