

AT THE BEGINNING OF A NEW ACADEMIC YEAR, WRITE A LETTER TO YOURSELF. YOU DON'T HAVE TO SHOW THIS TO ANYONE ELSE.  
SEAL IT IN AN ENVELOPE, PUT IT SOMEWHERE SAFE AND DON'T OPEN IT UNTIL THE END OF THE YEAR!



# Letter to my Future Self

Date: \_\_\_\_\_

Dear Future Me.

It's hard to believe that when I read this again I'll be just a few days away from finishing this academic year! Well done me! I've made it this far!

My best memory of this summer is \_\_\_\_\_

My favourite song at the moment is \_\_\_\_\_

The last movie I saw was \_\_\_\_\_

My favourite saying / phrase right now is \_\_\_\_\_

If I had to evacuate my home because of a natural disaster, the three things I would take with me are \_\_\_\_\_

My best friends right now are \_\_\_\_\_

The subject / challenge I think I will like the most this year is \_\_\_\_\_  
because \_\_\_\_\_

The person who knows me best right now is \_\_\_\_\_

The person (or people) in my year I'd really like to get to know better this year is (are) \_\_\_\_\_

The three most important people in my life right now are \_\_\_\_\_

What I think I will enjoy most about this year is \_\_\_\_\_

What advice have people given me about this coming year? \_\_\_\_\_

For Christmas I hope I get \_\_\_\_\_

As I'm writing this letter, I'm feeling a bit \_\_\_\_\_  
because \_\_\_\_\_

What scares / worries me most about this year is \_\_\_\_\_

I wish when people looked at me, they could see (or know) \_\_\_\_\_

If I could change / improve one thing about myself this year it would be \_\_\_\_\_

One thing I would do if I wasn't so afraid would be \_\_\_\_\_

One person I need to forgive is \_\_\_\_\_

One person I should really tell that I love them is \_\_\_\_\_

The people that make me feel good about myself are \_\_\_\_\_

One thing that I'm too hard on myself about is \_\_\_\_\_

One thing I do that holds me back from being the best version of myself is \_\_\_\_\_

I want to be remembered for \_\_\_\_\_

More than anything, by the time I read this letter again I hope that \_\_\_\_\_

Enjoy your summer!  
Kind regards,  
Me!