

# FAITH

## @Home

Diocese of Waterford & Lismore

Celebrating and supporting faith, hope and love  
in the heart of the family!



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6TH SUNDAY OF EASTER

Year B

### Sunday Mass Readings

**First Reading:**

Acts 10:25-26, 34-35, 44-48

**Responsorial Psalm:**

Psalm 97(98): 1-4

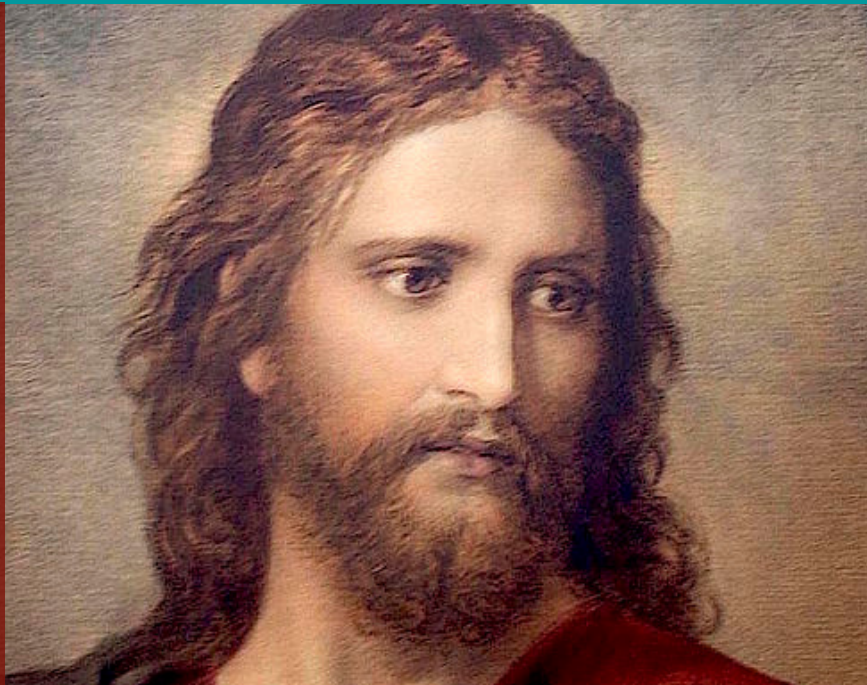
**Second Reading:**

1 John 4:11-16

**Gospel:**

John 15:9-17

*"You did not choose  
me, no, I chose you"*



Heinrich Hofmann, Public domain, via Wikimedia Commons

### Hear

Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find this week's readings [here](#).

Click [here](#) for a fun Catholic reflection for kids based on this week's readings.

### Pray

In today's Gospel, John shares with us that love is the greatest of all the commandments. As you enter into a time of prayer this weekend, find a place where you are comfortable having a conversation with Jesus. Why not visit Jesus in the Tabernacle of your local Church if possible or consider journalling your thoughts?

Think of people who have shown you what love is and pray for them. For each person, give thanks to God for them and tell Him why you are thankful for them.

### Talk

Sometimes it can be hard to love people who have hurt us or let us down in the past.

- Is there someone in your life who you find hard to express your love? Share the experience of this challenge with those in your family or a close friend
- Are you patient and kind to the people around you? Where do you struggle with this the most?
- How does Jesus love? How did He love those He encountered in His time?
- Does knowing you are loved by God change how you see and love others?

### Family Challenge!

Create your own family tree! Go as far back as you can from memory using [this template](#) or create your own. Remember to pray for your family tree this week.

**Mission:** this week's Gospel reminds us that Jesus wants us to love others like He loves us. Jesus showed His love for us in many ways, especially by dying on the cross to save us. What little ways can you show your love for your family this week?

Song of the Week!

LOVE ONE ANOTHER



Please email us at [faithathome@waterfordlismore.ie](mailto:faithathome@waterfordlismore.ie) [or click the [subscribe](#) button] if you would like to receive Faith@Home direct to your inbox each week!

