





Season 2







BROUGHT TO YOU BY THE DIOCESE OF WATERFORD & LISMORE IN ASSOCIATION WITH THE APOSTLES OF THE SACRED HEART OF JESUS





THE CHOSEN SERIES 2 CAN BE VIEWED ON VIDANGEL BY CLICKING HERE

"Sometimes you've got to stir up the water."

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"(I make a way for people to access that kingdom. But in this world, bones will still break, hearts will still break, but in the end the light will overcome darkness."

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#Czel Sed To Different



Getting Started

PRAYER

Ensure you have a back-up in prayer for the team and participants before and as you run this series!

MATERIALS AND RESOURCES

- Series is available to stream free of charge on www.thechosen.tv or you can purchase DVD Box Set (see Bonus Content Page for more details)
 - A strong wifi connection to stream on zoom or play in an in-person setting (ensure that whoever is streaming the episode has strong, consistent wifi)
- Episode links (see next page for hyperlinks)
- Large Screen / white wall, and projector (or use TV if in your own home / with a small group!)
- Follow-up Handouts (for participants to take away / email the following day)
- Enough hosts & helpers for your share groups.
- · Discussion questions in advance
- Music to play for prayer time (if using)
 - Having gentle background music playing as people come in (on Zoom or in person) can help create a welcoming atmosphere.
 - Click here for an example: <u>Spontaneous Worship | Two Hours of Worship Piano</u>
- Tea/Coffee facilities if in person.

FORMAT e.g 8.00pm - 9.15pm

- Team logs in / has briefing at 7.45 (prayer outline of session ahead)
- Session starts at 8 with MC Welcome (Tech Host input if necessary)
- Watch Episode (turning Captions/subtitles on is helpful for those with hearing difficulties)
- Small groups (with questions)
- · Gather together in main group for final song and prayer intentions
- Tea / Coffee (if in person)
- Team stays on for 10-15 debrief and pray together afterwards
- · Alert people the week before if the episode will run a little longer the following week

ROLES / VOLUNTEERS

- MC
- Tech Host (if on Zoom see below)*
- · Decide who will play video each week
- · Hosts and Helpers
- Hospitality (Tea / Coffee) / Set-up / Clean-up

*Tech Host Role:

- Schedule Meetings / send zoom links & follow up emails
- Admit participants from Waiting Room
- Provide Support for those having difficulty with muting etc
- Manage Break out rooms
- Play video (this can be done by someone else also)
- Mute people during Episode and Prayer time at end
- Keep an eye on Chat feature
- Post questions in chat for discussion in small groups before opening breakout rooms

SAFEGUARDING:

- If running "The Chosen" series with Under 18s, please liaise follow the Safeguarding Children Policy and Procedures, available to download on www.waterfordlismore.ie/safeguarding-children
- $\bullet \ \ Please\ refer\ to\ your\ own\ Diocesan\ Policy\ if\ operating\ outside\ the\ Diocese\ of\ Waterford\ \&\ Lismore.$

- These roles can overlap.
- If on Zoom we recommend that the MC and Tech Host do not lead share groups also.

GDPR

 Please ensure you comply with Parish / Diocese GDPR guidelines when sending emails / creating database of participants





Episode Links

THE CHOSEN – SEASON 2

1. Thunder

 $\underline{https://watch.angelstudios.com/thechosen/watch/episodes/season-2-episode-1-thunder?ap=true}$

Episode Length: 64 mins

2. I Saw You

https://watch.angelstudios.com/thechosen/watch/episodes/season-2-episode-2

Episode Length: 52 mins

3. Matthew 4:24

https://watch.angelstudios.com/thechosen/watch/episodes/season-2-episode-3-matthew-4-24?ap=true

Episode Length: 36 mins

4. The Perfect Opportunity

https://watch.thechosen.tv/episode/season-2-episode-4-the-perfect-opportunity

Episode Length: 58 mins

5. Spirit

https://watch.thechosen.tv/episode/season-2-episode-5-spirit

Episode Length: 47 mins

6. Unlawful

https://watch.thechosen.tv/episode/season-2-episode-6-unlawful

Episode Length: 44 mins

7. Reckoning

https://watch.thechosen.tv/episode/season-2-episode-7-reckoning

Episode Length: 42 mins

8. I Am He

https://watch.thechosen.tv/episode/season-2-episode-8-beyond-mountains

Episode Length: 56 mins

Chosen Series 3 Trailer:

https://watch.thechosen.tv/episode/official-season-3-trailer

Since The Chosen series has been made freely available to watch by the Creators, we do encourage you to show the introduction clips rather than skipping them, as a sign of respect for the work that this incredible production team and inspirational director are doing. (It's helpful to explain this before you show the clip.)

