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Diocese of Waterford & Lismore

Celebrating and supporting faith, hope and love in the heart of the family!

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GAUDETE SUNDAY (AND ALSO BAMBINELLI SUNDAY)

Sunday Mass Readings

First Reading: Zephaniah 3:14-18 **Responsorial Psalm:** Isaiah 12 **Second Reading:** Philippians 4:4-7 Gospel: Luke 3:10-18

"...Someone is coming, someone who is more powerful than I am...



Hear

Grab your Bible and look up the Gospel reading. Christmas is getting closer, but we still need to be Don't have one? No worries, you can find this week's readings online here.

Check out this video of the Gospel for children.

In the Gospel today we continue to hear about the ministry of John the Baptist, calling people to repentance and conversion of heart.

Take some time to reflect on the key message of this week's Gospel. Think about the following:

- What is the Holy Spirit saying to you through this piece of Scripture? How do these words resonate with you personally?
- Advent is a time of joyful and devout preparation, a time where sometimes our patience is tested: as we eagerly await Christmas on the one hand, and on the other have to deal with queues and crowds in shops. Every moment of our lives is an opportunity for grace, every time of waiting is an opportunity for growth and conversion of heart. How is the Lord calling you to conversion this Advent? What would John the Baptist recommend to you personally at this time?

Talk

patient and wait! Being patient is not always easy, but thankfully we have lots to do to keep us busy this Advent preparing to welcome Jesus into our hearts!

Discuss the following as a family:

- Can you remember a time when you had to be really patient and wait for something to happen? Did waiting for it make it even more special when it came?
- Can you think of practical things you can do around the house while you're waiting for something else to happen, to use your time well? Maybe while you're waiting for dinner to be ready, you could put away your toys? Or when queuing in a shop, you could pray for the people in front of you!
- John the Baptist had no problem telling people how they need to change! If he visited your family, what suggestions would he make for you to make room for Jesus this Christmas?

Family Challenge!

Watch Bishop Cullinan explain Bambinelli Sunday can you participate in this tradition, or at least create a special family tradition with your own crib this year?



Check out page 3 for a picture to colour from this week's readings!

The third week of Advent — Christmas is getting so close! Make a special effort each day to say a little prayer every day to tell the Baby Jesus that He'll be so welcome in your heart and your home, and that you can't wait to celebrate His birthday!



Please email us at faithathome@waterfordlismore.ie [or click the <u>subscribe</u> button] if you would like to receive Faith@Home direct to your inbox each week!

"To the Heights" Post-Primary / Youth Version also available: click <u>SUBSCRIBE</u> / email youthministry@waterfordlismore.ie

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EVENTS

Live Advent Differently: Daily online Advent Calendar, with practical actions, a short prayer, and a song / video for each day of the Advent Season. Bookmark the page or add to your home screen to access content each day to help prepare your heart well for Christmas. https://tinyurl.com/AscendAdvent

Lectio Divina: the praying with the Scriptures, led by the Apostles of the Sacred Heart of Jesus, beginning Thurs, September 30th. 2 options: Thurs @ 2pm in St. John's Pastoral Centre / Thurs @ 7:30pm at Sacred Heart Parish Centre. Please register at waterford@ascjusus.org or call 087-4042785

Light of the World: Christmas Carols and Prayers from Glencomeragh House. Holy Family Mission, Sunday 19th December at 8pm. Live-streamed on www.holyfamilymission.ie

REPENT - RENEW - REJOICE!

This Sunday's Gospel continues last week's focus on John the Baptist and his role in preparing the way for Christ. John's call to conversion is not a soft or subtle one - he is definite that people must prepare the way for the Lord in their own lives. To do that requires concrete change, and as we know, change is not always easy. Anyone who gardens knows that pruning is necessary for growth - we must make room. As we look around us at this time of year, we see bare, seemingly lifeless branches, yet we know new life will come with the Spring. In our own lives too, pruning - a conversion of heart - is necessary. Our own path to sanctity is as unique and individual as we are. The situation of my life is not the same as anyone else: I have challenges and opportunities for growth that others may not have; I have strengths and weaknesses that others may not face in the same way. Yet this is the path the Lord has chosen for my growth, my renewal. Accepting that reality is an important first step. Making sure there is room for the Lord comes next.