"To the Heights" Post-Primary / Youth Version also available: click [SUBSCRIBE](#) / email [youthministry@waterfordlismore.ie](mailto:youthministry@waterfordlismore.ie)

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## DISCOVERING OUR FAMILY TREE

Compiling the family tree has become very popular if not an obsession nowadays for many families. An early TV series away back in the 50's/60's called "Roots" created a great interest in the subject. This series traced the life and times of an American citizen back to his African roots. Something similar to Barrack Obama perhaps. Of course, the advent of TV made all this tracing much easier.

At Eastertide, I always feel that as Christians we are given an extra special opportunity of remembering our family tree and our faith roots as we attend Mass and other liturgies. Firstly, we are constantly reminded that the first Christians were people who loved one another. They were identified in this way by the pagans who said "See how these Christians love one another". This love was responding to the message of Christ in today's Gospel. St. John in the second reading further explains the essence of that love.

Secondly, they were people who learned their faith from the Scriptures and from the apostles. Jesus told the disciples when identifying Himself to those who doubted the reality of his Resurrection to "Search the Scriptures". We learn the same lesson from the inspiring story of the two disciples on the road to Emmaus. Jesus helped them to recognise His risen presence and when He explained the Scriptures "their hearts burned within them as he spoke to them along the way". They were overjoyed.

Thirdly, the early disciples of Jesus were faithful to the "breaking of bread" i.e. to the Eucharist. They were conscious of the Lord's command at the last supper "Do this in memory of me". They realised the Lord was present with them in the Holy Eucharist and through the Holy Spirit. "It seems good to us and to the Holy Spirit", the apostles could exclaim when announcing important decisions.

Yes, Eastertide is indeed a time for reminding ourselves of our Christian family tree and our roots. So with the help of our prayer to the Holy Spirit may we be truly able to sing that we are an Easter people, Alleluia is our song.

By Fr William Carey



## CHECK IT OUT: ROSARY MARATHON FOR MAY

Pope Francis invites Catholic faithful, families and communities and Marian Shrines around the world to dedicate the month of May to a marathon of prayer for an end to the Covid-19 pandemic. Pope Francis will open the Marian month of prayer on 1 May with a Rosary broadcast across Vatican Media's platforms. Each day will see Vatican News broadcast the recitation of the Rosary at 6 PM Rome time from the various Shines taking part in the initiative. **Live from Knock Shrine on May 10th @5pm on [www.knockshrine.ie](http://www.knockshrine.ie)** The Pope will also close the initiative on 31 May with another specially-broadcast Rosary.

## EVENTS



**Quo Vadis: Catholic Zoom Series for Young Adults** aged 18-35. Sundays 7-8pm, May 16th - June 6th. "The Eucharist: Just a Symbol or Something More?" A four-part series on the mystery of the Eucharist, Eucharistic miracles, mystics, martyrs and Waterford's own Little Nellie of Holy God **Contact [events@waterfordlismore.ie](mailto:events@waterfordlismore.ie) or [click here](#)**

**"Rooted": Lectio Divina Zoom Series** for adults who would like to learn to read and pray with Scripture. Wednesdays 8 - 9.15pm from May 5th - June 16th. **Contact [events@waterfordlismore.ie](mailto:events@waterfordlismore.ie)**

## Family Prayer

Lord, teach us to love one another as you have loved us.

Show us how to put each other's needs above our own, to bring peace and joy to our home, to pray for and support each member of our family, this week and always. Amen



Our world loves heroes, our world needs heroes; those who are able to rise above and beyond the pettiness and worries of every day life; those who are willing to sacrifice themselves in the service of others; to show just what goodness, even greatness, humans are capable of; those who direct our attention to higher ideals and purpose in life.

