

"THERE'S NOTHING BETTER THAN THANKSGIVING, AND NOTHING WORSE THAN A LACK OF THANKSGIVING."

Give Thanks

LUKE 17: 11-19

ATTITUDE OF GRATITUDE

ICEBREAKER



- Can you remember a time where you gave someone a gift or your time to help someone and they never thanked you? What was it like?
- "There's nothing better than thanksgiving, and nothing worse than a lack of thanksgiving." Agree or disagree? Explain your answer.

WATCH THIS VIDEO FROM FR MIKE SCHMITZ (THE ABSOLUTE NECESSITY OF SAYING "THANK YOU") AND REFLECT ON THE QUESTIONS THAT FOLLOW:



What does Fr Mike say there's probably nothing worse than?

Meh



What was Fr Mike's prescription to the young man on campus who had a great life but felt a bit meh about it all? What was he to do every morning and evening?

Which part of this do we often forget to do?

How do people who are ungrateful often feel about themselves?



Becoming the kind of person who is grateful:



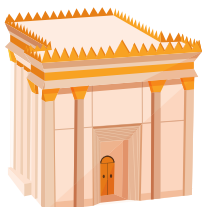
What did St Paul say in his letter to the Thessalonians?

What has the person who has chosen to be grateful chosen to see?

- **God's Perfect Will means:** _____
- **God's Permissive Will means:** _____

What does practicing this routine of gratitude change? _____

For the Israelites, what was the todah offering/sacrifice?



The rabbis said that in the age of the messiah to come, every sacrifice would cease except for the todah sacrifice. Explain how this came to pass for Judeo-Christians in 70AD?

ATTITUDE OF GRATITUDE

LUKE 17: 11-19

What is the todah sacrifice for Christians/Catholics today? _____

What is Eucharist the greek word for? _____

What have we as a people been redeemed from? _____



How did the prescription work out for the young man on campus? What changed?

How can our lives become lives of praise and thanksgiving? What do we need to bring together?



Now Read *Luke 17: 11-19*



We can read the story of the ten lepers and be shocked at the behaviour of the nine. Imagine being cut off from society, alone, in desperate straits, facing a life of misery, isolation and eventual death - only to find restoration and healing in the person of Jesus Christ! Incredible!

You would imagine they'd be grateful and come rushing back to Him. Yet only one did. How strange and shocking! We'd never do that, would we? And yet, if we think about all the blessings and gifts we have every day in our lives, and how often we thank God for them, we might find ourselves aligning a little more closely with the 9 lepers and not the Samaritan leper who came back and threw himself at the feet of Jesus.

"What if you woke up this morning and had only the things you thanked God for yesterday?" (Max Lucado)

That's a quote that's well worth spending some time on - might be a little uncomfortable too. But the good news is we can start an attitude of gratitude today, right at this very moment, and especially at the moments when we feel down, or a little meh about life! In all things give thanks!



MISSION!

THIS WEEK, EACH MORNING AND EACH EVENING, ASK THE HOLY SPIRIT TO GUIDE YOU, THEN LIST 4 THINGS YOU ARE GRATEFUL FOR AND THEN REMEMBER TO THANK GOD FOR THEM. SEE IF IT CHANGES YOUR OUTLOOK!



PRAYER TIME!

Jesus you are so good to me, in so many ways that I don't even see each day. But for the things I do see I thank you, especially for _____, _____ and _____. Let me never grow indifferent to the gifts you have blessed me with! Amen



CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON GOD'S BLESSINGS IN YOUR LIFE



- Brandon Lake: Gratitude
- Nicole Nordeman: Gratitude
- Phil Wickham: Reason I Sing
- Steffany Gretzinger: Give Thanks

- Audrey Assad: Good to Me
- Shane & Shane: Praise to the Lord
- Chris Tomlin: Forever
- Mikeschair: All I can do (Thank You)



Why does God let bad things happen?
(Fr Mike Schmitz)

