

What can I do for my Social Awareness Hours?



There are so many ways to get involved in social awareness activities in your area! Agree your chosen activities with your Award Leader to make sure they qualify for the Award.

Diocesan Outreach:

- Diocesan Kenya Twinning Project
- Fundraising for Christ on the Street

In School:

- Volunteer with Special Needs students
- Volunteer at Homework Club
- European Youth Parliament
- Immersion Programmes



Working with the Elderly

- Collect shopping for elderly
- Volunteer with Active Retirement Groups
- Playing music in Hospital / Nursing Homes
- I.T. skills for the elderly
- Carehome penpals
- Bingo for Seniors



Charity Organisations:

- Young SVP
- Trócaire
- Pieta Darkness into Light
- Mary's Meals
- Cycle for Suicide
- Mini-Marathon
- Daffodil Day fundraiser
- Charity Cake Sale
- Shoe Box Appeal
- SVP Collection at Christmas
- Irish Cancer Society fundraiser

Local Clubs / Organisations:

- Volunteer in Charity Shop
- Tidy Towns involvement / Community Clean up
- Member of Civil Defence
- Leader in Scout / Girl Guide / Cubs / Brownies / Ladybirds
- Help at a Dog Shelter
- Youth Club / No Name Club leadership
- Foróige leadership
- Special Olympics
- GAA mentoring / underage training
- Sports Referee
- Lifeguard
- First Aid course
- Red Cross
- Order of Malta
- St John's Ambulance
- Teaching dance
- Bag packing in supermarkets
- Music Tuition in community centre



↑ Top-Up Ideas

- JP II Diocesan Retreat Day
- Summer Faith Camps (e.g. Campa Mhuire Mháthair)
- Participate in Pilgrimages
- Participate in St Declan's Way
- Participate in Parish Hike / Walk
- Attend a Parish Novena
- Attend a Youth 2000 Retreat

For more info:

Website:

<https://thepopejohnpauliiaward.com/> or www.waterfordlismore.ie/pope-john-paul-ii-awards/

Address:

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POPE JOHN PAUL II AWARD



Diocesan Guide

"It is Jesus who stirs in you the desire to do something great with your lives, the will to follow an ideal, the refusal to allow yourselves to be ground down by mediocrity, the courage to commit yourselves humbly and patiently to improving yourselves and society, making the world more human and more fraternal."

- St John Paul II -

St John Paul II

"The future is in your hearts and in your hands. God is entrusting to you the task, at once difficult and uplifting, of working with Him in the building of the civilization of love."



**POPE JOHN PAUL II
AWARD**

What is it?

The Pope John Paul II Award enables participants to take an active part in the life of their Church – in the life of their community and society. It enables young people to become more aware of the teaching and role of the Catholic Church in the world and to engage at a deep level with Christ. The Award was created to commemorate the late Pope Saint John Paul II who was so committed to young people and who had such belief and confidence in them.

Making young people more visible in their Church, community & society

The Award is committed to helping young people enhance their spiritual, physical, emotional and social development through participation in school, Parish, and community activities. As well as the feeling of personal achievement that a participant will gain from taking part in the Award, participation will help demonstrate the young person's commitment to a task and goal.

Who is the Award for?

- The Pope John Paul II Award is for anyone from the age of 16 - 18 inclusive: in 4th, 5th or 6th year, or not in post-primary education.
- The Award is non-competitive, flexible and voluntary and requires an ongoing commitment.
- There are 4 Awards – Gold, Silver, Bronze and Papal Cross. Only those that have completed the Gold Award have the option of completing the Papal Cross Award.
- Awards are earned by taking part in Parish and social activities – 1 hour per week over 8, 14, 20 or 26 weeks, plus the completion of a personal reflection.

- Award Top-Ups are given in recognition of the extra activities that young people are already involved in and go towards the total number of hours an individual has to complete.

How can I get involved?

- To enrol, complete and sign the application and consent form. Return the completed form along with the enrolment fee to your Award leader in your school/parish.
- They will talk you through the steps involved.

What can I do for my Parish Involvement Hours?

**There are so many ways to get involved in Parish and Diocesan Life!
Agree your chosen activities with your Award Leader to make sure they qualify for the Award.**

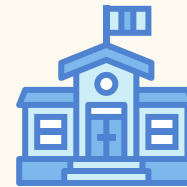


At Diocesan Level:

- Diocesan Alpha Youth (& other zoom programmes)
- Diocesan "To the Heights" weekly challenges
- REVIVE monthly event
- Diocesan Music Project

In your school:

- Adoration Club
- Rosary Club (like Sr Clare Crockett started!)
- "To the Heights" Club (engaging with weekly diocesan newsletter)
- School Chaplaincy Team
- Decorating School Oratory
- Prayer Spaces in School



In your parish:

- Weekly youth programme e.g. Alpha Youth
- Attend Youth Prayer Meeting consistently
- Attend weekly adoration in church
- Assist with monthly hour of adoration for youth
- "Lightfever" in local parish church



- Parish choir / play parish organ
- Minister of the Word
- Prayers of the Faithful at Mass
- Collection basket
- Church decoration and flowers
- Training / mentoring altar servers
- Print parish newsletters for elderly at home or in nursing homes
- Deliver Offering Envelopes to houses
- Update Parish Noticeboards
- Make prayer cards weekly for back of Church
- Set up "Prayer Stations" in church
- Be a Steward or a Greeter at the Church door
- Help with cleaning and sanitising the church
- Organise a Local Pilgrimage for a class group
- Create a video / podcast about local saint
- Create a Virtual stations of the cross
- Submit prayer / reflection weekly for a parish newsletter youth section
- Contribute to parish website / Social Media
- Volunteer at Family ministry / Children's Liturgy / Summer Faith Camps
- Distribute Faith@Home weekly diocesan newsletters in parish / nursing homes
- Distribute To the Heights weekly diocesan newsletter in schools / among young people
- Help at Parish Coffee Morning
- Sacramental Preparation Programmes e.g. Faith Friends



Specific Times during the year

- November Remembrance Space / Liturgy
- Advent and Lenten liturgies
- Exam Mass in Parish
- Parish Celebration for Catholic School Week
- Holy Week and Easter Liturgies
- Live Crib
- Live Stations of the Cross
- Carol Service
- Make St Brigid Crosses / distribute in parish
- Assist at a Parish Novena

