

# DIOCESAN NEWSLETTER MARCH 2021



## Lenten Reflection

Loving God, during the season of Lent, bring me closer to you.

Prepare a place in my home and heart for silence and solitude, so that I may re-discover the blessing of a life filled with prayer.

Help me to fast from those things that threaten the well-being of body and soul and remind me of the gift of simplicity.

Enlarge my heart so that I give to those in need, and in doing so, re-discover the grace of gratitude and generosity.

May this Lenten season continue to be a time to kindle my love for and faith in you. Amen.



# FAITH @Home

Celebrating and supporting faith, hope and love in the heart of the family!

Available on [www.waterfordlismore.ie](http://www.waterfordlismore.ie)

Diocese of Waterford & Lismore  
Weekly Interactive FAMILY Newsletter



**To subscribe email us at**  
[faithathome@waterfordlismore.ie](mailto:faithathome@waterfordlismore.ie)  
or scan the QR code

Privacy Notice: Please kindly note that by requesting receipt of the weekly newsletter, you are agreeing to the Diocese using your name and email address for this purpose in accordance with data protection requirements. The Diocese will not share your email address or use the address for any other purpose, unless legally required to do so. If you wish to stop receiving the newsletter, please email your request to [faithathome@waterfordlismore.ie](mailto:faithathome@waterfordlismore.ie). We will delete your email address upon receipt of such a request. If you have any queries, please contact us."

Talk - Hear - Pray ideas for families  
Weekly Gospel reflection  
Kids' Activity Corner  
Carlo Acutis Corner for Youth  
Upcoming events  
And more!

 SUBSCRIBE



# TO THE Heights

Celebrating and Supporting the Catholic faith in our post-primary schools and young people.

WEEKLY INTERACTIVE SCHOOLS & YOUTH NEWSLETTER

- Weekly Gospel reflection
- Inspirational Saints
- Prayer Corner
- Weekly Challenges
- Recommended Apps
- Tune of the Week!
- Testimonies



...and more!

**Ideal for parents, teachers, and those involved in youth ministry**

Please note that those subscribing MUST be aged 18 or over, in accordance with the Diocese of Waterford & Lismore Safeguarding Children Policy & Procedures. Parents / Guardians are more than welcome to subscribe on behalf of their children!

**To subscribe, scan the QR Code or email us at**  
[youthministry@waterfordlismore.ie](mailto:youthministry@waterfordlismore.ie)

 [ascendwaterfordlismore.ym](https://www.instagram.com/ascendwaterfordlismore.ym)

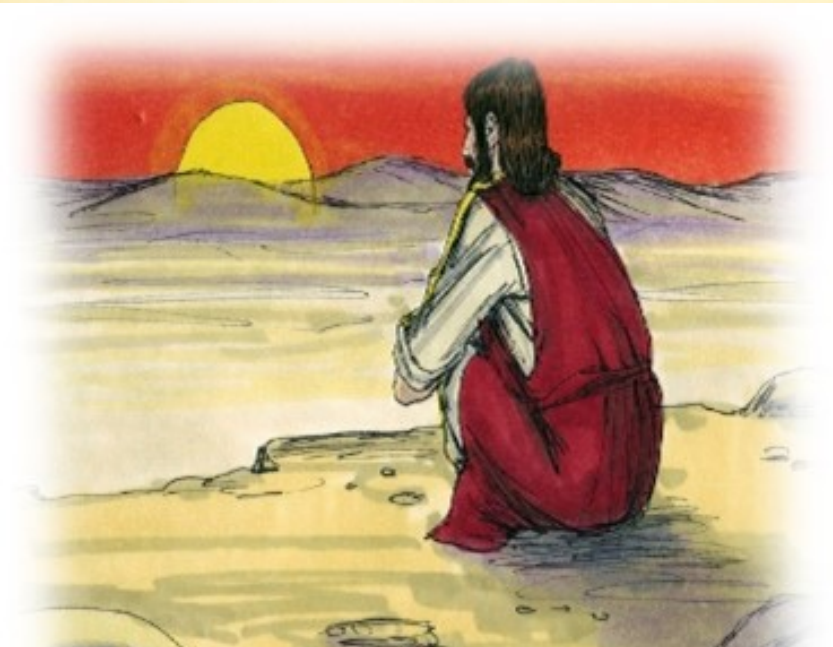
 [AscendWaterfordLismoreYM](https://www.facebook.com/AscendWaterfordLismoreYM)




