

To the Heights

THIRD SUNDAY IN ORDINARY TIME

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Month of the
Holy Name of
Jesus

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Ascend Youth Ministry



Year A

Hear



Click the Bible
image for this
week's readings
if you don't
have a Bible
handy!

Sunday Mass Readings

FIRST READING:

Isaiah 8:23 - 9:3

RESPONSORIAL PSALM:

Psalm 26(27): 1,4,13-14

SECOND READING:

1 Corinthians 1:10-13,17

GOSPEL:

Matthew 4:12-23

"And they left their nets at once
and followed Him."

Reflect



1. Which prophet is quoted at the beginning of this Gospel?
2. Where was Jesus for this Gospel story?
3. What was Jesus' message when he began preaching?
4. Who were the first disciples he called?
5. How did they respond?
6. How did James and John react to him?
7. What did Jesus do in the region of Galilee?

Game Changers

The Catholic Church's Liturgical
Calendar is crammed full of
inspirational saints and heroes,
or as we like to call them,
Game Changers!

Check them out on our web page!

24 January	St Francis de Sales
25 January	The Conversion of St Paul
26 January	Sts Timothy and Titus
27 January	St Angela Merici
28 January	St Thomas Aquinas



CHECK IT OUT:

AMEN APP



App Store



Play

The Amen app is the free Catholic prayer app from the Augustine Institute that inspires your daily conversation with God through faithful meditations and nourishing Scripture. Featuring Music, Meditations, Examinations of Conscience, Daily Mass Readings, One Minute Inspirations, Stories and Meditations for Sleep, Family Content and much more.

Amen



God, each hour is yours. each breath is yours.
Fr Mike Schmitz

GIVE GOD EVERYTHING? REALLY?

Ever get a little panicky when you hear about the Rich Young Man in the Gospel, or the fishermen, Peter, Andrew, James and John in this Gospel who gave up everything and followed Jesus? Does that radical kind of call scare you? It's ok if it does! It's also good to remember, like Fr Mike explains in this week's video, that not all followers of Christ were called to such a radical divestment of property and wealth! God knows your heart, and He knows your life situation. He knows what you need, as well as what you have. He knows how your time and gifts and possessions can be used for His glory and for the good of others. He's given all of that to us. Everything we have is actually His. All He's asking of us is that we realise that and give Him what He asks for on a moment to moment basis. It's like exercising a muscle - if we can hand over to God the small moments of our day, we'll be able to hand bigger decisions over to Him too! Let's not over-complicate practicing our faith. Each day, let's pray for the grace to recognise God's presence in our lives, and for the grace to be just as present to Him too in how we manage our time, our money, our stuff (which is His really!)

Puzzle



FIND THE WORDS FROM TODAY'S GOSPEL IN THE WORDSEARCH!

Andrew
brothers
Capernaum
curing
fishers
Galilee
Isaiah
James
Jesus
John
Jordan
kingdom
lake
light
Naphtali
nets
repent
shadow
Simon
synagogue
Zebedee
Zebulun

F	H	D	V	N	P	U	U	G	F	V	W	N	S	F	J	T
C	Q	R	D	O	S	S	S	I	N	E	T	T	E	O	O	N
H	Y	K	C	M	E	R	S	J	R	I	E	T	R	C	N	E
U	A	P	S	I	F	H	E	D	O	N	R	D	W	S	A	P
L	K	I	T	S	E	M	N	H	P	H	A	U	N	P	P	E
R	A	T	A	R	E	A	L	X	T	N	N	F	C	Q	H	R
U	F	D	S	S	W	C	A	B	E	O	L	I	G	H	T	B
I	X	N	Z	A	I	R	K	D	D	I	R	A	S	I	A	K
H	Z	E	B	E	D	E	E	S	R	V	V	B	H	M	L	F
J	A	M	E	S	B	M	U	A	N	R	E	P	A	C	I	E
H	U	G	F	B	O	U	E	U	G	O	G	A	N	Y	S	E
J	Z	W	X	D	W	L	L	D	N	J	S	U	S	E	J	L
L	S	K	G	A	O	G	H	U	F	N	D	J	M	G	M	I
Q	V	N	A	A	D	T	Y	N	N	Y	A	P	J	B	J	L
Q	I	F	G	L	A	B	P	V	X	J	P	W	W	X	Z	A
K	M	J	P	C	H	R	O	T	B	Q	R	S	W	E	L	G
Y	O	I	H	B	S	J	O	I	T	G	H	X	T	O	S	L

Pick one line from the gospel to reflect on this week!



TUNE OF THE WEEK

Nothing Else



Cody Carnes



WEEKLY CHALLENGE:



Practice being present to God this week and becoming aware of His presence to you. Before you begin each day, ask God how He wants you to spend your time & your money, and how He wants you to use the things you own. Listen for His promptings throughout the day. In moments of Difficulty, give them to God. In moments of joy, give them to God too!