What needs to change? If John the Baptist stood in front of me now, as he did with the soldiers and tax collectors 2000 years ago, what would he say to me? Where are my priorities? What are my temptations? What is blocking the arrival of the Messiah fully into my life?

The third Sunday of Advent is also known as Gaudete Sunday, where we focus on joy as we light the pink candle. We rejoice, because the Lord is near! We have a God who redeems us from our sin, who strengthens us in our weaknesses, who provides grace to overcome temptation and to change our hearts, so that we can more perfectly become the best version of ourselves: saints! He did not leave us alone in our struggles, but comes as the Word Incarnate to embrace our humanity to draw us close to His divinity. This is certainly a reason to rejoice!

How has your season of Advent has been going for you? Is your heart joyfully preparing for Christ's coming? Is there something you need to let go of? Is there something you feel drawn to doing? Pray for the grace to let go, to begin anew, to allow the Lord's mighty and glorious deeds to be made manifest in your own life, and to rejoice and give praise to His name for all He has done in your life already!

Family Prayer

Third Advent Candle:

Lord God, may we, your people, who look forward to the birthday of Christ experience the joy of salvation and celebrate that feast with love and thanksgiving. We ask this through Christ our Lord. Amen www.xavier.edu

"Is there room in your heart for Christ to write his story?"

Casting Crowns

MAKE ROOM IN YOUR HEART

In this Gospel passage, we hear John the Baptist being asked by many groups of people what they need to do in their own lives to prepare for the Messiah's John gives coming? recommendations to each group, to soldiers, to tax collectors and so on. Everyone can live their lives in expectant and joyful preparation. Each of our hearts is unique. Our circumstances vary. For us, the Messiah's arrival happened 2000 years ago, but we still need to prepare for his arrival. What might John the Baptist recommend personally to you? What do you need to say "no" to, in order to make more room for Jesus? As we prepare throughout Advent, there's a growing sense of excitement and expectancy in our readings: preparing for Jesus should fill us with excitement! Jesus is offering us hope, peace, joy and love beyond anything we can imagine or what the world can offer. Let's not cram our hearts full of things that don't last, and lose out on His graces!

Advent: More than a Chocolate Calendar (Fr Mike)
TUNE: Make Room (Casting Crowns)



RESOURCE: Prepare Joyfully!



CHECK IT OUT: LITTLE NELLIE'S BABY BANK





Little Nellie's Baby Bank is an initiative established to provide material support for expectant mothers and families in need. The name was inspired by Waterford's Ellen Organ, also known as "Little Nellie of Holy God". Little Nellie's Baby Bank provides: Clothing – Buggies – Nappies – Baby Equipment. Contact: babybank@waterfordlismore.ie / 051-874199. Follow on Facebook to see what we have in stock.





The Third Sunday of Advent is Gaudete Sunday - we light a pink candle as a symbol of joy!

NAME A PERSON OR A THING THAT BRINGS A SMILE TO YOUR FACE WHEN YOU THINK ABOUT THEM / IT?

DO YOU THINK A PERSON CAN DECIDE TO BE JOYFUL, EVEN IF LIFE IS TOUGH? EXPLAIN YOUR ANSWER ?



