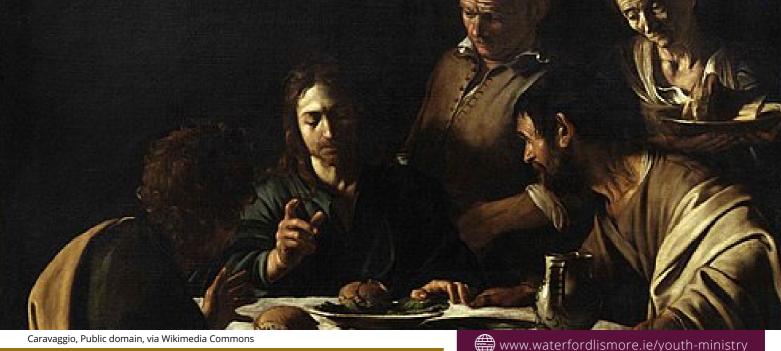
Diocese of Waterford & Lismore Youth Newsletter • Vol. 3 Issue 19 • 23 April 2023



3RD SUNDAY OF EASTER

Download from www.waterfordlismore.ie/resources or subscribe to receive by email!



Caravaggio, Public domain, via Wikimedia Commons

Year A

Click the Bible image for this veek's readings if you don't have a Bible handy!

Sunday Mass Readings

Acts 2:14, 22-33

Responsorial Psalm:

Second Reading:

First Reading:

Psalm 15(16): 1-2, 5, 7-11

1 Peter 1:17-21

Gospel: Luke 24:13-35

Game Changers

The Catholic Church's Liturgical Calendar is crammed full of inspirational saints and heroes, or as we like to call them, **Game Changers!** Check them out on our web page!

St Fidelis of Sigmaringen 24 April

St Mark, Evangelist 25 April

St Louis Marie Grignon de Montfort 28 April

St Catherine of Siena 29 April



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Ascend Youth Ministry

Scripture quote:

"Did not our hearts burn within us as he talked to us on the

Game Change



2. What was the distance between Jerusalem and

3. Why do you think the disciples didn't recognise Jesus when he joined them?

4. What did Cleopas summarise for Jesus?

5. Why did Jesus call them "foolish men"?

6. When did the disciples finally recognise that it

7. What did Jesus do at that moment?

8. How did the disciples react? What did they do

9. What two parts (liturgies) of the Mass are referenced in this story (on the road and at the

CHECK IT OUT: SUPERBOOK WWW...













Superbook teaches children timeless moral truths and life lessons through the captivating, Bible-based adventures of two time-traveling children and their robot friend. Travel back with Chris, Joy, and Gizmo and get ready for the journey of a lifetime! The familiar and the futuristic interact with ancient people, places and events to create a sense of wonder, anticipation, empowerment, and personal breakthrough as the children witness God's interaction with man. Superbook is always an exciting journey, full of discovery - with a transformational outcome.



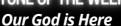


Then the two told what had happened on the way, and how Jesus was recognized by them when he broke the bread.

EYE-OPENING, LIFE-CHANGING

It's a long Gospel passage, it spans a fourteen mile round trip from Jerusalem to Emmaus! We can easily find ourselves on that journey with two of Jesus' disciples also. We can often get so caught up in our own worries and what's happening around us that we don't even recognise Jesus with us in our lives. Yet this story shows us how powerfully Jesus is present vin both Sacred Scripture and the Holy Eucharist. It was only when Jesus had taken, blessed, broken and shared the bread (the Eucharist) that the disciples recognised Him, and understood why their hearts burned with excitement as He explained the Scriptures to them on the road there. Jesus vanished at that moment: He was no longer physically with them in his human body, but He was truly present with them in the Holy Eucharist.

There are incredible stories of Eucharistic Miracles out there for us to read: inexplicable manifestations of God's power at work through the Holy Eucharist. Read them! Blessed Carlo Acutis managed to catalogue them in a website he created before he passed away at age www.miracolieucaristici.org But more important than that, if we want to get to know Jesus and really understand His Eucharistic presence, we need to spend time with him. At Mass Catholics have the incredible privilge of receiving Jesus, Body, Blood, Soul and Divinity through Holy Communion. We can also sit or kneel in His presence in a Church, maybe even read a passage from the Gospels, or just pray in silence. We can ask Jesus to show us that He is really there... and He will!





WEEKLY CHALLENGE:

Is there Eucharistic Adoration available in your parish? If not, find a time when you can visit the church this week to pray in the presence of the Blessed Sacrament in the Tabernacle. Speak to Jesus as you would speak to a friend. Ask Him to show you that He is really there, and that He really wants to be close to you, and to help you in every area of your life.

