

“I THIRST...FOR YOU”

(SHORTENED MEDITATION BASED ON THE SPIRITUAL TEACHINGS OF ST TERESA OF CALCUTTA)

I stand at the door of your heart, day and night.
Even when you are not listening, even when you doubt it could be Me, I am there. I await even the smallest sign of your response, even the least whispered invitation that will allow Me to enter.
And I want you to know that whenever you invite Me, I do come – always, without fail.

I come – longing to console you and give you strength, to lift you up and bind all your wounds.
I bring you my light, to dispel your darkness and all your doubts.
I come with My power, that I might carry you and all your burdens;
with My grace, to touch your heart and transform your life; and My peace I give to still your soul.

I know you through and through. I know everything about you. The very hairs of your head I have numbered.
Nothing in your life is unimportant to Me. I have followed you through the years, and I have always loved you – even in your wanderings. I know every one of your problems. I know your needs and your worries.
And yes, I know all your sins. But I tell you again that I love you – not for what you have or haven't done – I love you for you, for the beauty and dignity you have often forgotten, a beauty you have tarnished by sin.
But I love you as you are, and I have shed My Blood to win you back.

I know what is in your heart – I know your loneliness and all your hurts – the rejections, the judgments, the humiliations. I carried it all before you. And I carried it all for you, so you might share My strength and victory.
I know especially your need for love – how you are thirsting to be loved and cherished.

Do you thirst to be cherished? I cherish you more than you can imagine – to the point of dying on the cross for you.

I thirst for you. Yes, that is the only way to even begin to describe My love for you.
I THIRST FOR YOU. I thirst to love you and to be loved by you – that is how precious you are to Me.
I THIRST FOR YOU.

If you feel unimportant in the eyes of the world, that matters not at all.
For Me, there is no one more important in the entire world than you.

Don't you realize that My Father already has a perfect plan to transform your life, beginning from this moment?
Trust in Me. Ask Me every day to enter and take charge of your life – and I will.
I promise you before My Father in heaven that I will work miracles in your life.
Why would I do this? Because I THIRST FOR YOU. All I ask of you is that you entrust yourself to Me completely.
I will do all the rest.

There is nothing I cannot forgive or heal so come now, and unburden your soul.
No matter how far you may wander, no matter how often you forget Me, no matter how many crosses you may bear in this life; there is one thing I want you to always remember, one thing that will never change.
I THIRST FOR YOU – just as you are.

Do you find this hard to believe? Then look at the Cross, look at My heart that was pierced for you.

All your life I have been looking for your love
– I have never stopped seeking to love you and be loved by you.

You have tried many other things in your search for happiness;
why not try opening your heart to Me, right now, more than you have ever done before.

I stand at the door of your heart and knock.
Open to me, for I THIRST FOR YOU...'

