

RESOURCES

Supporting and resourcing Religious Education in post-primary schools in the Diocese of Waterford & Lismore as part of the Ascend Strategic Plan for Youth & Young Adult Ministry

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Diocese of Waterford & Lismore		
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Workshops & CPD

2022 / 2023





Certificate of Attendance can be issued to teachers / chaplains for each of these workshops.



Monday 3rd October: 7 - 8pm

Pope John Paul II Awards: What are they & how does my school get involved?

Nodlaig Lillis (Pope John Paul II Award Diocesan Coordinator) | Zoom | No Cost |

To register email jp2award.waterfordlismore@gmail.com



Tuesday 4th October - 29th November: 8.00 - 9.15pm

The Chosen Series: Season 2

Zoom Series | No Cost

To register email events@waterfordlismore.ie



Thursday 6th October: 7 - 7.45pm

Balance in Life Strategies:

Declan Browne (Post-Primary Advisor) | Zoom | No Cost | To register email postprimary@waterfordlismore.ie





Saturday 12th November: 10am-1pm

Using Lectio Divina in the Classroom: A guide to meditating with Scripture Apostles of the Sacred Heart of Jesus | Sacred Heart Convent, Cedar Lodge, Newtown Road,

Waterford | No Cost | To register email youthministry@waterfordlismore.ie



Saturday 25th February: 11am - 1.30pm (Mass is at 10am in the Chapel)

Engaging with the Rosary: Making Rosary beads & other resources

Maura Murphy (Holy Family Mission) & Nodlaig Lillis (Youth & Young Adult Ministry) Glencomeragh House | €20 to cover cost of supplies

NB: Attendees must register by December 20th to faciliate ordering supplies from USA.

To register email youthministry@waterfordlismore.ie



Saturday 22nd April: 10am-1pm

Liturgy in Schools: A Guide to planning School Liturgies

with ideas for Graduation liturgies)

Mary Dee (Diocesan Liturgy Committee) | St John's Pastoral Centre | No Cost To register email youthministry@waterfordlismore.ie

Locations:

- St John's Pastoral Centre, John's Hill, Waterford X91 HW9D
- Glencomeragh House, Kilsheelan, Co. Tipperary E91H584



Other Nates for your diary 2022 / 2023



Autumn 2022

Retreat Day for RE Teachers & Chaplains

For more info contact Declan Browne: postprimary@waterfordlismore.ie



Winter 2022

Youth 2000 National Christmas Retreat (ages 16-35)

Newbridge College, Newbridge, Co. Kildare For more info contact office@youth2000.ie

Diocesan Schools Music Competition

In aid of Mary's Meals

For more info contact Declan Browne: postprimary@waterfordlismore.ie

St Declan's Way: Camino to raise funds for Kenya Twinning Project

For more info contact Declan Browne: postprimary@waterfordlismore.ie



Spring 2023

National Gathering of Pope John Paul II Award Students

Knock Shrine, Co. Mayo

Date to be confirmed in March 2022

For more info contact Nodlaig Lillis: jp2award.waterfordlismore@gmail.com

Diocesan Retreat Day for Pope John Paul II Award Students

Glencomeragh House, Kilsheelan, Co. Tipperary

Saturday 29th April 2022

For more info contact Nodlaig Lillis: jp2award.waterfordlismore@gmail.com

St Declan's Way: Camino to raise funds for Kenya Twinning Project

For more info contact Declan Browne: postprimary@waterfordlismore.ie



Summer 2023

Campa Mhuire Mháthair Summer Faith Camps:

Dungarvan, Tramore, Ardmore

For children aged 5-13

For more info contact Nodlaig Lillis: nodlaig.lillis@waterfordlismore.ie

Kenya Twinning Project

For more info contact Declan Browne: postprimary@waterfordlismore.ie

Check www.waterfordlismore.ie for more information or follow us on Facebook / Instagram









ASCEND YOUTH & YOUNG ADULT MINISTRY

the official Youth & Young Adult Ministry for the Diocese of Waterford & Lismore.



Hi! My name is Nodlaig Lillis and I began working as Diocesan Youth & Young Adult Ministry Officer in September 2020. I am a native of the Cloyne Diocese and have been involved in youth ministry for over 20 years. My background is teaching, and I spent over 19 years teaching Religious Education and English in Doneraile, Co. Cork.

