



3 x 5 Examen

Pause in the middle of your day to reflect on these questions:



WHAT FIVE THINGS CAN I GIVE THANKS FOR SO FAR TODAY?

1

2

3

4

5

WHAT FIVE THINGS DID I NOT DO AS WELL AS I COULD HAVE?

1

2

3

4

5

WHAT FIVE THINGS ARE COMING UP THAT I NEED GOD'S HELP WITH?

1

2

3

4

5
