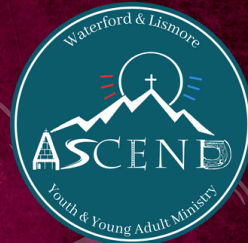




# To the Heights



SIXTH SUNDAY OF EASTER

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Year C

## Sunday Mass Readings



### First Reading:

Acts 15:1-2, 22-29

### Responsorial Psalm:

Psalm 66(67): 2-3, 5-6, 8

### Second Reading:

Apocalypse 21:10-14, 22-23

### Gospel:

John 14:23-29

[www.waterfordlismore.ie/youth-ministry](http://www.waterfordlismore.ie/youth-ministry)



ascendwaterfordlismore.ym



AscendWaterfordLismoreYM



Ascend Youth Ministry



"Do not let your hearts be troubled or afraid..."

## Game Changers

The Catholic Church's Liturgical Calendar is crammed full of inspirational saints and heroes, or as we like to call them, **Game Changers!** Check them out on our web page!



25 May St Gregory VII, Pope / St Bede the Venerable

26 May St Philip Neri

27 May St Augustine of Canterbury



## Reflect



1. Check the context for this Gospel: when is Jesus saying this to His disciples?
2. What is the sign that someone loves Jesus?
3. Whose word does Jesus share?
4. Who is the Advocate?
5. What will the Advocate do?
6. What does Jesus offer that the world cannot give?
7. What does Jesus mean by "I am going away, and shall return"?
8. Do you think the disciples understood what Jesus meant at that time? Explain

## CHECK IT OUT: NIGHTFEVER / LIGHTFEVER

Have you ever attended a Lightfever or Nightfever? They are a beautiful and sacred time to really encounter Jesus in a personal way. The event runs for a number of hours in a specific church, while a team of volunteers outside approach people on the street with a simple request: "Would you like to light a candle in the church?" If they choose to come in, they are welcomed into a candlelit Church, with adoration of the Blessed Sacrament, music, and opportunities for silent prayer or confession if they choose, or simply light their candle for an intention and leave. Check the events guide for upcoming dates.



There are no 'ifs' in God's Kingdom. His timing is perfect. His will is our hiding place. Lord Jesus, keep me in Your will! Don't let me go mad by poking about outside it.  
Corrie Ten Boom, Holocaust Survivor

### LIVE FOR TODAY

We always seem to want to get ahead of ourselves. I'll be happy when.... It's hard for us to stop and appreciate the moment we're in, the gifts we're receiving right now, the person we can become through the situations we find ourselves in.

Jesus knows that we can't handle everything in one moment. That's why He sent the Holy Spirit to the Apostles too. He knew there was only so much they could grasp while He was still with them, but the Holy Spirit would be their constant Teacher and Guide, their Advocate and He would reveal whatever they needed to know at the most appropriate time for them. Jesus asks us to trust Him in the same way: to trust that His plan for us includes His perfect timing also. He wants us to learn and grow in the present moment and then we'll be ready for the next challenge, the next set of graces, the next piece of the puzzle. He doesn't want us to be anxious or afraid: He knows how much we can handle at any given moment. He wants us to be at peace. He wants us to love Him. Trusting in Jesus means trusting in His timing. It also means opening our hearts and our ears to the voice of the Holy Spirit.

### TUNE OF THE WEEK

Trust in You

Lauren Daigle



### WEEKLY CHALLENGE:

Pay attention to how your mind works this week: do you find yourself dissatisfied, wishing for future events, wishing to be somewhere other than where you are? Follow Fr Mike's 4 step guide and pray to the Holy Spirit for clarity, patience and the wisdom to know how to act!

Check out our weekly resource pack on pg 3-4!

WATCH:



[Living in the Present Moment \(Fr Mike Schmitz\)](#)



### Young Person's Prayer



Holy Spirit, help me to live in the present moment; help me to find You here, and Your plan for my life; help me to see the blessings of the now, rather than frustrations about the future or regrets about the past. Let me find You in the now, because this is where You and I can meet. Amen

### Puzzled?

FIND THE FOLLOWING WORDS RELATED TO THE GOSPEL IN THE WORD SEARCH. CHECK IF YOU KNOW HOW THEY LINK TO THE STORY!

Advocate  
afraid  
believe  
bequeath  
everything  
Father  
gift  
hearts  
Holy Spirit  
home  
I am still with you  
keep my word  
love  
peace  
remind  
return  
teach  
troubled  
world

C	L	M	H	N	E	V	D	D	A	E	R	X	P	Z
H	O	J	R	V	O	U	E	N	V	H	E	Y	A	I
V	T	M	R	O	G	L	C	E	T	E	M	T	E	Z
E	C	A	E	P	B	A	R	M	F	A	I	L	P	O
O	A	B	E	U	R	Y	L	Z	I	R	N	H	F	B
P	A	G	O	U	T	E	E	O	G	T	D	H	E	H
T	J	R	D	H	Q	T	T	W	V	S	P	L	Q	S
E	T	H	I	T	A	E	O	U	L	E	I	L	C	F
A	P	N	O	C	G	R	B	F	R	E	U	L	R	Y
C	G	L	O	M	L	Z	C	V	V	N	D	H	E	M
H	Z	V	O	D	E	W	L	E	J	Z	X	F	H	C
V	D	K	E	E	P	M	Y	W	O	R	D	N	T	X
A	H	O	L	Y	S	P	I	R	I	T	M	S	A	I
V	O	E	Y	C	A	F	R	A	I	D	G	G	F	T
U	O	Y	H	T	I	W	L	L	I	T	S	M	A	I

Pick one line from the gospel to reflect on this week!



