

TRUE

FALSE

“Where I found truth,  
there found I my God,  
who is the truth itself.”  
St Augustine

CHECK OUT WHAT  
CATECHISM OF THE  
CATHOLIC CHURCH  
SAYS ABOUT TRUTH  
CCC 159

# PHILOSOPHY 101: TRUTH

LIST 2 THINGS YOU BELIEVE PASSIONATELY (E.G. ABOUT SPORTING TEAMS / MUSIC / FOOD ...)

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WHAT DO YOU DISAGREE WITH YOUR FRIENDS MOST ABOUT?

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WATCH THIS VIDEO FROM FR MIKE SCHMITZ, "WHAT IS REAL TRUTH?"  
AND REFLECT ON THE QUESTIONS THAT FOLLOW



What is the big question, the first question which needs to be asked by any philosopher or someone who wants to grow in knowledge? \_\_\_\_\_

What is Fr Mike's simple definition of Truth? \_\_\_\_\_

A statement can be true or false to the degree it conforms to \_\_\_\_\_.

Having "my truth" and "your truth" are examples of s\_\_\_\_\_ truth.

Give 3 examples of a subjective truth  
(you don't have to use ones from the video).

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SUBJECTIVE Truth is about the \_\_\_\_\_ (the one speaking). It is telling you something about the person speaking, but not something outside of them.

What kind of problems does having subjective truth only lead to?

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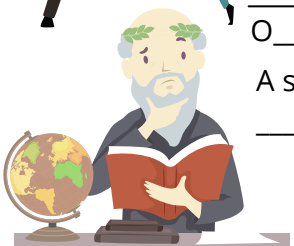
O \_\_\_\_\_ truth is about the object and is typically independent of the subject.

A statement is objectively true or false regardless of whether I \_\_\_\_\_,  
\_\_\_\_\_ it or \_\_\_\_\_ it.

Give 2 examples of a objective truth (you don't have to use ones from the video).

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**The Principle of Non-Contradiction** means that something cannot be and not be at \_\_\_\_\_  
\_\_\_\_\_ and in \_\_\_\_\_.

# PHILOSOPHY 101: TRUTH

JOHN 14:1-12



**A statement like "God exists" / "God doesn't exist" is either objectively true or false. It cannot be both true and false in the same way at the same time.**

What do Catholic Christians believe about Jesus?

Why are all Christians either right or wrong about this?

**God either exists or doesn't exist. Jesus is either God or not God. These statements are not subjective, but involve a truth outside of us!**



*Now Read John 14:1-12*



In today's Gospel we hear the often quoted line, "I am the Way, the Truth and the Life." Jesus does not present himself as *a* way, *a* truth and *a* life... but as the definitive way, the only truth and the life. Christians believe that Jesus is God, the 2nd person of the Trinity. That statement is either true or false. He cannot both be God and not be God at the same time. The mystery of the Incarnation, God becoming Man, is central to Christianity. Does it make it easy to comprehend? Not always! Yet here we have a God, so invested in humanity, so in love with us that He took on flesh, becoming a tiny baby, suffering our weakness and limitations, to live like us, to show us how to live and to die for our sake. God's love for us is real, tangible - that's the truth.

Truth is a difficult thing in today's world. Subjective truth and emotions seem to be the guiding factor most of the time. People can shy away from acknowledging objective truth for fear of offending others' beliefs. Yet, this is the question we each should ask ourselves: is Jesus God or not? He doesn't allow us the option to see Him as just a nice guy or a good teacher. If Jesus is what He said He is, if He is God, if He is the source of all Truth, if He is the Way to Heaven and the Life that we are all searching for, shouldn't we be listening to His voice more?

**MISSION!**

THIS WEEK, TAKE SOME TIME TO REALLY CONSIDER WHAT IT IS THAT YOU BELIEVE ABOUT JESUS CHRIST. MAYBE IT WOULD HELP TO WRITE YOUR IDEAS DOWN. DO YOUR BELIEFS ABOUT JESUS MATCH WHAT THE CATHOLIC CHURCH TEACHES? SPEND TIME IN PRAYER ASKING JESUS TO REVEAL HIMSELF TO YOU, AS HE IS, NOT AS YOU IMAGINE HIM TO BE.

Check out some basic beliefs here: <https://www.catholic.org/clife/jesus/webelieve.php>



**PRAYER TIME!**

*Lord, grant that I may always pursue the Truth, and settle for nothing less, knowing that you are the Way, the Truth and the Life. Amen*



## CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON JESUS, THE WAY, THE TRUTH AND THE LIFE

- Pat Barrett: The Way (New Horizons)
- New Wine: Jesus the Truth
- Jonathan David Helser: Father of Jesus
- Selah: How Deep the Father's Love for Us
- Celebration Music: The Way The Truth The Life
- Jillian Edwards: Let not your heart be troubled
- Cory Asbury: The Father's House
- Ryan Ellis: Heart of the Father



Fr Patrick Cahill: My Truth?



Why We Should Stop Saying "My Truth" (Fr Mark Mary CFR)