I have a Diploma in New Evangelisation and Youth Ministry, as well as a Certificate in Studies in Catechism of the Catholic Church from Maryvale Institute. My previous experience in ministry spans from serving as Extraordinary Minister of the Eucharist and Minister of the Word in my own parish, delivery of Sacramental Preparation Programmes for Children and their parents, Music Ministry, being a Youth 2000 Prayer Group leader, and also Parish Web design and Social media. A former Munster Regional Leader with Youth 2000, I was very also involved in the areas of Music Coordination and PR. I had the privilege of working for four years on "Teen SpiriT: A Celebration of Teen Talent and Christian Faith" in the Kerry Diocese, and for the past fourteen years I've really enjoyed worked extensively with Summer Faith Camps in Ardmore, Dungarvan and Tramore, as well as in the Cloyne, Limerick and Kerry Dioceses, including producing an online Campa Mhuire Mháthair in July and December 2020.

Currently my work in Ascend Youth & Young Adult Ministry involves producing free weekly To the Heights newsletters & resources for youth groups & RE classes (as well as the Faith@Home family newsletter and "Check it out" E-vents Bulletin; managing our Ascend online presence; coordinating the Pope John Paul II Awards; running young adult events such as Encounter; planning pilgrimages and retreats; being involved with Cherished Women's Ministry; running faith development courses on Zoom for young adults (and Pope John Paul II students in the coming months); and am currently developing a three year strategic plan for youth & young adult ministry in the diocese with our wonderful Strategic Team! A priority in this strategic plan is supporting our RE teachers and schools through REnewal Conferences and workshops, something very close to my own heart!

Check out our weekly resources / upcoming events on www.waterfordlismore.ie/youth-ministry

WEEKLY "TO THE HEIGHTS" NEWSLETTER & ASCEND RESOURCE Easy to navigate hyperlink pdfs | contemporary Video



Easy to navigate hyperlink pdfs | contemporary Video resources | Weekly Gospel reflection | Questions to reflect on | Feast day Calendar | Gamechanger Saints | Prayers for young people | Weekly Challenge | Puzzles | Recommended Apps | Upcoming events | Playlists | Testimonies | ...and more!







BUMPER THEMED RESOURCE PACKS: PRODUCED THROUGHOUT THE YEAR



Contact me:

If you have any questions or suggestions for how I can be of more assistance to you and your school, I'd love to hear from you!



- youthministry@waterfordlismore.ie
- (085) 8623704





POPE JOHN PAUL II AWARD



How does it work?

- There are 4 Awards Gold, Silver, Bronze and the Papal Cross.
- Awards are earned by taking part in Parish Involvement, Social Awareness, and preparation of a Reflection.
- The Papal Cross can only be undertaken by those who have achieved the Gold Award and requires a project rather than a reflection.

What is it?

The Pope John Paul II Award was created to commemorate the late Pope Saint John Paul II who was so committed to young people and who had such belief and confidence in them.

The Pope John Paul II Award enables young people in the Diocese of Waterford & Lismore to take an active part in the life of their Church – in the life of their community and society. It enables young people to become more aware of the teaching and role of the Catholic Church in the world, and to engage at a deep level with Christ.

The Award is committed to helping young people enhance their spiritual, physical, emotional and social development through participation in school, Parish, and community activities.

Who is the Award for?



- Anyone from the age of 16

 18 inclusive in 4th, 5th or
 6th year, or not in post-primary education.
- The Award is noncompetitive, flexible and voluntary and requires an ongoing commitment.

For more info:





- Email: jp2award.waterfordlismore@gmail.com
- https://thepopejohnpauliiaward.com/
- www.waterfordlismore.ie/pope-john-paul-ii-awards/



Zoom Information Session for Current Award Leaders and those interested in discovering how to run the award in your school or parish:

Wednesday 5th October, 7 - 8pm

To register email: jp2award.waterfordlismore@gmail.com or scan the QR code

HOLY FAMILY MISSION



WHO WE ARE:



Holy Family Mission is a residential Catholic community for young people aged 18-30 who desire to learn more about their faith and share it with others. It was established in 2016 and is based in Glencomeragh House, Co. Waterford.

Over 80 young people have made the courageous decision since Holy Family Mission began to take a leap of faith and be part of this community of young adults in the Diocese of Waterford and Lismore.

WHAT WE OFFER:

We provide a range of dynamic and relevant retreats for students of all ages in Primary and Secondary schools across Ireland. Our Mission Team are Garda Vetted and have received all necessary Child Safeguarding training. Our Retreats are led by young people, who are trained and equipped to know their faith, to put it into practice, and to share it with others.