### WHAT'S ON

**Lightfever:** Time of Adoration - Music - Reconciliation in Ss Peter and Paul's Church Clonmel, Sat 21 May: 2-5pm

**Nightfever:** Time of Adoration - Music - Reconciliation in St John's Church, Waterford Fri 27 May, beginning at 7.30pm

**Rosary Procession:** Sun 29 May. Leaving Ballybricken Green @3pm - to the Dominican Church, Bridge Street: Crowning of Our Lady and a short prayer service finishing with benediction.

**Queen of Peace Retreats:** 4-day Medjugorje-style retreat at Glencomeragh Retreat Centre. Spiritual Director: Fr Patrick Cahill. Full Board Accommodation - limited places, book now! Thurs 21- Sun 24 July / Thurs 18- Sun 21 Aug / Thurs 1- Sun 4 Sept. Cost: €260. For more info or to book contact [info@holymission.ie](mailto:info@holymission.ie) or (052) 6133181

**Diocesan Youth Pilgrimage to Medjugorje: August 3rd - 10th,** Cost: €725pps, Open to those aged 16 - 35. For more info: Roisin Browne 083 3002123 <https://waterfordlismore.ie/pastoral/pilgrimages/>





JOHN 14:23-29



# Living in the Present

There are no 'ifs' in God's Kingdom. His timing is perfect. His will is our hiding place. Lord Jesus, keep me in Your will! Don't let me go mad by poking about outside it.  
Corrie Ten Boom,  
Holocaust Survivor

HAVE YOU EVER WISHED TO BE SOMEWHERE OTHER THAN WHERE YOU ARE? E.G FINISHED EXAMS, IN COLLEGE....

WHY DO YOU THINK WE CAN SOMETIMES WISH OUR LIVES AWAY?



WATCH THIS VIDEO FROM FR MIKE SCHMITZ "LIVING IN THE PRESENT MOMENT" AND REFLECT ON THE QUESTIONS THAT FOLLOW



Fr Mike explains how sometimes we're so busy looking forward to the next stage, we forget that we're right here. What kind of things does he mention we can be focused on getting to?



Sometimes our dissatisfaction is because we want to know what it is God wants us to do, so we can do it right now!

## Fr Mike's 4 point guide to Living in the Present Moment:

### 1 IDENTIFY \_\_\_\_\_

If we are so focused on the season we want to get to, what can we miss out on in the now?



### 2 BE P \_\_\_\_\_

Like an athlete beginning to train, you might feel frustrated or impatient: you may not be at the place you want to be, but you are g\_\_\_\_\_!

### 3 BE A \_\_\_\_\_

Do the work of the \_\_\_\_\_, not tomorrow. If you are called to marriage, fatherhood / motherhood, then what things should you be working on so you can be that kind of spouse / parent? Even if you don't know what vocation you're called to, you can still be \_\_\_\_\_.



### 4 DON'T LIVE IN THE \_\_\_\_\_ OR THE \_\_\_\_\_, WE ONLY HAVE THE PRESENT NOW.



Jean Pierre de Caussade's book, "Abandonment to Divine Providence" talks about the "Sacrament of the \_\_\_\_\_." It is in the present moment that God communicates Himself to us \_\_\_\_\_!

God communicates His life, His \_\_\_\_\_, His \_\_\_\_\_ to us now.



## LIVING IN THE PRESENT MOMENT

JOHN 14:23-29



You don't have to wait to be in your vocation to become \_\_\_\_\_.

You don't have to know your vocation to be \_\_\_\_\_.

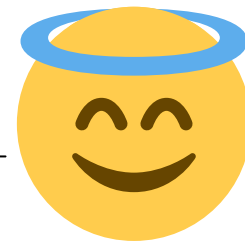
What is Fr Mike's definition of holiness?

\_\_\_\_\_

What do you think that means? Is it achievable? Explain your thoughts.

\_\_\_\_\_

\_\_\_\_\_



### Now Read John 14:23-29



We always seem to want to get ahead of ourselves. I'll be happy when.... It's hard for us to stop and appreciate the moment we're in, the gifts we're receiving right now, the person we can become through the situations we find ourselves in.

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MISSION!

PAY ATTENTION TO HOW YOUR MIND WORKS THIS WEEK: DO YOU FIND YOURSELF DISSATISFIED, WISHING FOR FUTURE EVENTS, WISHING TO BE SOMEWHERE OTHER THAN WHERE YOU ARE? FOLLOW FR MIKE'S 4 STEP GUIDE AND PRAY TO THE HOLY SPIRIT FOR CLARITY, PATIENCE AND THE WISDOM TO KNOW HOW TO ACT!



PRAYER TIME!

*Holy Spirit, help me to live in the present moment; help me to find You here, and Your plan for my life; help me to see the blessings of the now, rather than frustrations about the future or regrets about the past. Let me find You in the now, because this is where You and I can meet. Amen*



### CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON LIVING IN THE PRESENT MOMENT



- Lauren Daigle: Trust in You
- Natalie Grant: Live for Today
- Casting Crowns: Praise You in this storm
- Leeland: WayMaker
- Elevation Worship: Promises
- Chris Tomlin: Good Good Father
- Elevation Worship: Million Little Miracles
- Elevation Worship: Here Again

Click the links for the YouTube videos to listen to some suggestions!



Happiness (Chris Stefanick)



Choose Joy: Ascend YM Resource