

How can I help to keep myself and other children safe?



If an adult in the church is hurting you or someone you know then you should tell an adult you trust or ring any of the following:

Designated Liaison Person:
Fr John Harris (087) 9661959

Deputy Designated Liaison Person:
Ms. Anne Walsh (089) 4858845

Tusla, Child & Family Agency:
(051) 842827
Gardaí: (051) 305300



Other numbers that you can call for help:



Barnardos
1850 222 300

Childline
1800 666 666
or **Text Talk** 50101



Safeguarding Children

Information for young people

We believe that every child is precious and has a right to be kept safe from harm or abuse.



Every adult in the church has to help keep children safe by following the Diocesan Policy for Safeguarding Children.



What does the Policy say?

The policy says that adults should:

- Treat children with respect at all times
- Never shout at children.
- Never hurt children.
- Always keep children safe from adults who could hurt or abuse them.
- Make sure children treat each other with respect.



What is Abuse?

Abuse can be...

- **Physical:** hitting, kicking, shaking or hurting a child physically
- **Emotional:** making a child feel unloved, stupid or scared
- **Sexual:** making a child take part in sexual acts
- **Neglect:** depriving a child of food, warmth or education
- **Bullying**



What should I do if someone hurts me?

If someone hurts you or makes you feel uncomfortable or upset you should always...



- Tell them to stop: Say No!
- Get away from them
- Tell an adult you trust



It is never your fault if someone hurts you and you should never keep secrets about it!