



# Novena to St. Joseph

## **Novena to St. Joseph**

### **Day 1**

St Joseph, help me to quieten my senses, my mind and my heart as I begin this Novena in your honour. Obtain for me the gift of silent prayer, so that I can hear the quiet whisper of God's presence and feel God's love in my heart, as I journey through each day. Just as you heard the quiet whisper of the invitation to be the foster father of Jesus, let me also say yes to follow Jesus in a more meaningful way. Blessed are you, St. Joseph.

### **Day 2**

St. Joseph, tender foster father and faithful guardian of Jesus, I pray today for all fathers who cherish and care for their children and their families. May they be inspired by your faithful love of Mary and Jesus and continue to be good examples of fatherhood. Blessed are you, St. Joseph.

### **Day 3**

St. Joseph, enkindle in me a spark of that charity that you had in your life. May I always have God in my sight as I make my earthly pilgrimage on this earth. May I always be charitable towards others and treat everyone with kindness and respect. Blessed are you, St. Joseph.

### **Day 4**

St. Joseph, patron saint of the worker, I ask your intercession for all those who are unemployed, some as a result of the Covid-19 pandemic. May your help and example of perseverance be a light to those who suffer as a result of having no work. Blessed are you, St. Joseph.

### **Day 5**

St. Joseph, you were a wonderful husband and life partner to Mary. I ask you to intercede for all those who are partners in life, that your example of unending love may guide them throughout their lives, and keep them in union with each other. Blessed are you, St. Joseph.

### **Day 6**

St. Joseph, you were the comforter and support of the Mother of Jesus. I ask you now to help all those who are grieving at this time at the loss of their loved ones. May they find comfort and peace in the knowledge that their loved ones are now in their eternal home. Blessed are you, St. Joseph.

### **Day 7**

St. Joseph, I ask your help in all my weaknesses and my difficult experiences in life. May your example of acceptance bring me through these times and provide me with gentle peace in the knowledge that I am cared for, and loved by the Lord Jesus. Blessed are you, St. Joseph.

### **Day 8**

St. Joseph, I ask your intercession for all those who are sick at this difficult time in our world. Give them patience and strength to carry their illness and suffering, and I ask the Lord for their healing if it is his will. Blessed are you, St. Joseph.

### **Day 9**

St. Joseph, help me to be like you, gentle to those who need my support. Help me to give freely of my time and to lighten their journey through life. May you be my inspiration to persevere in my work and my commitment to my faith.

St. Joseph, hear my humble prayers that I have offered to you each day of this Novena. Help me to live my life so that when it ends, I will enter the kingdom of heaven. Give me the blessing of a happy death.

**Jesus, Mary and Joseph, I give you my heart and my soul,  
Jesus, Mary and Joseph, assist me in my last agony,  
Jesus, Mary and Joseph, may I breathe forth my soul in peace with you.  
Amen.**



*Picture of St. Joseph & Child.  
Original watercolour by sr Blandine Elisabeth,  
Sisters of Mary, Morning Star, Waterford.*