Diocese of Waterford & Lismore

Celebrating and supporting faith, hope and love in the heart of the family!

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THE PRECIOUS BLOOD OF JESUS RDINARY TIME -MONTH OF

Year B

Sunday Mass Readings

First Reading:

Ezekiel 2:2-5

Responsorial Psalm:

Psalm 122 (123)

Second Reading:

2 Corinthians 12:7-10

Gospel:

Mark 6:1-6

"A prophet is only despised in his own country, among his own relations and in his own house"



Hear

Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find this week's readings here.

To watch a video presentation of this week's Gospel that is suitable for the whole family, click here.

Pray

In the Gospel we hear that Jesus returns to his native place and is amazed at the people's lack of faith. The people of Nazareth were critical of Jesus. They saw him only as a carpenter's son, a layman, with no formal training. The people were closeminded and refused to see Jesus for who he truly was, the Son of God. They wanted to see if He was going to heal those that were sick or afflicted, they wanted proof of what they had heard of His miracles.

Close your eyes and think of a person that was judgmental of you or a situation in which you felt judged. Think of the circumstances surrounding the situation and the actions that took place. Talk to Jesus in prayer about what happened. Ask him to

help you to open your heart to be able to forgive that person for the way you were treated and the hurt you experienced.

Forgiveness and forgiving are a conscious choice we can make and with the help of Jesus we can feel the power of his love and forgiveness in us.

Talk

With those in your home or with a friend, choose a question from below and share with one another:

- How did the experience of praying for someone who hurt you feel? Did you find it easy or difficult? Did you feel any difference after?
- Are you ever critical or judgemental of others, especially those who are close to you?
- How can you learn to trust someone who has hurt you or been judgemental of you?
- Think of a time you had to really put your trust in God. What was the circumstance and how did things turn out?

Family Challenge!

Make a special effort this week to surrender any problems of worries you have to Jesus - trusting that He is in control and will take care of you.



Check out page 3 for a picture to colour from this week's readings!

This week, try to find ways to show Jesus that you believe in Him, not like some of the people in today's Gospel. Start and end every day with a prayer to show Jesus He's a big part of your life. Say a little prayer before all your decisions too!



Please email us at faithathome@waterfordlismore.ie [or click the subscribe button] if you would like to receive Faith@Home direct to your inbox each week!

"To the Heights" Post-Primary / Youth Version also available: click **SUBSCRIBE** / email youthministry@waterfordlismore.ie

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EVENTS

"Eucharistic Amazement": Zoom Series for adults who would like to deepen their understanding of the Eucharist and the Mass. Wednesdays 8 - 9.15pm from June 30 for four weeks.

Contact events@waterfordlismore.ie

Quo Vadis: Catholic Zoom Series for Young Adults aged 18 - 35. Sundays 7-8pm, June 20th - July 11th Lectio Divina for Beginners!" A four-part series on praying with Scripture. Join us for one session or for all!

Contact events@waterfordlismore.ie/click

FAITH AND HEALING

In this Sunday's Gospel we see Jesus returning to his home town of Nazareth. Despite the miraculous signs he performed while traveling throughout Galilee and beyond, we now see that he can work no miracles in Nazareth. While last Sunday's Gospel showed the connection between the faith of a woman and her miraculous healing we now see the connection of the lack of faith of the people of Nazareth and Jesus being unable to work any miracles there. Seeing him as a carpenter and one of themselves they were unwilling to except that his wisdom and mighty deeds were of God. It is not that Jesus' power was limited, but that the people were hindered from experiencing his power by their refusal to believe in him. We are told that he healed a few sick people while in Nazareth, but that this was not the true healing that he wanted to perform in their lives. For this to happen they needed to listen and believe in him. Their hearts were hardened and he was never going to force his way into their lives.

While we can often focus on physical healings, more important to God is the spiritual healing and those inner wounds, those areas in our lives that prevent us from being fully alive and who God wants us to be. Despairingly we may say the list of these areas is endless. Our pride, our anger, our greed, lack of forgiveness, lack of faith, but thankfully we know that nothing is impossible to God and that he wants us to have life and have it to the full. As St Irenaeus wrote 'the glory God is man fully alive'. He doesn't want us to just get by but to live a life full of love, joy, peace and holiness. When we live a fulfilling, faith-filled and joyful life, we then give glory to God. That doesn't mean a life without difficulties or challenges, but it does mean that God is with us no matter what. Through our free response God can touch and move our hearts. He offers us the gift of his grace, infused into our souls by the Holy Spirit, to heal us of sin, to help us grow in holiness, and share in his divine life. Today also through the Sacraments of Confession God heals us, restores us in his grace and joins us with him in an intimate friendship.