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Season 2: Episode Guide

Episode	Additional Hints	Suggested Song
Ep. 1 <u>Thunder</u> 60 mins.	Begin with introductions. After - ask people what their expectations were.	What a Beautiful Name it is - Hillsong
Ep. 2 <u>I Saw You</u> 52 mins.		Come and See - Matt Redman
Ep. 3 <u>Matthew 4:24</u> 36 mins.	Online version starts with a short ad from Dallas Jenkins. This is important as it reminds us of what has happened so far in this season.	Changing Me - Anna Golden
Ep. 4 <u>The Perfect Opportunity</u> 56 mins.		Waymaker - Leeland
Ep. 5 <u>Spirit</u> 46 mins.		Jesus Messiah - Chris Tomlin
Ep. 6 <u>Unlawful</u> 42 mins.		You Say - Lauren Daigle
Ep. 7 <u>Reckoning</u> 41 mins.		Our Father - Hillsong Worship
Ep. 8 <u>Beyond Mountains</u> 45 mins.	There's extra at the start/end of this episode when watched online.	Blessed - Vertical Worship
Week 9 *Extra*	We recommend taking an additional week after the season is over to reflect on this experience. It's a time of deeper fellowship and gratitude to God.	The Chosen Season Two Music Video (Firm in the Faith)



MC Guide

- The role of the MC is to guide the flow of the session and be a welcoming familiar face for the group each week. The MC does not need to be a Biblical Scholar! A good MC is friendly, a good communicator, creates a positive, welcoming and calm atmosphere.
- The MC can also be responsible for playing the episode, or this can be done by the Tech Host otherwise.

TIPS

- Check in advance that you have everything you need for the session: episode length / questions / announcements etc
- Start and finish on time (mindful that some episodes are longer than others).
- Know approximately how long the episode will be: *Tip: You can set a (silent) timer on your phone for 5 minutes less than the episode length so you'll know when to turn on the kettle.*

SAMPLE "SCRIPT" FOR MC

• Introduction:

CHOSEN

Welcome to everyone – small talk.... explain structure for the evening: watch episode / small groups / short time of prayer / tea/coffee and chat!

Introduce Episode (and press play!)

• After Episode finishes:

Comment briefly on Episode, then encourage people to go to their small groups. Tell them when to be back in the main session again.

After Share groups:

Thank everyone for participating in our share groups. Introduce a short time of prayer. If you would like this to be a quiet time, you can play the suggested song for each episode and allow people to pray silently as they listen, or to vocalise their prayers, or even write them as intentions.

• After music:

Thank people for coming. Invite them to join for tea/coffee. Any announcements about week. Take a follow-up handout with them as they leave.

If on Zoom:

• Introduction:

Explain you will just just wait a minute or two until everyone is logged in. Make small talk. Explain structure for the night: Watch episode / time of share groups / short time of prayer.

Introduce the episode: explain that people might like to turn off their camera while they watch if it helps with bandwidth. (Note: for U18s, the policy is to leave cameras on)

• After Episode finishes:

Tech Host posts questions in chat - explain to people they are now going to their breakout rooms / duration / back for brief prayer at the end in the main session

• After breakout rooms:

Explain: Play piece of music and encourage people to write their intentions in the chat feature, pray for each other.

• After prayer:

Thank everyone for coming - follow-up email being sent tomorrow - announcements



Share Groups

Aim:

• To allow people the time and space to process what they are watching

Leaders:

• Choosing the right hosts and helpers is key. They do not need to be biblical scholars. Rather, you are looking for people who are friendly, encouraging and can facilitate good discussion in a group, rather than dominating the conversation themselves.

Organising the group:

CHOSEN

• Groups of approximately 8 work well. Smaller than this can put pressure on people to speak. Larger than this means people do not always have enough time to share. It works well to keep the same people in a group each week so they get to know each other better as the weeks go along, which lends itself to deeper sharing and reflection.

Duration:

• 15 - 20 mins per episode (some episodes are longer, so the time in share groups may need to be shorter)

What to discuss:

• Suggested questions for each episode. You may not get through all the questions, or you may end up discussing a different angle -that's okay! What is important is that people are engaging meaningfully with the videos. Hosts may find it helpful to use an icebreaker question at the beginning of the first few sessions, or just a check-in on how people's weeks have been.

Prayer:

• As the weeks go on, you might like to include a time to pray together at end of share group if the group dynamic lends itself to that. Maybe particular needs of the group come up in discussion it would be lovely for the group to be able to pray for each other. Encourage each group to pray for each other throughout the week.