There are **two options for the school retreats that we offer** – either onsite here at Glencomeragh House, or alternatively we can travel to your school or a chosen venue. Our retreat days can be tailor made to suit your needs and preferences.

Our retreat days can include:

- Engaging Talks and Personal Testimony
- Interactive Workshops
- Team Building Activities
- Games and Sports
- Prayer Meditation Reflection
- Sacramental Preparation
- Eucharist and Reconciliation
- Small Group Discussions
- Arts & Crafts
- Music, Drama, Video
- Hikes











For local schools, there is also an option to choose a surfing retreat where you can go surfing and learn about your faith. This option of retreat day is offered in partnership with **Freedom Surf School in Tramore, Co. Waterford.**

CONTACT US:

For more information or to book a school retreat please contact us at **info@holyfamilymission.ie** or call us on **052 613 3181**.

More details about our mission and history can be found on our website, or to download our School Retreat brochure please visit www.holyfamilymission.ie.



HolyFamilyMissionIreland



holyfamilymission



Holy Family Mission



Join with us online at www.churchservices.tv/glencomeragh

• Holy Mass: Monday 8pm | Tuesday - Friday 9am | Saturday - Sunday 10am

• Holy Hour: Tuesday - Saturday 7.30pm

• Rosary: Tuesday- Friday 8.30am | Saturday - Sunday 9.30am

On Monday 18th July, a small group from Waterford and Lismore Diocese arrived back in Ireland from a trip to Kenya. Five of us had gone out, two secondary school teachers, the Diocesan Advisor for Secondary Schools, the Director in Ireland for the charity Mary's Meals and myself, setting off early Monday morning the 11th July for Nairobi, Kenya. The purpose of our visit was to create a missionary outreach for the Diocese. In Bishop Michael Russell's time there was a very vibrant mission to Kitui in Kenya and the parish of St. Joseph and St. Benildus also currently has a mission in Kenya. The Secondary School teachers travelled because it was a personal dream come true for them and they wanted to bring their personal experience of Africa to their own students, creating links between schools, which would be of mutual benefit to schools in

After a brief time in Nairobi, we travelled to Eldoret and visited some schools there. Most of our time was spent in Northern Kenya in Turkana and the Diocese of Lodwar. This is an arid and desert area where there has been no rain for three years. Life is lived at a very basic level, many live in poverty. Putting food on the table is a constant struggle. The provision of water is a never-ending battle with some who travel several kilometres and back, bringing the precious commodity in plastic oil drums on motor bikes, bicycles, or on foot.

Kenya and here in the Diocese.







We saw at first hand, the work of the charity called Mary's Meals, which has a very simple philosophy - feeding children in school - children who would not get a meal at home every day and whose parents did not have the means or energy to feed them or send them to school on a regular basis. The provision of a meal in school each day ensures that they get fed and receive a basic education at the same time. The food is sourced locally as much as possible and is cooked and served by local volunteers, mostly mothers. Mary's Meals currently feeds almost 2.5 million children daily and is giving hope to many. In spite of all this poverty, we were met with a welcome the like of which we had never experienced. The sheer simplicity, humanity and joy of the local people touched us all. From the little they had they gave us gifts of traditional cloaks, straw hats and baskets and even an occasional goat.

At all the Eucharistic celebrations which we attended, the singing and dancing were uplifting and were something which we had never experienced before. At our last Mass on July 17th to a full Lodwar Cathedral there was no need for the priest to say "Lift up your hearts", that was quite superfluous.



It is our hope to build on our Kenyan experience. The Secondary School teachers desire to create a twinning of schools in Lodwar and here in the Diocese. Perhaps parishes here in Waterford and Lismore could link with a parish in Lodwar, not to be simple benefactors of a poorer people but very much as a relationship of equals, some with more material goods, others more spiritually rich.

The work of Mary's Meals too is a charity really worth supporting and all of our group saw the good fruits being produced by this organisation. We visited Nairobi on our last day. This bustling city was in stark contrast to Turkana.

mary's meals

a simple solution to world hunger

We saw slums where millions live. While apartheid was something associated exclusively with South Africa, it also existed in other parts of Africa including Kenya. There are parts of Nairobi today which still bear the effects of class distinction where some people are treated as second-class citizens because of their skin colour.

