

JOB: LD 1.5 / 1.8 / 1.9 / 2.2 / 2.4 / 2.7 / 3.1 / 3.4 / 3.5
SENIOR RE-WORK EXAM: A1 / D2 / E1 / E3 / G2 / G3 / H1 / H3



Who do you spend time with?

"SHOW ME YOUR FRIENDS AND I WILL TELL YOU WHO YOU ARE."

IF YOU COULD CHOOSE THREE PEOPLE IN THE WORLD TO GO ON HOLIDAYS WITH, WHO WOULD THEY BE ?



WHICH FIVE PEOPLE DO YOU ACTUALLY SPEND THE MOST TIME WITH?



WATCH FR MIKE SCHMITZ' VIDEO: "WHO DO YOU SPEND TIME WITH?" AND REFLECT ON THE QUESTIONS THAT FOLLOW



*"We are the average of the five people we spend the most time with."
- Jim Rohn -*

Fr Mike observes in this video how it's possible for us to absorb and adopt the attitudes, worldview and lifestyle of the five people we spend most time with. Think about your own life - do you think this is true for you in any way?

How does he explain "misplaced loyalty" in a friendship? How can this lead to difficulties?



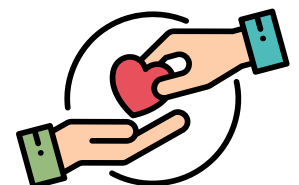
FR MIKE OBSERVES THAT WE HAVE A RESPONSIBILITY TO OURSELVES AND TO GOD ABOUT THE KIND OF PEOPLE WE BECOME.



What 2 pieces of advice does he give to people who don't have a choice about who they spend their time with (e.g. when it comes to work colleagues and/or family members who are not good for us to be around?)

- 1 Establish clear _____.
- 2 Make a decision to go against the _____ and not be unconsciously _____.

HOW DID MOTHER TERESA FIND THE STRENGTH TO REACH OUT TO THE POOREST OF THE POOR? WHO DID SHE SPEND HER TIME WITH?



"WHO DO YOU SPEND YOUR TIME WITH?"

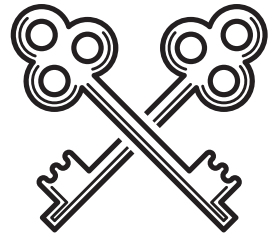
[JOHN 6:60-69](#)

Now Read John 6: 60 - 69



Jesus has just been teaching His followers the doctrine of the Eucharist: that He is the Bread of Life, and only those who eat His flesh and drink His Blood will have eternal life. Many found this too difficult to comprehend or accept, and they walked away from Him. When Jesus asked His disciples if they would leave Him too, how did Peter respond? (John 6:68)

Peter knew that even though He didn't understand everything, Jesus was the One who he absolutely needed to stick with; He was the One worth following; His was the message that was life-giving, life-changing and would ultimately lead to eternal life. Peter made the decision not to walk away, but to spend his time with Jesus Christ; a decision that utterly changed his whole attitude, worldview and lifestyle, and influenced billions of believers down through the ages since then.



- How much time do you spend with Jesus?
- Do you believe He wants what is best for you? Do you believe that following Him will make you happier, more loving, more fulfilled?
- Do you choose not to listen to or follow Him because you find His message challenging sometimes? Or because those around you have chosen not to follow Him?
- God has given us the ability and responsibility to choose to listen to Him, to follow Him, and to become the best version of ourselves. If Jesus really and truly is "the Way, the Truth and the Life", as He claims, what would that mean for your life if you chose to follow - or if you chose to walk away?



Spend some time in prayer, reflecting on who the key people in your life are at the moment and the influence they are having on you. You might find it helpful to make a list on paper or in a journal.

Lord, I thank you for my life and all the joys in it. I thank you for blessing me with so many good people in my life who help me to be the best version of myself. I pray for those who prevent me from becoming the best version of myself. You love them Lord, but You also know where my boundaries need to be. Help me to choose wisely how and with whom I spend my time. Show me how to be a good influence on others. Amen



CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON FRIENDSHIP THIS WEEK



- [What a Friend \(Matt Maher\)](#)
- [Jesus, what a Saviour \(Housefires\)](#)
- [Better than Life \(Hillsong\)](#)
- [I will offer up my life \(Matt Redman\)](#)
- [I am \(Nicole Nordeman\)](#)
- [What if \(Nicole Nordeman\)](#)
- [Isn't He \(Natalie Grant\)](#)
- [Without You \(Matthew West\)](#)

Click the links for the YouTube videos to listen to some suggestions!