ROLES

Host:

serves as the facilitator for the small group discussion time, introduces the icebreaker, the
questions, draws people in and encourage them to answer, keeps an eye on time and draws the
small group session to a close

Helper:

- supports the host and makes sure that participants feel welcome; assists in building relationships in the group; keeps an eye out for who is engaging and who is shy and needs some encouragement, prays (silently) for the participants in the group. (On Zoom: Can use the chat feature, not to distract from conversation or start a separate chat, but to type affirming comments etc.)
- NB: Both are responsible for creating a warm, friendly and welcoming environment
- Try to strike the balance between allowing enough silence for people to process questions and it just being plain awkward! Say a silent Hail Mary for your group while you're waiting!





Share Groups

KEY TIPS FOR A GOOD SMALL GROUP SESSION:

- Do a quick round of intros (when you have new people) name and where they're from (don't spend too long on this).
- Encourage people to listen to each other and share, and ask that people respect confidentiality so that what anyone says is not repeated back to them in the supermarket next week
- Ask open-ended questions
- Be encouraging and affirming, be yourself!
- Don't be afraid of silence: some people need more time to process a question before they respond. If no one responds, you can rephrase the question or repeat it. All else fails, change the question.
- Don't answer every question. Your job is to facilitate discussion, not to teach. You can say something like, "that's a good question for everyone to think about, what does everyone else think?" Open things up to the whole group, try not to add new content yourself. Don't pretend you know the answers: you can always say, I don't know, but I'll find out and get back to you!
- If someone is talking a lot or very off topic, you might need to redirect them with something like, "Ok Ben, thanks for that. Let's hear what some other people think now..."
- If you don't get through all the questions, no problem. The whole point of the series is to help people reflect on where they are going in their own lives and journey of faith, and to see what we can learn from each of the sessions and apply it to our own lives or reflect on it in some way. We want to build fellowship as well as faith. Some prefer to listen more and that's ok too.
- Pray, pray, pray: for the series Team, for all the participants and especially for your small group.
- Disclosures: If you think someone is about to make some kind of disclosure, it's important to cut them off gently but firmly reminding the group that this isn't the place to make disclosures of a personal nature, but that the MC and host will be available to chat after the meeting if they would like to, or other contact details for who they can talk to are available on the waterfordlismore.ie website. You must bring this to the attention of the MC/Host after the meeting. If working with U18s, follow the Diocesan Safeguarding Children Policy and Procedures.

FACILITATING A SMALL GROUP ON ZOOM

- Take a few moments to help participants understand the platform (if necessary), unmute / chat.
- Encourage all guests to be on video, not just audio.
- Encourage them to join in a quiet environment if possible.
- Ask everyone to unmute during discussion (unless in a noisy setting).
- Invite the guests to use Gallery view to see all the other participants.
- Encourage people to use the chat feature if they're a little shyer. The Helper can encourage this by posting comments / affirmations there too.





Season 2 | Episode 1: Thunder

SUMMARY:

Tension builds among the disciples as Jesus' ministry and fame continues to spread through Samaria following Jesus' encounter with Photina, the woman at the well. In a flash-forward scene we meet John recording eye-witness accounts of the disciples during a period of "shiva" (mourning).



REFLECT ON ANY OF THE FOLLOWING QUESTIONS:

- Who did you meet in this episode?
- Which character can you relate to the most? Who do you struggle to identify with?

 What struck you the most from this week's episode?
 Were you surprised or challenged by anything?
MEDITATE:
Scripture Passage(s) for this week: John 1 Luke 15: 1-7 Matthew 4:18-22 Luke 10: 25-37
Note any words or phrases that stand out to you.
ACT:
What is it you think the Lord is calling you to do this week?

Suggested Playlist for the Week:

- What a Beautiful Name it is Hillsong
- Here I am to Worship Tim Hughes
- Goodness of God Bethel Music

Click title to watch on You Tube

- Leaving 99 Audio Adrenaline
- Broken Vessels Hillsong
- Fr Mike Schmitz: Does God love some people more than others?

Find out more about "The Chosen" (F) (O) (F) in (D)

















Season 2 | Episode 2: I Saw You

SUMMARY:

Philip joins the ranks of the disciples, and helps Matthew deal with his struggles to feel accepted in the group. Simon brings his concerns regarding lack of structure in the group to Jesus. Nathaniel's desire to build something to bring souls closer to God is answered in a way he could never have foreseen.



REFLECT ON ANY OF THE FOLLOWING QUESTIONS:

- Who did you meet in this episode?
- Which character can you relate to the most? Who do you struggle to identify with?
- What struck you the most from this week's episode?