But there is much hope too. On our last day in Kenya our group visited Strathmore University in Nairobi which is one of the top academic institutions in all of Africa, forming students not only academically, but in terms of character, creating a new generation which will inspire native Kenyans to develop all the riches of their wonderful country.



Before we travelled to Kenya, we had been told of the work done by Irish Religious and Priests. We saw evidence of this everywhere we went. The Irish men and women who went over to Kenya as part of the SMA Fathers, the Loreto Sisters, the Ursuline Sisters, the Spiritan Fathers, the Sisters of Mercy, the Kiltegans, the Sisters of the Holy Rosary, the Franciscan Sisters, etc. founded schools, hospitals, clinics, care centres and dedicated their lives to building up a country which was not their own and yet became, for them, their life's mission to see flourish.

During our week in Kenya, we visited about twenty schools and it is our group's desire that we will play our part in reaching out to those less fortunate and yet who can teach us so many things.

- Bishop Alphonsus Cullinan

If you would like more information about how your school / parish can get involved in this Twinning Project or fundraise for Mary's Meals contact Declan Browne: postprimary@waterfordlismore.ie



PRAYER SPACES

OUR DIOCESAN STARTER PACK IS
DESIGNED TO GIVE YOU IDEAS AND THE
RESOURCES NEED TO TRY OUT PRAYER
SPACES IN YOUR SCHOOL.

- Prayer Spaces are a creative and interactive way to help children, young people and even adults to reflect and pray in a different way than they may be used to, giving them an opportunity to reflect on life's big questions and explore their faith in a new, personal and safe way.
- Prayer Spaces are often used as part of the Holy Spirit Retreat Day during an Alpha programme, but can be used at any time of the year, in a school or even a parish setting. With hundreds of tried and tested possibilities, themes and methods, prayer spaces can be tailored for a classroom experience, a retreat day, a dedicated week set-up... the possibilities are endless!
- Students and staff can encounter faith through experiencing the prayer spaces themselves, or can also run the experience for other groups e.g. primary schools, junior classes, Nursing Homes, their parish.

For more ideas and information about Prayer Spaces in Schools and the 24-7 Prayer Project check out https://prayerspacesinschools.com/about/





ALPHA YOUTH

INVITE A GENERATION TO EXPLORE LIFE, FAITH. AND MEANING.

Alpha Youth is a 9-week series that creates a space where young people will be excited to engage in conversations about faith.

Why run Alpha Youth?

In these challenging days, young people are asking big questions about life and meaning. Create an online space for them to wrestle with their big questions. Help them connect with each other and with God. Give them a place to turn to for answers.



How does it work?

- **Hospitality**: Build a deeper sense of community in each session, with important time for games, fun and food. Whether in person over pizza or virtually with a cup of tea, all sessions start with a time to connect, build friendships and have fun.
- Watch an Episode: Access the entire 13 episodes of the Alpha Youth Series for free. Each episode explores a different topic of the Christian faith with humour and insight. Challenge your young people to unpack the basics of the Christian faith.
- **Discussion**: Based on an easy-to-use interactive format, there is a discussion guide to help take conversations even deeper. There are also loads of simple ideas for anyone to host a dynamic small group discussion.

For more information about Alpha Youth go to https://alphaireland.org/alpha-youth or contact gerard.hanley@alphaireland.org or Sr Kathryn Press: waterford@ascjus.org



GIDEONS BIBLES



The Gideons International was founded in 1899 in the USA and now operates in 200 countries worldwide. Over 2 billion scriptures have been distributed. We have been in Ireland since 1963 where over 1/4 million bibles have now been distributed. We distribute God's word in the traffic lanes of life in hotels, schools, prisons, military, hospitals free of charge. Each year we visit secondary schools with a copy of the New Testament plus Psalms and Proverbs from the Old Testament for every 1st year student who wants them.

YOU CAN
NOW
DOWNLOAD
THE
GIDEONS
BIBLE APP

For more information about Gideons International or to find out how to avail of free Gideons Bibles for your first years, go to https://gideons.ie/schools.html

ST DECLAN'S WAY CAMINO





- After a great success of our St Declan's Way walk last year with 220 students walking 20km in aid of Mary's Meals from across 4 secondary schools, we are hosting three different walks over the course of this academic year.
- The idea is to build a vibrant Diocesan school community by bringing different schools together: to walk, share, have fun and to carry our own prayer intentions along the Pilgrim path of St Declan's Way.