Emil Joseph Kapaun, born in 1916 in Kansas, was ordained a Catholic priest, and became a United States Army chaplain in 1944 in World War II and later chose to re-enlist for the Korean war. He died as a prisoner of war in Korea in 1951 after seven brutal months in a Korean prison camp. Father Kapaun heroically served his fellow prisoners, acting like a father and a mother to them in their needs, keeping their spirits up with his humour and his dedication to God. In 1993, he was declared a Servant of God by Pope John Paul II and was presented, posthumously, with the Medal of honor by President Barack Obama in 2013. In fact, he is the most decorated military chaplain in US history. Check out his story in the video below!

[Fr Kapaun \(Real Life Catholic\)](#) A resource on Fr Kapaun's life is available to download at [www.waterfordlismore.ie/youth-ministry](http://www.waterfordlismore.ie/youth-ministry) too

[Surrender \(Marc James\)](#)

Use the attached handout to help you pray the Rosary for this month of May



Love one another  
as I have loved you!

JOHN 15:12



LIFE TEEN GUIDE TO  
PRAYING THE ROSARY!



## HOW TO PRAY THE ROSARY



# Praying the Rosary

Sr Clare Crockett loved to pray the rosary and teach others to do the same. Do you know how to pray the Rosary? Maybe you could start praying one decade every day? A decade only takes about two minutes!



THERE'S AN APP FOR THAT!  
CHECK OUT THE FREE LAUDATE APP



### Make the Sign of the Cross

**The Apostle's Creed:** I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### Pray for the Pope's Intentions

Recite one Our Father, three Hail Mary's and a Glory Be.

### For each decade:

Pray one Our Father, ten Hail Mary's and one Glory Be.

After each decade: Pray the Fatima Prayer.

### Decide which mysteries you will be meditating on.

Announce the mystery before each decade

e.g. "The first Joyful Mystery, The Annunciation"

## The Rosary Prayers

### Our Father,

Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.

### Hail Mary,

full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

### Glory be

to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end, Amen.

### [Fatima Prayer]

**O my Jesus,** forgive us our sins, save us from the fires of hell; lead all souls to heaven, especially those in most need of your mercy

### After five decades:

**Hail Holy Queen,** Mother of Mercy, hail our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, your eyes of mercy towards us, and after this our exile, show unto us the Blessed Fruit of your womb Jesus. O, clement, O loving, O sweet Virgin Mary. Pray for us Oh Most Holy Mother of God - that we may be made worthy of the promises of Christ.

**Let us pray,** O God whose only begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life, grant we beseech You, that meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, that we may imitate what they contain and obtain what they promise through the same Christ our Lord.

**May the Divine Assistance remain always with us** - and may the souls of the faithful departed through the mercy of God, rest in peace.

"THERE IS NO PROBLEM, I TELL YOU, NO MATTER HOW DIFFICULT IT IS, THAT WE CANNOT SOLVE BY THE PRAYER OF THE HOLY ROSARY." - SR LUCIA OF FATIMA -

### THE JOYFUL MYSTERIES

The Annunciation  
The Visitation  
The Birth of Jesus  
The Presentation of Jesus in the temple  
The Finding of the Child Jesus in the temple

### THE LUMINOUS MYSTERIES

The Baptism in the River Jordan  
The Wedding Feast at Cana  
The Proclamation of the kingdom of God and the call to conversion  
The Transfiguration  
The Institution of the Holy Eucharist

### THE SORROWFUL MYSTERIES

The Agony in the Garden  
The Scourging at the Pillar  
The Crowning with Thorns  
The Carrying of the Cross  
The Crucifixion & Death of our Lord

### THE GLORIOUS MYSTERIES

The Resurrection  
The Ascension  
The Descent of the Holy Spirit  
The Assumption of Our Lady into Heaven  
The Coronation of Our Lady

MEDITATING ON THE MYSTERIES OF THE ROSARY HAS BEEN DESCRIBED LIKE FLICKING BACK THROUGH A PHOTO ALBUM OF JESUS AND MARY'S LIFE WITH OUR LADY, AND BEING ABLE TO PUT YOURSELF INTO THOSE SCENES TOO!



CLICK THE LINKS  
ABOVE TO PRAY WITH  
THE YOUNG PEOPLE AT  
HOLY FAMILY MISSION!