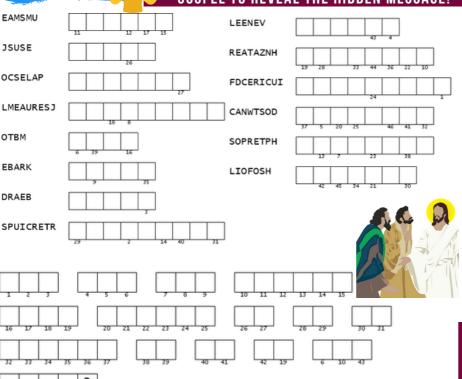
Fr Mike Schmitz: How the Eucharist Changed My Life

Joung Person's Prayer

Jesus, help me to recognise you more and more in my life, especially your presence in Scripture and the Holy Eucharist. Amen



UNSCRAMBLE THE WORDS FROM TODAY'S **GOSPEL TO REVEAL THE HIDDEN MESSAGE!**



WHAT'S ON

Café Theology: Former chaplain to the queen of England, protestant Bishop and convert to Catholicism, Gavin Ashenden will speak at Café Theology on Monday April 24th at 7.00pm in the Granville Hotel

Diocesan Pilgrimage to Knock: by bus Under the leadership of Bishop Cullinan, Sun 7th May. Tickets €30. More info on www.waterfordlismore.ie

Family Day: Holy Family Mission, Glencomeragh House, Sunday 14th May, 10am – 3pm. Bring a packed lunch! Booking is essential: email info@holyfamilymission.ie

Catholic Mother's Association Retreat Day: Holy Family Mission, Glencomeragh House, Saturday May 13th. Contact Sinead for more info at (086) 0528282

Weekly Holy Hour and Confessions: St Mary's Parish, Cahir. Eucharistic Adoration on Thursdays from 7-8pm. Fridays: Eucharistic Adoration and Confessions at 11am (after the 10:30am Mas)

Pick one line from the gospel to reflect on this week!



WHAT ARE YOUR THOUGHTS / FEELINGS ABOUT GOING TO MASS? (BE HONEST!)

WATCH THIS VIDEO FROM FR MIKE SCHMITZ: "HOW THE EUCHARIST CHANGED MY LIFE" AND ANSWER THE QUESTIONS THAT FOLLOW





Can you relate to any of the feelings Fr Mike had about Mass as a child / young teenager?

What changed for Fr Mike when he was 15?

What do Catholics believe happens during the Mass?

- The bread becomes
- The wine becomes

Mike realised the Eucharist was not a symbol but it was really Jesus.



What does he say is the most tragic statistic he has ever heard?

What was the first talk he ever gave in a church and also as an ordained priest about?

What does he hope the last thing he'll ever say this side of heaven will be?



Which three Gospels quote Jesus' words: "This is my Body, this is my Blood"?

In John 6, what did the crowds come looking for? ______

What did Jesus offer them instead? _____



In other Gospel stories, Jesus described himself in a figurative (symbolic) way: give 2 examples of what he called himself.

Instead of saying he was speaking figuratively in John 6, what does he reiterate 5 times?

By saying "Amen, Amen I say to you", what was Jesus indicating about his words?

In Greek, what other words for "eat" are used by Jesus to make his point?



TRUST THE PROCESS

LUKE 24:13-35

Fr Mike claims that this belie	f that Jesus is truly present in the Eucharist is worth
The heart of Christianity is that God so loved the world He gave His Beloved Son; and His Beloved Son so loved the world that He gave us	
Jesus is Emmanuel: God with us, and in the Eucharist He continues to be with us. We are never	
in i or a	God has given everything to be close to you.

Now Read Luke 24:13-35

It's a long Gospel passage, it spans a fourteen mile round trip from Jerusalem to Emmaus! We can easily find ourselves on that journey with two of Jesus' disciples also. We can often get so caught up in our own worries and what's happening around us that we don't even recognise Jesus with us in our lives. Yet this story shows us how powerfully Jesus is present

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IS THERE EUCHARISTIC ADORATION AVAILABLE IN YOUR PARISH? IF NOT, FIND A TIME WHEN YOU CAN VISIT THE CHURCH THIS WEEK TO PRAY IN THE PRESENCE OF THE BLESSED SACRAMENT IN THE TABERNACLE.

SPEAK TO JESUS AS YOU WOULD SPEAK TO A FRIEND. ASK HIM TO SHOW YOU THAT HE IS REALLY THERE, AND THAT HE REALLY WANTS TO BE CLOSE TO YOU, AND TO HELP YOU IN EVERY AREA OF YOUR LIFE.



PRAYER TIME!

Jesus, help me to recognise you more and more in my life, especially your presence in Scripture and the Holy Eucharist. Amen



CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON JESUS' EUCHARISTIC PRESENCE



- Chris Muglia: Our God is Here
- Elevation Worship: O Come to the Altar
- Matt Maher: Remembrance (Communion Song)
- Jim Cowan: This is Jesus

- Boyce & Stanley: Bread of Life
- Audrey Assad: Receive
- Kari Jobe: The More I seek you
- Shane & Shane: Psalm 34 Taste and See







- ST CATHERINE OF SIENA -