First Walk: Before October midterm break / Second Walk: Before February midterm break / Third Walk: Before Summer break

MUSIC CONTEST



- It is intended to host Christian Music contest across different schools in the diocese.
- Phase 1: Regional contest
 - 1.Waterford City / Tramore Post-Primary Schools
 - 2. Dungarvan/Lismore Schools
 - 3. Clonmel/Cahir/Carrick-on-Suir schools.
- Winner of each region goes through to finals held Easter 2023.
- More information to be given over the next Month.

For more information about either of these projects contact Declan Browne: postprimary@waterfordlismore.ie

BOTH INITIATIVES ARE INTENDED AS FUNDRAISERS FOR MARY'S MEALS.

- Mary's Meals are a no-frills charity with a simple idea that works: by providing one good meal in a place of learning, children are drawn into the classroom where they can receive an education that could one day free them from poverty.
- €18.30 is all it costs to feed a child for a whole school year.
- Little Acts, Big Difference is a youth programme made up of six modules that introduces the life-changing work of Mary's Meals and invites you to become a part of this vibrant global family. Through short films and stories, you'll be transported to different countries and meet some of the amazing people who are working together to realise Mary's Meals' vision that every child receives one daily meal in their place of education.
- You'll also hear from some children who receive Mary's Meals in school and see that, while they are often facing many obstacles, their lives are being improved through community action and education.
- Just go to: https://www.marysmeals.ie/littleacts to sign up and receive:
 - o A teacher/youth leader guide, with six lesson plans
 - Complementary resource containing excerpts from the bestselling book
 The Shed That Fed A Million Children
 - Certificate to present to those who complete the programme











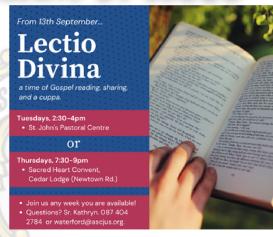


www.marysmeals.ie/

APOSTLES OF THE SACRED HEART OF JESUS

WHO WE ARE:

We are Religious Sisters based in Waterford City who provide assistance and support throughout the diocese in the areas of youth / young adult ministry, pastoral ministry and evangelization. The motto of the Apostles of the Sacred Heart of Jesus is "Caritas Christi Urget Nos - The Love of Christ Impels Us," summarizing the moving force of our lives. We believe that Jesus has called each of us to leave all to follow Him with an undivided heart and to reveal His heart to others.



HOW WE CAN HELP:

If you'd like to bring TYs on a hike on St. Declan's Way, if you want to know more about scripture and Lectio Divina, if you're interested in Alpha for adults or teens, if you need a speaker for your parish or prayer group—we'd love to hear from you.

CONTACT US:



waterford@ascjus.org



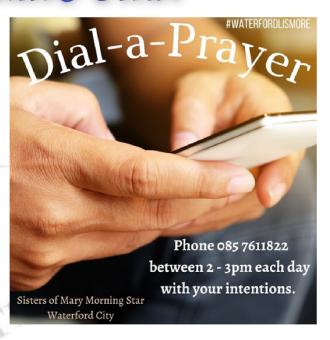
SISTERS OF MARY MORNING STAR

WHO WE ARE:

The Sisters of Mary Morning Star came to live in Lady Lane, Waterford in January 2019. We live a contemplative life in the heart of Waterford city, to be a visible presence of hope and joy. Our life is dedicated to prayer, fraternal charity and the search for truth. The community now has more than 250 sisters worldwide with Waterford as our only Irish community.

HOW WE CAN HELP:

We run a prayer initiative called "Dial a Prayer". We want to bring the intentions, thoughts and prayers of people in the Waterford and Lismore Dioceses to the Lord in our adoration and daily Mass, and so we make ourselves available for a phone call at 085 7611822 between 2pm -3pm daily.



Schools who are might be interested in bringing a small group to visit us in Waterford to learn more about the life of a religious sister are welcome to arrange a visit.

CONTACT US:



marymorningstar.ireland@gmail.com



https://mariastellamatutina.org/



Dial-a-prayer: 085 7611822 between 2pm – 3pm daily

SERVANT SISTERS of the Home of the Mother

WHO WE ARE:

We are Religious Sisters in Cahir. Our apostolate is centred on the Eucharist, Mary and youth. Among some of the things we do with youth include: summer camps, mission trips to Ecuador, retreats, workshops, and much more.

