

GOD,
EACH HOUR IS
YOURS.
EACH BREATH
IS YOURS.

MATTHEW 4:12-23



BE PRESENT TO GOD

ICEBREAKER



If your house was on fire, what one object would you want to save and why?



WATCH THIS VIDEO FROM FR MIKE SCHMITZ (GOD IS ASKING YOU TO GIVE HIM EVERYTHING) AND REFLECT ON THE QUESTIONS THAT FOLLOW:



Fr Mike mentions a number of Biblical characters and saints who gave everything away to follow Jesus. Name three.

He draws a distinction between two questions

- How do I follow God with _____?
- How do I give everything _____?

Is every follower of Christ called to give everything away? YES ☐ NO ☐

Is every follower of Christ called to give God everything? YES ☐ NO ☐



God always speaks in clarity: wait for Him to speak, then act!

God is inviting you to give Him everything: that means giving Him _____ to everything. It involves shifting our mindset from "this is mine" to "God, this is _____".

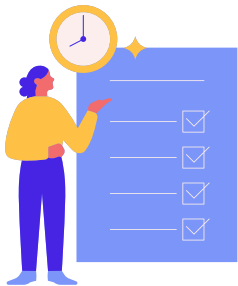
What kind of things in our lives are we managing for God?

How does Fr Mike suggest (like Pope Francis) that we can make an act of self-denial even when buying a car?



Give God your time - say to Him:

- "God each _____ is yours, each _____ is yours.
- _____ do you want me to spend it?
- _____ do you want me to spend it?
- My free time - what do you want me to do with it? It's _____!"



We can't change the past, we can't know the future, all we have is the present moment.

What is the only moment we can actively give to God?



LIFE GOALS

MATTHEW 4:12-23



How do we give everything to God?

Give Him this moment! Realise that it's His money, His stuff, His time.
Ask Him: "God, _____?"



Br Lawrence of the Resurrection said: "Every given moment God is _____. Are you _____?"

The more we give God each individual moment, these individual moments add up until they become an _____.



At times the moments can be _____
but others can be _____.



**Give everything
back to God!**



Now Read Matthew 4:12-23



Ever get a little panicky when you hear about the Rich Young Man in the Gospel, or the fishermen, Peter, Andrew, James and John in this Gospel who gave up everything and followed Jesus? Does that radical kind of call scare you? It's ok if it does! It's also good to remember, like

Fr Mike explains in this week's video, that not all followers of Christ were called to such a radical divestment of property and wealth! God knows your heart, and He knows your life situation. He knows what you need, as well as what you have. He knows how your time and gifts and possessions can be used for His glory and for the good of others. He's given all of that to us. Everything we have is actually His. All He's asking of us is that we realise that and give Him what He asks for on a moment to moment basis. It's like exercising a muscle - if we can hand over to God the small moments of our day, we'll be able to hand bigger decisions over to Him too! Let's not over-complicate practicing our faith. Each day, let's pray for the grace to recognise God's presence in our lives, and for the grace to be just as present to Him too in how we manage our time, our money, our stuff (which is His really!)



MISSION:

PRACTICE BEING PRESENT TO GOD THIS WEEK AND BECOMING AWARE OF HIS PRESENCE TO YOU. BEFORE YOU BEGIN EACH DAY, ASK GOD HOW HE WANTS YOU TO SPEND YOUR TIME & YOUR MONEY, AND HOW HE WANTS YOU TO USE THE THINGS YOU OWN. LISTEN FOR HIS PROMPTINGS THROUGHOUT THE DAY. IN MOMENTS OF DIFFICULTY, GIVE THEM TO GOD. IN MOMENTS OF JOY, GIVE THEM TO GOD TOO!



PRAYER TIME!

God, I can't change the past. I can't know the future. All I have is this present moment and I give it to You. Each hour is yours, each breath is yours. Show me where You want me to spend it and how You want me to spend it. Amen



CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON OFFERING EVERYTHING TO GOD



- Cody Carnes: Nothing Else
- Robin Mark: All for Jesus
- Matt Redman: Blessed be your name
- Lauren Daigle (ver): Here's my Heart Lord
- Matt Redman: Unbroken Praise
- Rend Collective: You are my Vision
- Tim Hughes: Everything
- Matt Redman: I will offer up my life



First Fruits
(Fr Mike Schmitz)