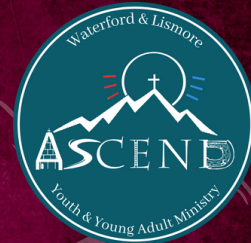




To the Heights



FIFTH SUNDAY OF EASTER

Subscribe to receive by email!



Duccio di Buoninsegna, Public domain, via Wikimedia Commons

Year C

Sunday Mass Readings

First Reading:
Acts 14:21-27
Responsorial Psalm:
Psalm 144(145):8-13a
Second Reading:
Apocalypse 21:1-5
Gospel:
John 13:31-33, 34-35

Hear



Click the Bible image for this week's readings if you don't have a Bible handy!

www.waterfordlismore.ie/youth-ministry



ascendwaterfordlismore.ym



AscendWaterfordLismoreYM



Ascend Youth Ministry



"I give you a new commandment: love one another, just as I have loved you"

Game Changers

The Catholic Church's Liturgical Calendar is crammed full of inspirational saints and heroes, or as we like to call them, **Game Changers!** Check them out on our web page!

- 16 May St Brendan, Abbot
- 18 May St John I, Pope & Martyr
- 20 May St Bernardine of Siena, Priest
- 21 May St Christopher Magallanes & companions, Mexican martyrs



Reflect



1. The first line of this Gospel gives us the time-frame for this speech/discourse. When did it happen?
2. What future event is Jesus speaking about?
3. What is the new commandment He gives to His disciples?
4. How will people recognise followers of Jesus?
5. How difficult do you think this commandment is to follow?
6. Why do you think Jesus commands this?

CHECK IT OUT: MAY ALTARS

Have you ever created a May Altar in your home? Maybe it's something you did as a child but have fallen out of the practice since. The tradition of honouring Our Lady in our homes during the month of May with a small "altar" or sacred space has been passed down through the generations in our country. You can create a space for your altar on a small table, on a windowsill or on a shelf in your home / workplace / classroom. Check the links here for ideas on how to prepare your altar! [Knock Shrine](#) | [Real Life at Home](#) | [Catholic Icing](#)



Love one another: just as I have loved you **A NEW COMMANDMENT**

"Love one another: just as I have loved you, you also must love one another."

Jesus called this a new commandment, not a suggestion or something on a wishlist, but a commandment. Do you ever wish Jesus had given a simpler commandment? I mean, loving everyone sounds fine until that one person who drives you insane is in front of you again, or you're let down by someone you trusted, or someone is just being nasty mean to you for no real reason... that's where the rubber hits the road!

Why would Jesus ask us to do something like this? Doesn't He know how hard it is? There's the thing: Jesus knows exactly how hard it is because Jesus suffered the weight of our sins, He was innocent and yet crucified. Jesus knows what frustration is like; He understands betrayal, suspicion, ridicule and suffering at the hands of others all too well. He also knows how weak and broken we are, and still He commands us to love as He has loved. The good news is we don't have to do it on our own: the love we need to show others we can draw from Him - frankly, we HAVE to draw it from Him because we won't have it in us otherwise.

TUNE OF THE WEEK



Love Each Other Graham Kendrick

WEEKLY CHALLENGE:



This week, pray the Act of Love everyday and offer it especially for one particular person who you find it difficult to love. Ask Jesus to fill you with His love as He blesses both them and you!

Check out our weekly resource pack on pg 3-4!

WATCH:



[Love is an Ability \(Fr Mike Schmitz\)](#)



Young Person's Prayer



ACT OF LOVE: O my God, I love you above all things with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbour as myself for the love of you. I forgive all who have injured me and I ask pardon of those whom I have injured. Amen.



GO, DO WHAT YOU KNOW IS RIGHT!

WHAT'S ON

ANIMA: 3 week zoom series on Wednesday nights beginning on May 4th @8pm: video, chat, fellowship, prayer. Email events@waterfordlismore.ie or call 087 4042784

Lightfever: Time of Adoration - Music - Reconciliation in Ss Peter and Paul's Church Clonmel, Sat 21 May: 2-5pm

Monastic Craft Sale: May 14-15, 10am-5pm: Sisters of Mary Morning Star, The Friary, Lady Lane, Waterford. Fundraiser for Ukraine.

Queen of Peace Retreats: 4-day Medjugorje-style retreat at Glencomeragh Retreat Centre. Spiritual Director: Fr Patrick Cahill. Full Board Accommodation - limited places, book now! Thurs 21- Sun 24 July / Thurs 18- Sun 21 Aug / Thurs 1- Sun 4 Sept. Cost: €260. For more info or to book contact info@holymission.ie or (052) 6133181

Diocesan Youth Pilgrimage to Medjugorje: August 3rd - 10th, Cost: €725pps, Open to those aged 16 - 35. For more info: Roisin Browne 083 3002123 <https://waterfordlismore.ie/pastoral/pilgrimages/>

Puzzled?

