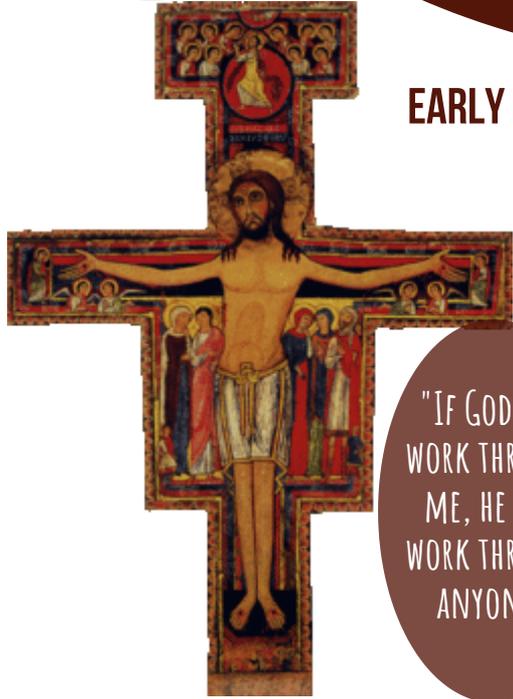





St Francis of Assisi

"START BY DOING WHAT'S NECESSARY; THEN DO WHAT'S POSSIBLE; AND SUDDENLY YOU ARE DOING THE IMPOSSIBLE."



"IF GOD CAN WORK THROUGH ME, HE CAN WORK THROUGH ANYONE"

EARLY LIFE

St Francis was born in Assisi, Italy in 1181, the son of a wealthy cloth merchant. Francis grew up in a lifestyle of nobility, wanting for nothing, at least materially. He longed for glory in battle, but was met with capture and disgrace instead.

CONVERSION

A profound encounter with a leper, whose very appearance repulsed him but he felt drawn to embracing, opened his heart to serving the poorest of the poor. Hearing the voice of God speak to him saying "Go rebuild my church, which is falling in ruins", in a dilapidated church from the Cross of San Damiano, Francis initially felt his mission was to physically restore this broken down building. Selling his father's cloth to do so angered his father greatly, but led to Francis renouncing his wealth and inheritance to pursue what he felt God was calling him to do.

HIS MISSION

He later realised his mission was to rebuild the Catholic church which had weakened in faith and been divided by corruption, and he founded the Franciscan Order, still in existence today. Francis received the Stigmata, the wounds of Christ. His fervent love for the poor, for nature and above all for Christ Jesus filled the deepest longings of his heart in a way his material wealth never had.