Deacon John McEneaney

Family Prayer

Lord, I believe. Help my unbelief. Amen



In the summer of 1859, Charles Blondin famously walked 160 feet above Niagara Falls several times back and forth between Canada and the United States as huge crowds on both sides looked on with wonder. He didn't merely walk: he crossed in a sack, on stilts, on a bicycle and he even cooked on a stove up there. On July 15, Blondin walked backward across the tightrope to Canada and returned pushing a wheelbarrow. He asked the amazed crowds for some audience participation. It is said that he asked his audience, "Do you believe I can carry a person across in this wheelbarrow?" Of course the crowd shouted that yes, they believed! Then that Blondin posed the question - "Who will get in the wheelbarrow?' No-one did. We have faith in many things in life: that the

in the wheelbarrow?' No-one did.

We have faith in many things in life: that the cereal you eat in the morning hasn't been poisoned, that the chair you sit on won't collapse under you. Faith involves trust. Faith in God is not just a set of intellectual beliefs, or a blind leap in the dark contrary to reason. Faith in God involves trusting the One who is ever-faithful and knows us better than we know ourselves. We can try to convince ourselves that Jesus isn't God, like those in today's Gospel, or we can look at the evidence and experience of having faith in Jesus and rely on that.

This week, think about how your faith in God is. What is stopping you from trusting in Him more? Can you bring that to Him in prayer?

What do we mean by Faith? (Bobby Angel)

What Faith Can Do (Kutless)

Handout: What do we mean by Faith?



CHECK IT OUT: PAVING THE WAY HOME







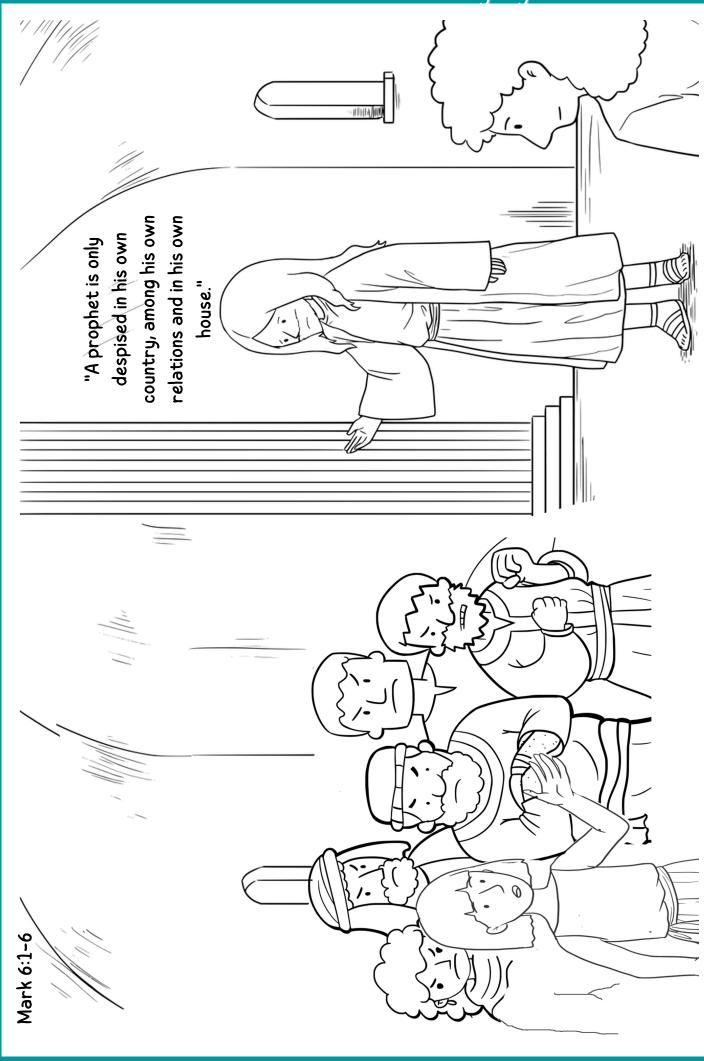






A Catholic online apostolate based in Ireland to support the official teachings of the Catholic Church through contemporary forms of media, which aims to bring clarity and truth to what the Catholic Church teaches instead of the confusion and misinterpretation that people often associate with it. Paving The Way Home wishes to discuss and explain the beauty and richness of what the Catholic Church teaches and why it teaches it.