**Online prayer resources may viewed or downloaded from our website**

- **Stations of the Cross for Lent & Holy Week**
- **Prayers to St. Joseph**
- **Novena to St. Joseph**





## LENTEN REFLECTIONS


Lenten Reflections will continue each Thursday evening at 7pm with Antoinette Dilworth rsj on our facebook live page.





**'Thought for the day'** is a new initiative by Bishop Phonsie where he records a thought for the day that may be listened to via link from our website or facebook. Don't forget to tune in each night



Diocese of Waterford & Lismore presents

 **QUO VADIS?** – Where is your life going?  
– Does it have any meaning?  
Come find out!

**CATHOLIC LENTEN PROGRAM FOR THOSE SEEKING PURPOSE**

**For Young Adults aged 18 - 35**  
**Every Sunday @ 7 - 8pm**  
February 14, 21, 28  
March 7, 14, 21, 28

**ALLOW GOD TO MAKE A DIFFERENCE IN YOUR LIFE!**

An invitation for young adults in the Diocese of Waterford & Lismore and beyond to get together with other young Catholics for an informal hour-long gathering each week. Guest Speakers, Testimonies, Time for Chat, and Prayer.  
If you can't make every week, no problem! You are welcome to join whenever you can!

 *Stations of the Cross*  
Based on "Mary's Way of the Cross"

  Waterford and Lismore Diocese

*Holy Week 2021*  
*Diocese of Waterford & Lismore YouTube Channel*

Please note that this film was produced with Senior Cycle post-primary students in mind, so parental / guardian discretion while viewing is advised.



## MINI-LENTEN RETREAT IN PREPARATION FOR HOLY WEEK 2021



In preparation for the Easter Triduum, 'The Hook of Faith' is happy to offer a 'Mini-Lenten Retreat in Preparation for Holy Week' on Tuesday 23rd, Wednesday 24th and Thursday 25th March. The retreat will be held on Zoom and will be led by Fr Billy Swan. Each conference begins at 8pm. The three conferences will anticipate the Triduum and will therefore focus on the Eucharist (Tues. 23rd); the Cross and the Mystery of Suffering (Wed. 24th); the Resurrection, Joy and Hope (Thurs. 25th).

To take part, all you need to do is send an email to:  
[thehookoffaith@gmail.com](mailto:thehookoffaith@gmail.com)  
All are welcome.

Spirit Radio will officially launch broadcasting in Clonmel on 95.8FM on St Patrick's Day, (Wednesday March 17th at 12 noon) CEO of the inspirational station, Rob Clarke expressed his delight to be able to launch in Co Tipperary. "It's great to finally have the opportunity to connect with listeners Co Tipp. We've had a few challenges but are now launching and are keen to engage with the people here." Spirit Radio has a Christian ethos. The music driven station plays an upbeat mix that includes leading artists from the world of contemporary Christian music. The station is broadcasting in all the main cities and 14 of the largest towns across Ireland. Rob said the response across the country has been terrific.

"People have warmed to our mix of uplifting music and chat". Producer of the station's, flagship morning talk show, Steve Johnson noted. "Our magazine style program covers current affairs, plus a mix of health, fashion, food, relationships, fitness and faith. Radio listenership in Ireland continues to be very high and recent surveys suggest that in the current health crisis people are using radio more and more to stay in touch.



## Prayer to St. Joseph

Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.

To you God entrusted his only Son;  
in you Mary placed her trust;  
with you Christ became man.

Blessed Joseph, to us too,  
show yourself a father  
and guide us in the path of life.

Obtain for us grace, mercy and courage,  
and defend us from every evil.

Amen.