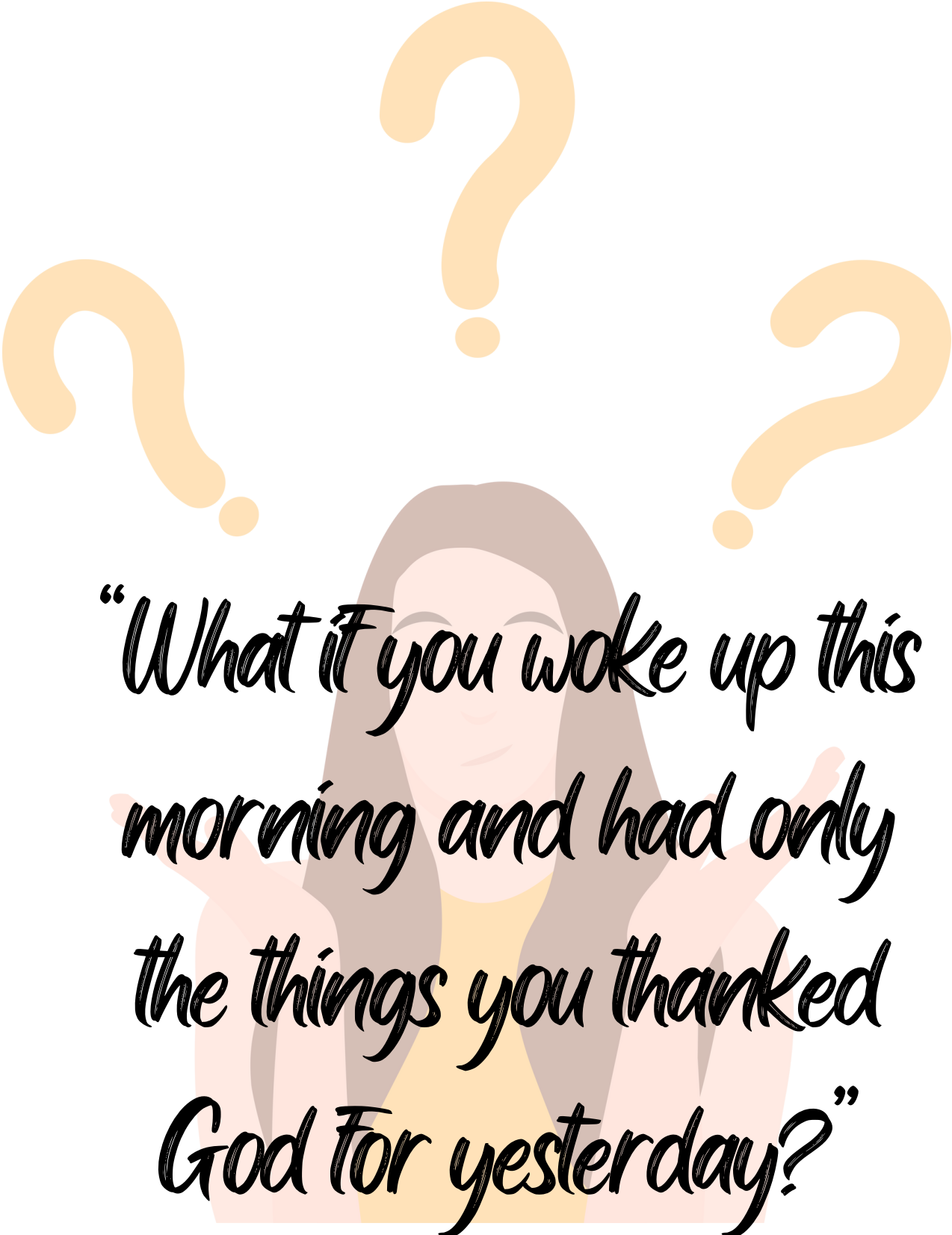


GRATITUDE PRESCRIPTION!

1. BEGIN BY PRAYING TO THE HOLY SPIRIT TO GUIDE YOU.
2. THINK OF FOUR THINGS YOU ARE GRATEFUL FOR.
3. THANK GOD FOR EACH OF THESE.

**IN ALL
THINGS
give
THANKS**

Day	Morning	Evening
Monday	1. 2. 3. 4.	1. 2. 3. 4.
Tuesday	1. 2. 3. 4.	1. 2. 3. 4.
Wednesday	1. 2. 3. 4.	1. 2. 3. 4.
Thursday	1. 2. 3. 4.	1. 2. 3. 4.
Friday	1. 2. 3. 4.	1. 2. 3. 4.
Saturday	1. 2. 3. 4.	1. 2. 3. 4.
Sunday	1. 2. 3. 4.	1. 2. 3. 4.



“What if you woke up this morning and had only the things you thanked God for yesterday?”

- Max Lucado -

gratitude
CHANGES
every
thing

Begin
EACH WITH
DAY ((A))
grateful
HEART

**FIND
GRATITUDE
IN ALL THE
moments**

THERE'S
always
SOMETHING TO BE
THANKFUL
for

IN ALL
THINGS
give
THANKS