

# FAITH @Home

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Diocese of Waterford & Lismore

Celebrating and supporting faith, hope and love  
in the heart of the family!



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2ND SUNDAY OF LENT

Year B

## Sunday Mass Readings

### First Reading:

Genesis 22:1-2,9-13,15-18

### Responsorial Psalm:

Psalm 115(116): 10,15-19

### Second Reading:

Romans 8:31-34

### Gospel:

Mark 9:2-10

*"This is my son, the  
Beloved. Listen to him"*



Alexander Andreyevich Ivanov, Public domain, via Wikimedia Commons

## Hear

Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find this week's readings [here](#).

## Pray

Jesus took Peter, James, and John to a mountain. Close your eyes and imagine yourself on the mountain with them. While you are there, you see Jesus' transfiguration and the appearance of Moses and Elijah.

What does it feel like to be there? What thoughts come to your mind? What do you want to do?

You hear God saying, "This is my Son, the Beloved. Listen to him." Take a few minutes to listen for what Jesus is saying to you now. Talk with Jesus about something in your life that might need to be transformed during this season of Lent.

## Talk

On the Mount of Transfiguration, Peter, James, and John had an experience with Jesus that led to them seeing Jesus differently. Talk with your family about the questions:

- Describe a time when you experienced something that caused you to see Jesus differently. What did the experience show you about Jesus?
- How does it invite you to live differently now so you can become more like Jesus?

## Family Challenge!

Spend time together doing this [Light catcher craft activity!](#) This sun-catcher is meant to resemble the dazzling white light that Jesus radiated on the mountain.

**MISSION!** Try going to bed 5 minutes earlier than usual, and using that time to say an extra prayer to Jesus, and then asking Him, "What do you want to say to me tonight, Lord?"... and then listen quietly.

LEARN THE  
"LISTEN TO JESUS"  
SONG

Please email us at [faithathome@waterfordlismore.ie](mailto:faithathome@waterfordlismore.ie) [or click the [subscribe](#) button] if you would like to receive Faith@Home direct to your inbox each week!

"To the Heights" Post-Primary / Youth Version also available: click [SUBSCRIBE](#) / email [youthministry@waterfordlismore.ie](mailto:youthministry@waterfordlismore.ie)

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## ALLOW YOURSELF TO BE TRANSFORMED

Welcome to one of the finest pieces of scripture known to us – the notion of transformation to something more beautiful. Today's Gospel is a positive statement that can help us to flourish and how much do we need such affirmation in our times. In relating to the Transfiguration of Jesus, a moment of deep significance in the journey of any Christian life, we see God affirming Jesus in faith and mission and then for us as Christians living and walking our pilgrim way in this world. These Gospel words are further affirmation that Jesus is God's own son.

With such worthy words of affirmation we are even more in awe of the sacrifice of Abraham in his love of God calling us to be worthy descendants of his in our own time and age. During these gentle spring days in Lent we can confidently practice spontaneous praise rather than saving up kind words for a planned occasion. Lenten days are encouragement days. Now is the time to take deeper notice of the actions, words and works of others.

Covid-19 has brought tough times. There is no arena of life that remains unaffected by Covid-19. It is our deepest hope that in the daily struggles of continual adapting alongside incredible loss and trauma, you may somehow know the closeness of God in the midst of it all.

We hope that you are not alone, we hope you know you are pulling through, and we hope you know that God's presence is keeping our connection with life open as we make plans to be together again. To laugh. To shake hands. To hug. To listen. To learn. And to arrive at Easter being the best of humanity that we can be.

By Fr David Keating, Chaplain WIT

## EVENTS

### Quo Vadis

Lenten Series for young adults aged 18 - 35 who are seeking purpose and meaning in their lives. Every Sunday from 7 - 8pm, 14th Feb - 28th March. [Click here to register](#) or email [youthministry@waterfordlismore.ie](mailto:youthministry@waterfordlismore.ie)



### "The Message of the Good News - God's Unconditional Love"

Sr Antoinette Dilworth leads a short Lenten Reflection: Thursdays on the Diocesan Facebook Live at 7pm



### Adoration and Prayer with Bishop Alphonsus Cullinan

Live on Bishop Phonsie's Facebook page each night at 9.15pm

## Family Prayer

Dear Jesus,

help our family to really listen for and to Your voice this week.

Show us how to find our own mountain experience where we can be with You and encounter Your love in the midst of our busy lives. Amen



## Carlo's Corner

### WHAT IS JESUS TRYING TO SAY TO YOU?

"Sadness is looking at ourselves, happiness is looking towards God." Bl. Carlo



In this week's Gospel, Peter, James and John have an amazing experience: they see the Lord revealed in His heavenly glory. They've lived and walked and eaten with Jesus in his human nature, and now His divinity is revealed in its dazzling brightness, or at least as much as they can take in it. Then they hear these words from God: 'This is my Son, the Beloved, listen to him.'

What does this mean for you and me today? Are we listening to Jesus? Are we open to transformation too? Jesus is not just a nice guy who lived long ago; He is God. He's real. He wants to live in each one of us, to transform our lives. He's desperately trying to tell us He loves us, but needs us to listen to Him for that. What is Jesus saying to your heart?

Set aside 5 minutes this week, just 5 minutes. Read Sunday's Gospel story and then pray the 4th Luminous Mystery, the Transfiguration to be open to God's voice in your life. [1 Our Father, 10 Hail Marys and a Glory Be.]

### Check out:

- Fr Mike: [How to never miss God's will for your life](#)
- Holy Family Mission: [Luminous Mysteries](#)

## CHECK IT OUT: IGNITE IRELAND



College campus is never an easy place to practice your faith. Ignite Ireland is a Catholic Organisation that seeks to establish community between Catholic college students. They organise retreats and workshops, and throughout Covid-19 have run Lockdown Lecture Series for College Students over Zoom. On March 20th the Ignite Ireland Conference will be LIVE exclusively on [Radio Maria Ireland](#) from 11am-5pm.

Contact [igniteirelandteam@gmail.com](mailto:igniteirelandteam@gmail.com) for more info!



