

TO THE Heights

Diocese of Waterford & Lismore

Celebrating and Supporting the Catholic faith in our post-primary schools and amongst our young people.



ascendwaterfordlismore.ym



AscendWaterfordLismoreYM



www.waterfordlismore.ie

2ND SUNDAY OF LENT

THE MONTH OF SAINT JOSEPH

youthministry@waterfordlismore.ie



El Greco, Public domain, via Wikimedia Commons

Year B

Sunday Mass Readings

First Reading:

Exodus 20:1-17

Responsorial Psalm:

Psalm 18(19): 8-11

Second Reading:

1 Corinthians 1:22-25

Gospel:

John 2:13-25

"Stop turning my Father's house into a market"

Getting to know Pier Giorgio

His Devotion

Pier Giorgio loved the Eucharist. He would often spend whole nights in adoration of the Blessed Sacrament. He attended Mass daily and was encouraged by his parish priest to become a priest himself, but this notion was quickly dismissed by his mother.

He loved the Lord with all his heart, mind, and strength. His whole life was a reveling in the goodness of God. Prayer was central to his day, and he never ceased attempting to bring his family to the Lord as well.



<https://catholicexchange.com/11-reasons-love-bl-pier-giorgio-frassati>

Watch this fantastic video to spend a few minutes in reflection of Pier Giorgio's famous motto, "Verso l'Alto" and how it can help every situation we face in life.



CHECK OUT DMC EP 1: OUR DESIRES

Servant Sisters of the Home of the Mother



- When Jesus spoke about the **temple** being raised in three days, what did he mean? Think about Easter Sunday...
- Does it surprise you that Jesus could get angry? What was it about this scene made him angry?
- What did he mean by "Stop turning my Father's house into a market!"?
- What was the temple supposed to be for?
- What authority did Jesus have to do this?
- How can we treat the Father's house with respect today? How can we act when we visit a church to show reverence?
- What injustice in the world today makes you angry? What can you do about it?

Hear



Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find the text here.

Or watch a short video version of Jesus cleansing the Temple!






Carlo's Corner

WHAT ARE MY PRIORITIES?


"The only thing we have to ask God for, in prayer, is the desire to be holy." Bl. Carlo




Who are the people who are important to us? What are the activities that matter to us? Do our schedules reflect that? Are these the people and things we spend time (or maybe money) on each week? Or do we struggle to find a balance and feel like we're not doing enough, or maybe like we're doing too much? What about God? Where does He feature in our week? Do we give him time everyday? A bit of time on Sunday? Not at all? God wants us so much to know His love, and know that we can trust and rely on Him. He wants a relationship with us. A good relationship takes time and effort. Are we willing to take just a few minutes each day to speak to Him, to ask Him to bring us closer to Him and closer to the person He created us to be, to be holy (and holy means happy!)? If we make God our priority, He will help us find balance, peace and fulfilment in our lives. Maybe we need to declutter / detox some areas to make space for him. It'll be worth it!


**WEEKLY CHALLENGE:**



Reflect on one area of you can declutter / detox: maybe it's less time on social media and more time with people, maybe getting up 5 minutes earlier to pray, or turning off wifi at night so you can reflect on your day?

 [Fr Mike: Is God the Centre of My Life?](#)

[Lifeteen Blog: The Detox I never thought I needed](#) 

TUNE OF THE WEEK 

 Jesus at the Centre of it all

  (Darlene Zschech)

HOLY FAMILY MISSION TESTIMONY 



"Daily Little Steps!"

TEACHER'S CORNER

Quo Vadis

Lenten Series for young adults aged 16 - 35 who are seeking purpose and meaning in their lives. Every Sunday from 7 - 8pm, 14th Feb - 28th March. [Click here to register](#) or email youthministry@waterfordlismore.ie

"The Message of the Good News - God's Unconditional Love"

Sr Antoinette Dilworth leads a short Lenten Reflection: Thursdays on the Diocesan Facebook Live at 7pm



Adoration and Prayer with Bishop Alphonsus Cullinan

Live on Bishop Phonsie's Facebook page each night at 9.15pm



Young Person's Prayer

Jesus, you know I want to make good decisions, that I want to make a real difference in the world and help others. Show me how to put You first in my life, and trust that the path to holiness will bring me true happiness and peace. Amen

Gospel Reflection: Lent: A Time of Cleansing

The great 16th century artist, El Greco, painted at least five versions of today's Gospel in which Jesus drives the money lenders and market traders from the Temple. The painting in the National Gallery Washington (and on the front of this issue!) is titled Christ Cleansing the Temple and is most suitable to this Gospel story in the middle of Lent, so that we can give thought to our need of cleansing before we celebrate Easter.

Each Mass begins with the celebration of the Penitential Rite which allows the congregation to acknowledge their sins along with God's mercy and compassionate forgiveness. What is true throughout the year is given further emphasis in Lent - the Opening Prayer of this Sunday, in which the priest prays "that we, who are bowed down by our conscience" is a recognition that our sin has followed us into the temple of the Lord and is in need of his cleansing in mercy.

The First Reading outlines the code, the Ten Commandments, by which we judge our conscience and provides us with a Lenten guide to living a good life. Trying to live such a guide to holiness makes us dwellers in the new temple that is the Resurrected Christ. Our participation in the Word and at the altar cleanses us, and brings us towards holiness because of contrite hearts which cast out thoughts, words and deeds that are far from holy.

Just as Christ cleansed the Temple, the Risen Lord is constantly cleansing our hearts through his love. We must be open to Christ's cleansing zeal within us by living his Commandments in word and deed, so that, we will build a temple within us, with Christ as the cornerstone.

By Fr John Harris



CHECK IT OUT: EWTN IRELAND



Eternal Word Television Network (EWTN) is the largest religious media network in the world, transmitting programming 24/7 to 148 million homes in 144 countries. EWTN's main website also offers extensive Catholic resources including one of the largest Catholic document libraries online, a full interactive website for children, a forum for asking questions of experts, and speciality pages on a variety of topics. Available on SKY EPG 588 / www.ewtn-ireland.ie / Satellite Radio on SKY EPG 0147.

The Prayer of Blessed Pier Giorgio Frassati

ADAPTED FROM A PRAYER BY FR THOMAS ROSICA CSB



If we do not know the road -

Show us the Way, verso l'alto, upward to heaven.

If we often abandon the path -

Show us the Way, verso l'alto, upward to heaven.

If we never lift up our gaze, slaves to fear -

Show us the Way, verso l'alto, upward to heaven.

If we lack the strength to overcome -

Show us the Way, verso l'alto, upward to heaven.

Trials, testing, abandonment, rejection,

Breakup, breakdown, grief, prison -

Show us the Way, verso l'alto, upward to heaven.

The most difficult passes -

Show us the Way, verso l'alto, upward to heaven.

If we have the strength but use it to turn back -

Show us the Way, verso l'alto, upward to heaven

If we never pause to be nourished by the bread of eternal life,

If we do not quench our thirst from the fountain of prayer -

Show us the Way, verso l'alto, upward to heaven.

When we do not fully contemplate the beauty of gifts given -

Show us the Way, verso l'alto, upward to heaven.

When we do not know how to offer ourselves for others -

Show us the Way, verso l'alto, upward to heaven.

When we have committed many sins and even if we've lost hope -

Show us the Way, verso l'alto, upward to heaven.

Teach us to hear the voice of Christ calling us towards purity of heart.

BLESSED PIER GIORGIO FRASSATI, PRAY FOR US, LEAD US DEEP INTO THE HEART OF GOD