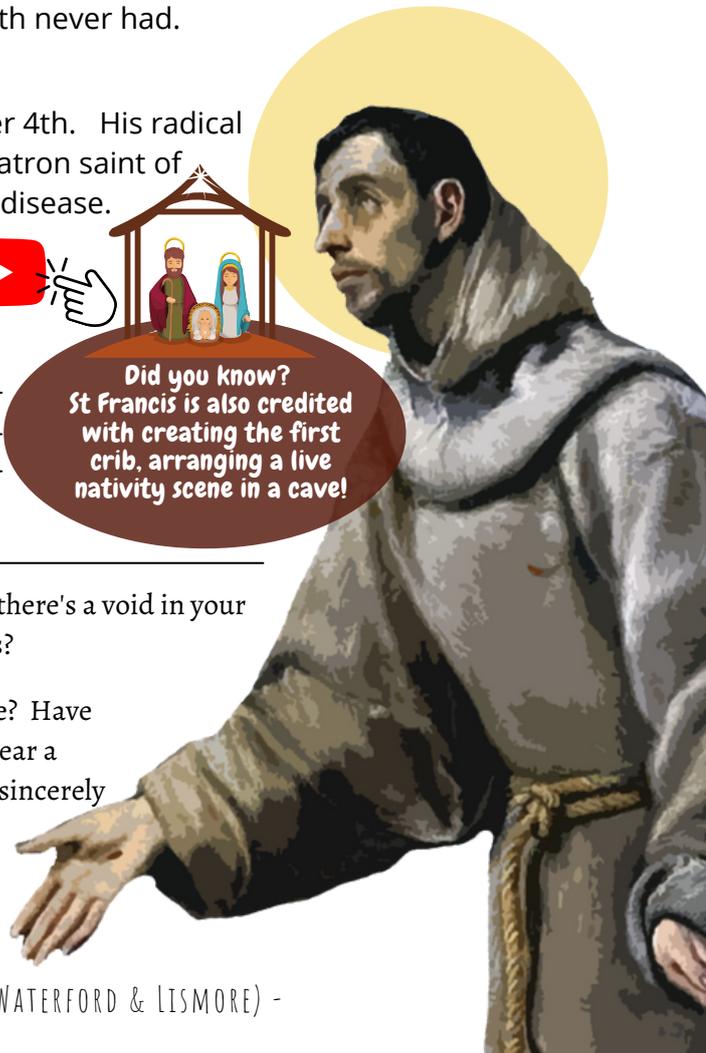
DEATH AND LEGACY

He died on October 3, 1226 and his feastday is October 4th. His radical life has inspired countless hearts ever since. St Francis is patron saint of animals, ecology, merchants and those suffering from eye disease.

WATCH SAINTS SERIES: ST. FRANCIS OF ASSISI (up to 5:15 mins)



Did you know? St Francis is also credited with creating the first crib, arranging a live nativity scene in a cave!



- What is your initial response to the life of St Francis?

- If you could ask him one question, what would it be?

QUESTIONS TO REFLECT ON:

- Do you ever wonder if there's more out there, or feel like there's a void in your heart that just doesn't seem to be filled by material things?
- What do you think the Lord wants you to do with your life? Have you ever asked Him, like St Francis did? You might not hear a voice speaking from a Cross, as Francis heard, but if you sincerely seek God's will in your life, you will find it!
- Do you ever struggle to do what is right out of fear of what others might say about you? Why do you think that is / is not the case?

ST FRANCIS OF ASSISI

LOOK UP MATTHEW 10:9 - HOW DOES THIS QUOTE RELATE TO THE LIFE OF FRANCIS?



INTERNET TREASURE HUNT! SEE WHO CAN ANSWER THE FASTEST!

1. Why did Francis receive that name from his father, Bernadone?
2. Which city held St. Francis of Assisi a prisoner of war for more than a year?
3. Was St Francis an ordained priest?
4. What was the name of the song that Francis wrote in 1224 to honor God's image in creation?
5. Where did St Francis rebuild a little church after he heard the voice of God?
6. There is another famous Saint from Assisi who was an early follower of St Francis - name her!
7. What Muslin Sultan did Francis go to meet at the height of the Crusades in 1219?
8. Name the town where St Francis is said to have tamed a vicious wolf which was killing people and sheep.
9. Which Pope had a dream about St Francis and his order saving the church from falling into ruin?
10. What do the three knots on a Franciscan rope belt (cincture) symbolise?



*Lord, make me an instrument of your peace:
 where there is hatred, let me sow love;
 where there is injury, pardon;
 where there is doubt, faith;
 where there is despair, hope;
 where there is darkness, light;
 where there is sadness, joy.
 O divine Master, grant that I may not so much seek
 to be consoled as to console,
 to be understood as to understand,
 to be loved as to love.
 For it is in giving that we receive,
 it is in pardoning that we are pardoned,
 and it is in dying that we are born to eternal life.
 Amen.*

DOODLE PRAYER

Allow yourself some space to sit and reflect on this prayer of St Francis. You might prefer to play some music in the background, or just sit in silence. Read through the prayer below, silently. Allow ideas, thoughts and images that come to you as you pray to form part of your doodle prayer. Where in your life can you live out these ideals? What situations need light, pardon, joy? Ask the Holy Spirit to guide your heart and your thoughts. This is a particular space you are creating for God in your life today. Speak, and listen.



YOU CAN BE A GAME CHANGER LIKE ST FRANCIS OF ASSISI!

- Live simply! Have you collected too much clutter? Give something away this week that you don't need!
- Ask God what His plan for you is - and be open to hearing it!
- How can you bring the Gospel message to others this week?
- St Francis was known to be always joyful, even when suffering. Don't forget to wear a smile!
- Be respectful of the environment: appreciate God's gift of nature and our call to be good stewards.
- Check out the [YouTube Channel](#) of the Franciscan Friars of the Renewal. Did you know that these friars are based in Moyross, Limerick and in Derry City? (And there are Franciscan Sisters of the Renewal in Drogheda too!)



Game-Changer Playlist!

Listen to the following songs, all based on the words and prayers of St Francis himself!

- [Lord make me an instrument of your peace \(Sarah McLachlan\)](#)
- [All Creatures of our God and King \(David Crowder Band\)](#)
- [Doxology \(Anthem Lights\)](#)
- [The Humility of God \(Fr Stan Fortuna CFR\)](#)

