

EXTRAORDINARY MINISTER OF HOLY COMMUNION



Guidebook

Diocese of
Waterford & Lismore



IMPORTANCE OF EUCHARIST

The Eucharist is the body of blood of Jesus Christ, the Son of God.

The bread and wine are transformed by the Spirit of God to become the Body and Blood of Christ

**The Eucharist communicates the Lord's love for us: a love so great that it nourishes us with himself;
a freely given love, always available to every person who hungers and needs to regenerate his own strength.**

(Pope Francis - Homily St. John Lateran Square, 19th June 2014)

**By receiving communion, we meet Jesus truly living and risen!
Taking part in the Eucharist means entering into the logic of Jesus, the logic of giving freely, of sharing.**

(Angelus, St. Peter's, 26th July 2015)

The Eucharist, source of love for the life of the Church, is the school of charity and solidarity.

Those who are nourished by the Bread of Christ cannot remain indifferent to those who do not have their daily bread.

(Angelus, St. Peter's, 7th June, 2015)

Helpful Guidelines

- Always have a sense of reverence in your Ministry
 - Leave your seat as a group of Ministers just after the Our Father, and genuflect or bow to the Altar
 - No need to rush
 - Stand at the side of the Altar after you have washed your hands
 - Receive from the Chalice after the Priest has received
 - Reverently hold the Ciborium in your hands as you make your way to your appointed place
 - Do not engage in conversation with another Minister during this time.
 - Facilitate the Communion Procession by not moving towards the line coming towards you. Remain in your spot.
 - As you share the Body and Blood of Christ, look to the person in front of you, gently raise the Host and say "The Body of Christ". Allow a moment for their response of Amen.
 - If the Sacred Host should fall, remain calm. Consume the Host yourself, or place it under the Ciborium. Place it in the water bowl when you come back, and tell the Priest that it is there.
 - If a child comes to you, bless them like you would your own children.
 - Leave the Sanctuary area as a group of Ministers, again reverencing the Altar by genuflecting or bowing.
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***To live the experience of faith
means to allow oneself to be
nourished by the Lord and to build
one's own existence,
not with material goods but with
the reality that does not perish:
the gifts of God,
His Word and His Body.***



Diocese of Waterford & Lismore Liturgy Commission