

VISION FOCUSES
OUR DECISIONS.
DECISIONS
DETERMINE OUR
DESTINY.



LIFE GOALS

JOHN 1:29-34

LIVE
without
REGRETS



ICEBREAKER



- What would you most like to be remembered for?
- Where do you see yourself in 5 years time? What kind of person do you want to be? What do you want to have achieved?

WATCH THIS VIDEO FROM FR MIKE SCHMITZ (DEVELOPING A CLEAR VISION IN LIFE) AND REFLECT ON THE QUESTIONS THAT FOLLOW:



Fr Mike thinks most people will get to the end of their lives and realise they wasted it. **Why will this be? What kind of life have they not chosen to live?**



How do we live lives of meaning? What do we need to have?

What kind of questions should we ask ourselves?

- Who is it I want _____?
- Who is it that God is _____?

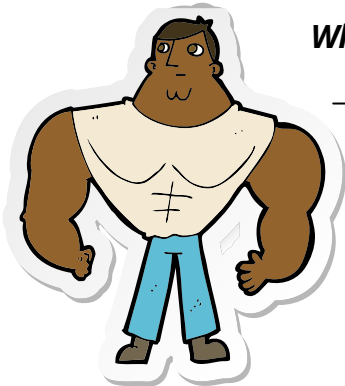
REFLECT: Have you spent any time thinking about this question in the last year or six months?

We should ask ourselves: "What is the vision God has placed in my heart of who He wants me to be?"

This does not mean: "How many people does He _____ or people to know _____ or for me to be _____ or _____."



What two things are body builders very clear about?



Vision focuses our _____. Without vision we have no parameters or principles to base on decisions on.

REFLECT: What kind of decisions do body builders or professional athletes make based on their vision?

Vision focuses our decisions. Decisions determine our _____.

If we don't orient our decisions towards the vision God places in our hearts, then we can get to the end of our lives and realise we have wasted it.



Do we need more time?

How many hours a week do we already have? _____

How do we spend that time? Is it oriented towards the vision or just wasted?

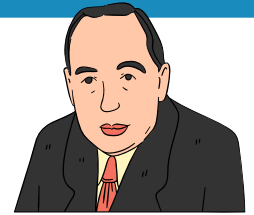


LIFE GOALS

JOHN 1:29-34



Fr Mike points out we don't just spend our time not doing what we _____ to do, but we don't even do what we _____ to do!
What do we settle for instead?



CS Lewis: Author of "The _____ Letters"

What can we do?

Ask these three questions:

- "God, what is Your _____?"
(be specific - what does God want you to look like in a year!)
- "What are the _____ I need to make?"
(keep it simple: what are the things in my life that are preventing me from that vision? What do I need to say no to?)
- "What is one _____ step I could take today?"
(something that if I continue it on a regular and consistent basis, not only will I not have wasted my life, but I'll become the person God has created me to be!)



Now Read John 1:29-34



Clarity can be a tricky thing, and yet when we don't have clarity, it leads to frustration and lack of peace. Jesus had total clarity about his goals in life. He knew what His mission was: to reconcile us to the Father, to show us how to live and to win eternal salvation for us. All His decisions, all His words and actions were oriented towards that goal, and He never lost sight of the Father's face or heart at any stage, even during His passion and death.

John the Baptist had very clear goals too. He knew He wasn't the Messiah. His goal in life was to prepare the way for the Messiah, to announce His coming, to prepare for it by calling people to repentance. All his decisions (quirky as some of them may have been, like wearing camel skin and eating locusts!) were oriented towards that goal.

Are we as clear about our goals? Do we know where we're headed and how to get there? Do we know who God has created us to be, and are we actively seeking to become that person? God's plan for us is the maximum of our happiness: let's make a start, a small step today towards realising His vision in our lives!

MISSION!

ASK YOURSELF THE THREE QUESTIONS FR MIKE POSED AT THE END OF THIS VIDEO:

- "GOD, WHAT IS YOUR VISION FOR MY LIFE?"
- "WHAT ARE THE DECISIONS I NEED TO MAKE? WHAT OBSTACLES DO I NEED TO REMOVE FROM MY LIFE?"
- "WHAT IS ONE POSITIVE STEP I CAN TAKE TODAY TO HELP ME ACHIEVE THAT VISION?"



PRAYER TIME!

God, what is your vision for my life? Help me to become that person, no more and no less. Help me to identify concretely the changes I need to make in my life, and to act decisively, so I can become the best version of myself. Amen



CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON DECIDING FOR GOD'S VISION



- Josh Wilson: I refuse
- Eleventh Hour Worship: Your Plans for Us
- Paul Baloche: Open the Eyes of my Heart
- Brian Doerksen: Today I Choose
- Matthew West: The Motions
- Rend Collective: You are my Vision
- Matt Redman: When All Is Said and Done
- Jenn Johnson: God I look to You



The Secret to Sticking to a New Year's Resolution
(Fr Mike Schmitz)



LIFE GOALS

1. GOD, WHAT IS YOUR VISION FOR MY LIFE?

(be specific - what does God want me to look like in a year's time!)



2. WHAT ARE THE DECISIONS I NEED TO MAKE?

(keep it simple: what are the things in my life that are preventing me from that vision? What things am I doing, what have I included in my life, what relationships are there that are obstacles to that vision? What do I need to say no to?)



3. WHAT IS ONE POSITIVE STEP I COULD TAKE TODAY?

(something that if I continue it on a regular and consistent basis, not only will I not have wasted my life, but I'll become the person God has created me to be!)



DATE:

SIGNED:

Vision
FOCUSES OUR
Decisions.



Decisions
DETERMINE OUR
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- FR MIKE SCHMITZ -