HOW WE CAN HELP:

Searching for meaning through the lens of Sr Clare Crockett.

A four-week module* looking at the life of Sr Clare, the Derry nun who died in the 2016 earthquake in Ecuador. How a talented actress left a life of fame and wealth to live for God and others—discovering the happiness and fulfilment she had been searching for. What she can teach us about our purpose in life, true identity and authentic happiness.



Prayer Workshop. A one to four-week module*. Would you like your students to have an experience of Christian prayer? We will take them through different types of prayer, culminating in an encounter with the Lord through music, meditation and recollection. "Prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for him" (St Augustine).

CONTACT US:

*Time can be adapted to the needs of each class

cahirshm@homeofthemother.org or 0876323883

SERVANT BROTHERS

of the Home of the Mother

WHO WE ARE:

We are religious priests and brothers based in the Diocese of Waterford & Lismore. Our apostolate is focused on Our Lady, the Eucharist and Young People.



HOW WE CAN HELP:

We offer talks for Religion Classes e.g What's the weight of Mass?" /"Missionary Life?" / "Sports and Faith" / "Padre Pio: the Miracle Worker" / Young Saints / The Miracle of Guadalupe / Eucharistic Miracles / God and Gaming March / The real Saint Patrick. We also offer Extracurricular activities e.g. Guitar Classes for Boys, John Bosco's Magic Tricks Club (*ideal for Pope John Paul II Award students*). We run one-day Youth Encounters for boys aged 14 upwards, one-day retreats for boys and girls (at no cost); online formation meetings for boys aged 14-17; excursions and pilgrimages, mission trips to Ecuador, and Summer Encounters. We also have a Catholic Media Production (Servants HM Films) with great resources for young people on YouTube.

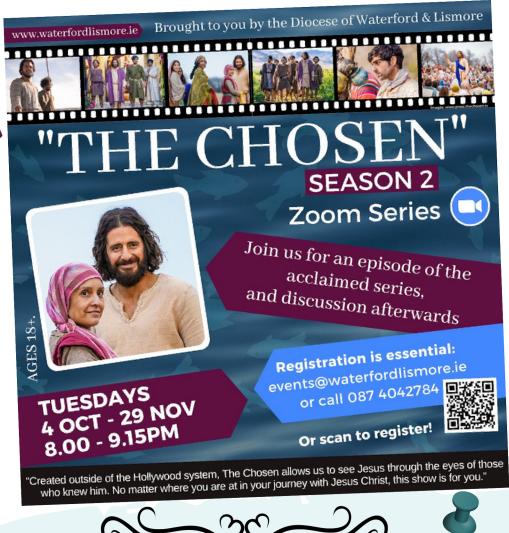
CONTACT US:



siervoswaterford@gmail.com



Diocese of Waterford & Lismore





Dear Teacher/Chaplain,

The Diocese of Waterford & Lismore invites you especially to be part of this upcoming zoom series on Season 2 of "The Chosen", an acclaimed production which brings the Gospel stories to life in an incredibly relatable and creative format, helping millions throughout the world encounter the person of Jesus and His disciples in a new and exciting way.

"The Chosen" could also be an excellent resource for RE Classes. A pdf resource for each episode will also be provided as part of this Diocesan series, which you are welcome to use in your own RE Classes.

We are also happy to provide a *Certificate of Attendance* for any RE teacher within the Diocese of Waterford & Lismore who would like to participate and gain CPD hours.

Nodlaig Lillis (Youth & Young Adult Ministry Officer)



29 September 2022, Glencomeragh House Feast of the Archangels Michael, Gabriel and Raphael

C: Chapel | CR: Conference Room | MH: Main Hall | D: Dining Area

9.00am

 C



Mass (participants welcome to join)

9.50am

MH



Registration / Tea & Coffee

10.15am

MH



Welcome, Prayer & Opening Address

10.45am

MH



Meet Holy Family Mission

11.10am

MH



Kenya Twinning Project

11.40am



Stretch Break!

11.55am

MH



What is Alpha Youth?

12.15pm

MH



Meet the Team

12.45pm





Lunch

1.45pm

CR MH



Session 1
Prayer Spaces / Ascend Resources

2.15pm

MH CR



Session 2 Ascend Resources / Prayer Spaces

2.40pm

МН



Closing Remarks and Prayer
Upcoming events / Distribute Resources

3.15pm



Home-time (or stay for tea & a chat!)