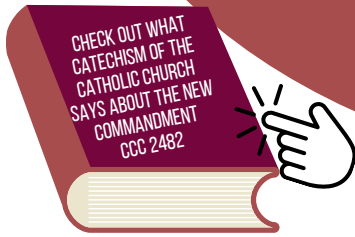
FIND THE FOLLOWING WORDS RELATED TO THE GOSPEL IN THE WORD SEARCH. CHECK IF YOU KNOW HOW THEY LINK TO THE STORY!

children
commandment
disciples
discourse
glorified
glorify
God
gospel
John
Judas
know
Last Supper
loved
love one another
new
Son of Man

C	W	S	Q	T	X	S	C	D	J	D	A	A	G	F
F	U	O	N	J	W	E	W	H	E	O	I	T	O	R
N	S	E	U	O	P	L	U	I	I	V	H	X	S	U
L	W	A	N	J	Z	P	F	C	S	L	O	N	P	Z
N	A	K	D	C	N	I	J	O	I	Y	D	L	E	M
A	F	S	M	U	R	C	A	M	I	Z	R	R	L	G
M	C	V	T	O	J	S	I	M	P	U	W	J	E	H
F	G	H	L	S	X	I	J	A	M	O	D	O	N	N
O	G	G	F	F	U	D	I	N	L	R	P	V	N	I
N	E	J	M	S	Z	P	I	D	T	G	P	E	G	R
O	R	Z	H	G	H	P	P	M	X	I	N	H	M	V
S	R	E	H	T	O	N	A	E	N	O	E	V	O	L
G	O	D	H	D	B	R	N	R	W	K	R	C	E	
G	L	O	R	I	F	Y	I	T	D	B	I	X	X	S
U	B	A	E	S	R	U	O	C	S	I	D	K	X	Z

Pick one line from the gospel to reflect on this week!

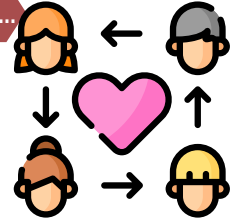




Learn to Love

Love is not a feeling; it's an ability.

LIST THE 5 MAIN TYPES OF RELATIONSHIPS IN YOUR LIFE AT THE MOMENT E.G. PARENTS / SIBLINGS, FRIENDS....



HOW WOULD YOU DEFINE "LOVE"?



WATCH THIS VIDEO FROM FR MIKE SCHMITZ "LOVE IS AN ABILITY" AND REFLECT ON THE QUESTIONS THAT FOLLOW



What line from the movie "Dan in Real Life" struck Fr Mike?

Fill in the blanks:

- You are m_ _ _ for love.
- You c_ _ _ from love.
- You are made _ _ love.
- Your goal is to e_ _ _ _ into love, to be a g_ _ _ of love with your whole life!

Yet, love is not something that all of us know how to do, because love is an ability, a s_ _ _ _.



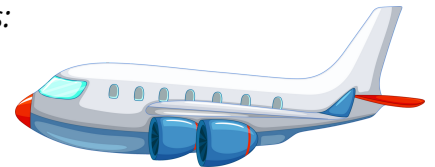
What three parts of the human person does Fr Mike mention?

- EMOTIONS (feelings)
- WILL (our ability to _____)
- INTELLECT (our ability to _____)



Relying only on our emotions to guide us in how to love does not make much sense.

Explain Dr Edward Sri's analogy of the airplane with regard to this:



Do you agree with his analogy? Explain your answer.

TO LEARN HOW TO LOVE, WE NEED TO LEARN MORE ABOUT _____.

The classical definition of love is: willing or _____ the good of the _____.

What do you think that means?

- ASCEND & YOUNG ADULT YOUTH MINISTRY (DIOCESE OF WATERFORD & LISMORE) -

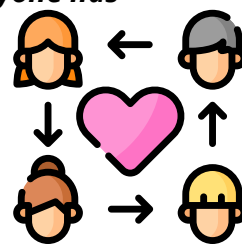


LEARN TO LOVE

JOHN 13:31-33, 34-35

Think back to the types of relationships you listed at the start of this exercise. Everyone has someone in their life that they have the ability to love, and the opportunity to love.

Pick one relationship and reflect: what would it look like for you to choose the good of the other, rather than simply following feelings? What might change?



Now Read John 13:31-33, 34-35



"Love one another: just as I have loved you, you also must love one another." Jesus called this a new commandment, not a suggestion or something on a wishlist, but a commandment. Do you ever

wish Jesus had given a simpler commandment? I mean, loving everyone sounds fine until that one person who drives you insane is in front of you again, or you're let down by someone you trusted, or someone is just being nasty mean to you for no real reason... that's where the rubber hits the road!

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MISSION!

THIS WEEK, PRAY THE ACT OF LOVE EVERYDAY AND OFFER IT ESPECIALLY FOR ONE PARTICULAR PERSON WHO YOU FIND IT DIFFICULT TO LOVE. ASK JESUS TO FILL YOU WITH HIS LOVE AS HE BLESSES BOTH THEM AND YOU!



PRAYER TIME!

ACT OF LOVE: *O my God, I love you above all things with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbour as myself for the love of you. I forgive all who have injured me and I ask pardon of those whom I have injured.*



CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON HEARING GOD'S VOICE



- Graham Kendrick: Love Each Other
- Matthew West: Do Something
- Newsboys: Love One Another
- Worship for Everyone: The Golden Rule
- Kathy Troccoli: Go Light Your World
- Casting Crowns: If we are the Body
- Hillsong: So Will I (100 Billion X)
- Britt Nicole: Set the World on Fire

Click the links for the YouTube videos to listen to some suggestions!



8:29 MINS



Love is More than a Feeling (Fr Mike Schmitz)



Love is more than a feeling: Ascend YM Resource