Faith@Home: Kids' Corner Colouring Page!



WE ALL LIVE BY FAITH: WE TRUST THAT THE CHAIR WE SIT ON WON'T COLLAPSE UNDER US. THAT OUR PARENTS HAVEN'T POISONED OUR BREAKFAST CEREAL IN THE MORNING, THAT WHEN WE GO THROUGH A TRAIN TUNNEL WE'LL COME OUT THE OTHER SIDE. THINK OF ANY THREE THINGS YOU BELIEVE WITHOUT QUESTIONING. WHY DO YOU BELIEVE THEM?





HOW WOULD YOU DESCRIBE WHAT FAITH IN GOD MEANS TO SOMEONE WHO DOESN'T BELIEVE IN GOD?



THE DARE-DEVIL OF NIAGARA FALLS

In the summer of 1859, Charles Blondin famously walked 160 feet above Niagara Falls several times back and forth between Canada and the United States as huge crowds on both sides looked on with wonder. He didn't merely walk: he crossed in a sack, on stilts, on a bicycle and he even cooked on a stove up there. On July 15, Blondin walked backward across the tightrope to Canada and returned pushing a wheelbarrow.



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What point is this story trying to make about faith?



Now read Mark 6:1-6

What point is this story trying to make about faith and lack of faith?





DISCUSS: Have you ever doubted in God's power in your life? Do you know others who have doubts? Why do you think that is? What makes it difficult for people to accept God as Someone who cares deeply about you and wants the maximum of your happiness? Why do you think people find it hard to talk about faith with others sometimes?

WATCH BOBBY ANGEL'S VIDEO: "WHAT DO WE MEAN BY FAITH?" (6:56 MINS)



	iust i e.g. "I know facts about a person". e.g. "Yeah, I believe that".
Faith is a real g	from God. I can know things intellectually about God, but to t is really a gift from a a first and then we r to it.
Faith is trusting in	something o of yourself. Example: we can have the b that an airplane will st of actually g on that a
I may understand the allowing Him to guid	nat God is g and loving. Trust is actually putting my life i_ H h and deemy d
When trust is broken faith in G	n we can lose faith in a p or a r If I feel hurt by life, I can lose
·	_ l; it's not against all e
We may not know v this life. Like Moth	what the next s is, and we're never going to have c 100% of anything in ver Teresa I may never have c that
Go ha	od will redirect me if I'm not on the right path." od says to us: I know you better than you k y Do you trust me? Do you eve f that I'm going to deliver on my p for your goodness even if it looks tally d than you imagined?"
	od is f; we are not. We struggle, we fall, we d, we d od's ways are not o w He is God, we are n
Pr	acticing faith means acknowledging "I'm not in c of everything." That takes
"I never had clarity; Go what I have always	od the Father can be t, He knows you by n and He has great p for you.
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CHECK OUT THE FOLLOWING SCRIPTURE VERSES ABOUT FAITH. WRITE OUT THE ONE THAT SPEAKS THE MOST TO YOU AND THEN PUT IT ON A POST-IT TOO THAT YOU CAN KEEP SOMEWHERE YOU WILL SEE IT EVERY DAY FOR THE WEEK AHEAD!

- Hebrews 11:1
- 2 Corinthians 5:7
- Proverbs 3:5-6

- Matthew 17:20
- Matthew 21:22
- Mark 10:52





PERSONAL TESTIMONY:

CHECK OUT THERESE'S STORY OF HOW HER FAITH IN GOD HAS REALLY IMPACTED HER LIFE ON THE HOLY FAMILY MISSION YOUTUBE CHANNEL



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Mother Teresa

Take some time out this week to pray to the Lord. If your faith is strong, thank God for that. If you're struggling, ask God to increase your faith. If you find it hard to believe in His goodness or His plan for your life, bring that to Him in honest heart-felt prayer. Why not journal your thoughts?

CREATE A PLAYLIST TO LISTEN TO IN TIMES OF STRUGGLES IN FAITH:



- What faith can do (Kutless)
- <u>Walk by Faith (Jeremy Camp)</u>
- Nothing I hold onto (Will Reagan)
- Your Promises (Elevation Worship)



links for the

YouTube videos to listen to some suggestions!

- ASCEND YOUTH MINISTRY (DIOCESE OF WATERFORD & LISMORE) -