WATCH THIS VIDEO FROM FR MIKE SCHMITZ, "ADVENT: MORE THAN A CHOCOLATE CALENDAR" (ASCENSION PRESENTS) AND REFLECT ON THE QUESTIONS THAT FOLLOW



- Advent is a penitential season like Lent: TRUE
- Advent is a season of d_____ and j_____ preparation for the coming of Jesus.
- How does Fr Mike define "devout"? _____

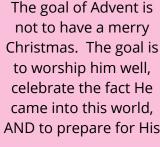
JOY VS HAPPINESS



- Happiness often comes out of our _____
 when things are _____
 - Joy is the ability to have a certain happiness ______ of your circumstances.
 - Joy is an abiding sense of _______.
 - Joy comes from knowing that the Father ______
 me and He knows my ______
- Joy is a choice! We can choose to live with an abiding sense of the Father's love. Our circumstances can be awful and we can still be

CHRIST'S MAJOR ARRIVALS

- His Past Coming at the original C______
- His future coming at the End of T______.



WHAT DO SAINTS DESCRIBE AS THE INTERMEDIARY ARRIVAL OF CHRIST?



The arrival of Christ into our ______. This can happen when we open our hearts to His ______, whenever we ______in His name, when we are in the presence of the ______.





Question: If Advent is the whole-hearted and joyful preparation for the coming of Jesus into our lives.... if Jesus showed up in your life today, would there be any room for Him? Take a moment to think about today's schedule. Is there room there for Jesus?

PREPARE JOYFULLY!

LUKE 3:10 - 18



Should we party during Advent? Limited amounts of Christmas parties, music and food can help us enter into the Christmas mood, but we need to be able to say no.

Why is being able to say "no" important? What does it make room for in Advent?

IF I CAN LEARN TO SAY "NO" MORE TO MATERIAL THINGS, I CAN LEARN TO SAY "YES" MORE TO JESUS.



<u>Now Read Juke 3: 1-18</u>

In this Gospel passage, we hear John the Baptist being asked by many groups of people what they need to do in their own lives to prepare for the Messiah's coming? John gives specific recommendations to each group, to soldiers, to tax collectors and so on. Everyone can live their lives in expectant and joyful preparation. Each of our hearts is .

unique. Our circumstances vary. For us, the Messiah's arrival happened 2000 years ago, but we still need to prepare for his arrival. What might John the Baptist recommend personally to you? What do you need to say "no" to, in order to make more room for Jesus? As we prepare throughout Advent, there's a growing sense of excitement and expectancy in our readings: preparing for Jesus should fill us with excitement! Jesus is offering us hope, peace, joy and love beyond anything we can imagine or what the world can offer. Let's not cram our hearts full of things that don't last, and lose out on His graces!





MAKE A DECISION TODAY TO LIVE ADVENT JOYFULLY AND PREPARING TO WELCOME JESUS. USE OUR DAILY ADVENT CALENDAR TO HELP YOU IF YOU NEED SOME IDEAS. TAKE A LOOK AT YOUR DAILY SCHEDULE. WHERE CAN YOU FIT FIVE TO TEN MINUTES IN EACH DAY FOR PRAYER? CAN YOU SET YOUR ALARM TO GO OFF EARLIER? CAN YOU CUT OUT A FEW MINUTES OF TV / GAMING / MUSIC? DECIDE FOR WHOLE-HEARTED TOYFUL PREPARATION - IF YOU DON'T DECIDE. IT WON'T HAPPEN!





PRAYER FOR JOY:

My God, You know me by name and You love me, with an eternal love that never fades. Show me how to base my joy on You, because in You my joy will be complete, no matter what circumstances come my way. You delight in me - help me to truly believe that! Amen



CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON JOYFUL PREPARATION



- Make Room (Casting Crowns)
- The Earth Stood Still (Future of Forestry)
- Unspeakable Joy (Chris Tomlin)
- O Come, O Come Emmanuel (David Crowder Band) God Made Low (Sovereign Grace)
- When Hope Came Down (Kari Jobe)
- <u> Awake O Sleeper (Ike Ndolo)</u>
- Hearts Waiting (Matt Redman)

Click the links for the YouTube videos to listen to some suggestions!



Why Joy is More Christian than Happiness (Fr Mike Schmitz)



JOY (The Bible Project)

