

Do you have what it takes to be a Superhero?

CHECK OUT THE CATECHISM OF THE CATHOLIC CHURCH SAYS ABOUT SAINTS AND HEROIC VIRTUE CCC 828

I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME PHILIPPIANS 4:13

SENIOR RE NON-EXAM: A1 / A2 / A3 / D1 / E1 / G2 / G3 / H1 / H3

JOB: 1D / 1.5 / 1.8 / 2.2 / 2.3 / 2.8 / 3.1

IF YOU COULD BE ANY SUPERHERO, WHO WOULD YOU CHOOSE AND WHY?



WHAT DO YOU THINK THE DEFINITION OF A SUPERHERO WOULD BE? HOW SHOULD THEY ACT? WHAT SHOULD THEY BE WILLING TO DO? CAN YOU GIVE ANY EXAMPLES OF SACRIFICES SUPERHEROES HAVE TO MAKE?

FOCUS: DC COMICS HERO, WONDER WOMAN

"Diana, princess of the Amazons, trained to be an unconquerable warrior. Raised on a sheltered island paradise, when a pilot crashes on their shores and tells of a massive conflict raging in the outside world, Diana leaves her home, convinced she can stop the threat. Fighting alongside man in a war to end all wars, Diana will discover her full powers and her true destiny." (Taken from IMDB.com)

Disclaimer: Not every scene in this movie reflects authentic Christian values. However, the messages of leadership, love, heroic virtue, service and sacrifice are worth reflecting on.

Watch the trailer here if you have not seen the movie!



WATCH FR MIKE SCHMITZ' VIDEO: "WONDER WOMAN" AND REFLECT ON THE QUESTIONS THAT FOLLOW:



DC ensured Wonder Woman's character "lived up to the hero archetype without falling into the heroine stereotype". What does Fr Mike mean by this? What is the difference?

Give one example of how Diana's actions (Wonder Woman) fits the archetype and not the stereotype?

Fr Mike talks about "angry Christians with a chip on their shoulder" whose reactive behaviour can negatively affect others? In what way can they do this?

What does Fr Mike encourage us to ask ourselves when we see a problem?

"NOW I KNOW, THAT ONLY LOVE CAN TRULY SAVE THE WORLD. SO I STAY, I FIGHT, AND I GIVE, FOR THE WORLD I KNOW CAN BE."
DIANA, WONDER WOMAN

Even if we cannot fix situations for people, what question should we still ask ourselves?

If we choose to always do what we CAN do, what effect can that have on others?



DO YOU HAVE WHAT IT TAKES TO BE A SUPERHERO?

MARK 10:35-45



Now Read Mark 10:35-45



In this Gospel Passage, the apostles James and John seem to have very selective hearing when it comes to Jesus' teaching! He has spoken to them about the need for the Son of Man to suffer and die before entering into glory. James and John, the Sons of Thunder, ask for two seats at his right and left hand when He comes into His glory; they want the seeming glory, the honour and the power, but don't understand what sacrifice will be involved in that. Jesus uses the occasion to teach all his apostles about true leadership and authority. He, as God, did not come to be served, but to serve others, and He is our Model for Holiness too. We are called to serve as Jesus served, to be willing to sacrifice ourselves, our comforts, our ambitions for power, to serve others. They say that the word JOY represents the right order in our lives (Jesus, Others, You). We don't have to go to great lengths to find ways to serve others. We are presented with countless situations everyday where we just have to ask ourselves: what can I do here? Do I have it in me to do something about this problem? I may not be able to do everything, but I can always do something.



MISSION!

GET A POST IT NOTE AND WRITE THIS PHRASE ON IT: "SEE A NEED, FILL A NEED!" NOW STICK IT SOMEWHERE YOU WILL SEE IT AND LET IT BECOME A MOTTO FOR THIS WEEK (AND FOR LIFE!) LOOK FOR OPPORTUNITIES TO SERVE, OFTEN IN SMALL AND HIDDEN WAYS. SEE A SPILL ON A COUNTER TOP? WIPE IT UP. EMPTY TOILET ROLL? RESTOCK! SOMEONE LOOKS LIKE THEY NEED A FRIEND? BE THAT FRIEND! TRY NOT TO MISS ANY OPPORTUNITIES, BIG OR SMALL, TO SERVE OTHERS THIS WEEK, AND FIND WHAT YOU CAN DO IN EACH SITUATION!



CHECK IT OUT

We're all called to greatness. There are so many amazing examples of saints and Catholic heroes. Choose one of the following people to research, and think about how you would present their life as a movie. What key moments would you include in a story board of their life and why?



Click here for even more incredible heroic saints!

- Bl Carlo Acutis
- St Clare of Assisi
- St Joan of Arc
- St Maria Goretti
- St Maximilian Kolbe
- Monsignor Hugh O'Flaherty
- St John Paul II
- St Josephine Bakhita
- Bl Chiara Luce Badano
- St Damien of Molokai
- St Teresa of Calcutta
- St José Luis Sánchez del Río
- Irena Sendler
- Blessed Miguel Pro
- Bl Pier Giorgio Frassati

PRAYER TIME!

Lord, give me the strength and vision to see what it is I can do each day to serve you and others. Let me never miss an opportunity, however small, to make someone's life better and brighter. "I am only one, but still I am one. I cannot do everything, but still I can do something; and because I cannot do everything, I will not refuse to do something that I can do." (Everett Hale)



CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON THE MEANING OF SERVICE AND SACRIFICE



- [Do Something](#) (Matthew West)
- [Give me your eyes](#) (Brandon Heath)
- [Go Light Your World](#) (Kathy Troccoli)
- [Break our hearts](#) (Vicki Beeching)
- [The Motions](#) (Matthew West)
- [I Will Be](#) (Natalie Grant)
- [Beautiful Stranger](#) (Rebecca St James)
- [Set the World on Fire](#) (Britt Nicole)

Click the links for the YouTube videos to listen to some suggestions!



Fr Mike: Captain America (Superheroes analysed).



Check out this inspiring story of athlete Ivan Fernandez Anaya who chose to put his fellow athlete first and sacrifice his own shot at glory.