









## Counselling and Support Services

*The Diocese will arrange confidential counselling, in a manner acceptable to the Complainant*

<p><b>Towards Healing</b></p> <p>Is an organisation that has expertise in providing a compassionate response to those who have experienced abuse. This service is funded by the Church, and offers direct services to survivors through a range of counselling, helpline and restorative justice approaches.</p>	<p>: 1800 303 416</p> <p><b>More information can be found at</b>  <a href="http://www.towardshealing.ie">www.towardshealing.ie</a></p>
<p><b>Towards Peace</b></p> <p>Towards Peace offers spiritual support and guidance to survivors of abuse.</p>	<p>: 01 5053028</p> <p><b>For further information, visit</b>  <a href="http://www.towardspeace.ie">www.towardspeace.ie</a></p>
<p><b>Waterford Social Service Counselling Service</b></p>	<p>: 051 842827</p> <p><b>Further information at</b>  <a href="https://www.tusla.ie/services/family-community-support/counselling/">https://www.tusla.ie/services/family-community-support/counselling/</a></p>
<p><b>HSE National Adult Counselling Services</b></p>	<p>: 1800 234 115/ 061 411900</p> <p><b>Further Information at:</b>  <a href="http://www.hse.ie/eng/services/list/4/Mental_Health_Services/">http://www.hse.ie/eng/services/list/4/Mental_Health_Services/</a></p>
<p><b>Barnardos:</b></p>	<p>: 1850 222 300/ <a href="http://www.barnardos.ie">www.barnardos.ie</a></p>
<p><b>Childline:</b></p>	<p>: 1800 66666 - <a href="http://www.childline.ie">www.childline.ie</a></p>
<p><b>Childline - text support</b></p>	<p><b>Text 'Talk'</b> to 50101.</p>
<p><b>Connect:</b> Professional telephone counselling and support to abuse survivors</p>	<p>: 1800 666 666.  <a href="http://www.connectcounselling.ie">www.connectcounselling.ie</a></p>
<p><b>Irish Society for the Prevention of Cruelty to Children - (ISPCC)</b></p>	<p>: 01 2342000          Email: <a href="mailto:info@ispcc.ie">info@ispcc.ie</a>  <a href="http://www.ispcc.ie">www.ispcc.ie</a></p>
<p>In addition, the following counselling and support services can also be availed of by Church personnel, parents/guardians and children in relation to child safeguarding matters.</p>	<p><a href="http://www.webwise.ie">www.webwise.ie</a>  <a href="http://www.hotline.ie">www.hotline.ie</a>  <a href="http://www.internetsafety.ie">www.internetsafety.ie</a>  <a href="http://www.samaritans.org">www.samaritans.org</a>  <a href="http://www.oneinfour.ie">www.oneinfour.ie</a></p>