God Is Asking You to Give Him Everything
(Fr Mike Schmitz)



Young Person's Prayer



God, I can't change the past. I can't know the future. All I have is this present moment and I give it to You. Each hour is yours, each breath is yours. Show me where You want me to spend it and how You want me to spend it. Amen



WHAT'S ON

Men's Prayer Group. St. Saviour's Church, Bridge Street, Waterford City. Every Wednesday evening, starts at 7pm: Exposition, Benediction, Faith Formation and Group Sharing. Led by the Servant Priests of the Home of the Mother

Lectio Divina: Join with the Apostles of the Sacred Heart of Jesus to prayerfully read the Sunday Gospel, share and enjoy a chat over a cuppa. No cost. No experience reading the Bible needed. Queries: Sr. Kathryn 087 404 2784. Tuesdays, 2:30-4pm- St. John's Pastoral Centre or Thursdays, 7:30-9pm- Sacred Heart Convent, Cedar Lodge (Newtown Rd.)

Intro to Theology of the Body Study Group, The Foyer of Charity, Dunmore East Waterford, X91 FC65. Tues 11am - 12.30pm. February 21- April 18. Prayer, DVD, Discussion, Tea/Coffee. Registration Essential: Helen 086 1678027 / hellywilliams@gmail.com

The Secret of Mary, St Louis de Montfort: The Foyer of Charity, Dunmore East Waterford, X91 FC65. Saturdays 11am - 12 midday. February 25th for 12 weeks. Prayer, Teaching, Cuppa. Registration Essential: Helen 086 1678027 / hellywilliams@gmail.com

GOD,
EACH HOUR IS
YOURS.
EACH BREATH
IS YOURS.

MATTHEW 4:12-23



BE PRESENT TO GOD

ICEBREAKER



If your house was on fire, what one object would you want to save and why?



WATCH THIS VIDEO FROM FR MIKE SCHMITZ (GOD IS ASKING YOU TO GIVE HIM EVERYTHING) AND REFLECT ON THE QUESTIONS THAT FOLLOW:



Fr Mike mentions a number of Biblical characters and saints who gave everything away to follow Jesus. Name three.

He draws a distinction between two questions

- How do I follow God with _____?
- How do I give everything _____?



Is every follower of Christ called to give everything away? YES ☐ NO ☐

Is every follower of Christ called to give God everything? YES ☐ NO ☐



God always speaks in clarity: wait for Him to speak, then act!

God is inviting you to give Him everything: that means giving Him _____ to everything. It involves shifting our mindset from "this is mine" to "God, this is _____".

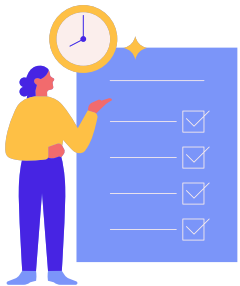
What kind of things in our lives are we managing for God?

How does Fr Mike suggest (like Pope Francis) that we can make an act of self-denial even when buying a car?



Give God your time - say to Him:

- "God each _____ is yours, each _____ is yours.
- _____ do you want me to spend it?
- _____ do you want me to spend it?
- My free time - what do you want me to do with it? It's _____!"



We can't change the past, we can't know the future, all we have is the present moment.

What is the only moment we can actively give to God?



LIFE GOALS

MATTHEW 4:12-23



How do we give everything to God?

Give Him this moment! Realise that it's His money, His stuff, His time.
Ask Him: "God, _____?"



Br Lawrence of the Resurrection said: "Every given moment God is _____. Are you _____?"

The more we give God each individual moment, these individual moments add up until they become an _____.



At times the moments can be _____
but others can be _____.



**Give everything
back to God!**



Now Read Matthew 4:12-23



Ever get a little panicky when you hear about the Rich Young Man in the Gospel, or the fishermen, Peter, Andrew, James and John in this Gospel who gave up everything and followed Jesus? Does that radical kind of call scare you? It's ok if it does! It's also good to remember, like

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MISSION:

PRACTICE BEING PRESENT TO GOD THIS WEEK AND BECOMING AWARE OF HIS PRESENCE TO YOU. BEFORE YOU BEGIN EACH DAY, ASK GOD HOW HE WANTS YOU TO SPEND YOUR TIME & YOUR MONEY, AND HOW HE WANTS YOU TO USE THE THINGS YOU OWN. LISTEN FOR HIS PROMPTINGS THROUGHOUT THE DAY. IN MOMENTS OF DIFFICULTY, GIVE THEM TO GOD. IN MOMENTS OF JOY, GIVE THEM TO GOD TOO!



PRAYER TIME!

God, I can't change the past. I can't know the future. All I have is this present moment and I give it to You. Each hour is yours, each breath is yours. Show me where You want me to spend it and how You want me to spend it. Amen



CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON OFFERING EVERYTHING TO GOD



- Cody Carnes: Nothing Else
- Robin Mark: All for Jesus
- Matt Redman: Blessed be your name
- Lauren Daigle (ver): Here's my Heart Lord
- Matt Redman: Unbroken Praise
- Rend Collective: You are my Vision
- Tim Hughes: Everything
- Matt Redman: I will offer up my life



First Fruits
(Fr Mike Schmitz)