Were you surprised or challenged by anything?
MEDITATE:
Scripture Passage(s) for this week: John 1:43-51 2 Peter 3:8-9 Psalm 102:1-2
Note any words or phrases that stand out to you.
ACT:
What is it you think the Lord is calling you to do this week?

Suggested Playlist for the Week:

- Come and See Matt Redman
- Out of Hiding Stefany Gretzinger
- Build my Life Pat Barrett

Click title to watch on You Tube

- Hide Not Your Face JMM Covers
- I Will Follow Chris Tomlin
- Bobby Angel: Focus on Following Jesus

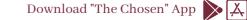
Find out more about "The Chosen" (F) (O) (F) in (D)

















Season 2 | Episode 3: Matthew 4:24

SUMMARY:

A long, exhausting day turns into night as the disciples help Jesus deal with a large crowd hoping to be healed. Around the campfire, over dinner, the group try to get to know each other better. But tensions erupt.



REFLECT ON ANY OF THE FOLLOWING QUESTIONS:

 How does this episode change your understanding of Jesus and his ministry? • What new insights do you have into the role of the disciples and their relationships with each other? How does the episode portray Mary, the mother of Jesus, in a new way? **MEDITATE:** Scripture Passage(s) for this week: Matthew 4:24 | Psalm 139:8 Note any words or phrases that stand out to you. ACT:

Suggested Playlist for the Week: Click title to watch on You Tube

- Changing Me Anna Golden
- Psalm 139 Mercy Me
- Psalm 139 (Far too wonderful) -Shane & Shane

- Psalm 139 Resound Worship
- The Servant King Graham Kendrick
- What was Our Lady's Foundation? -Fr Patrick Cahill

Find out more about "The Chosen" (F) (O) (F) (In)



What is it you think the Lord is calling you to do this week?















Season 2 | Episode 4: The Perfect Opportunity

SUMMARY:

As Jesus and the disciples head to Jerusalem to celebrate the Feast of Tabernacles, a new enemy follows them, while a familiar enemy awaits. We meet the religious sect known as the Zealots for the first time.



REFLECT ON ANY OF THE FOLLOWING QUESTIONS:

- How does this episode change your understanding of Jesus and his ministry?
- What does healing look like in this episode? Is it what you expected? Why/why not?
- If you had been at the Bethesda Pool that day, how might you have responded to what you saw and heard?

MEDITATE: Scripture Passage(s) for this week: John 5:1-15 Note any words or phrases that stand out to you.
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Scripture Passage(s) for this week: John 5:1-15
Note any words or phrases that stand out to you.
ACT:
What is it you think the Lord is calling you to do this week?

Suggested Playlist for the Week: Click title to watch on You Tube

Waymaker - Leeland

- Healer Kari Jobe
- Only takes a moment Cory Asbury Praise before my breakthrough: Brian & Katie Torwalt
- Just One Touch Kim Walker
- Do you want to be well again? Homily by Fr Patrick Cahill

Find out more about "The Chosen" (F) (O) (F) in (D)

















Season 2 | Episode 5: Spirit

SUMMARY:

Jesus and his cousin John the Baptist reunite and talk about their mission. The disciples see demon possession up close. Simon the Zealot catches up with the disciples and there might be consequences to that, but he is not the only one looking for Jesus.



REFLECT ON ANY OF THE FOLLOWING QUESTIONS:

- How does this episode change your understanding of Jesus and his ministry?
- Were you surprised by how the demon possession was portrayed? How did you feel at the moment Jesus arrived on the scene?
- What kind of Messiah was Simon the Zealot expecting? Have you ever put limits on

 Jesus tells Simon the Zealot that He has everything He needs, but he wants Simon with 			
Him. How did that scene make you feel? Have you felt like Simon?			
MEDITATE:			
Scripture Passage(s) for this week: Matthew 8: 16-17 Luke 3:1-20			
Note any words or phrases that stand out to you.			
ACT:			
What is it you think the Lord is calling you to do this week?			

Suggested Playlist for the Week: Click title to watch on You Tube

- Jesus Messiah Chris Tomlin
- When all is said and done Matt Redman
- Make Room Community Worship
- Nothing I hold onto Will Reagan Pursuit
- Hymn of Surrender Matt Redman
- Ascension Press Blog: Exorcisms and the Reality of Evil Spirits

Find out more about "The Chosen" (♣) (○) (↑) (□)

















Season 2 | Episode 6: Unlawful

SUMMARY:

Matthew and Simon try to get along as they search for Mary in dark places; the group fears for Mary as they struggle with lack of food and bad news about John the Baptist; Jesus continues to upset Pharisees across multiple regions.



REFLECT ON ANY OF THE FOLLOWING QUESTIONS:

- Look at this episode from the eyes of one of the following (Jesus, Matthew, Peter, or Mary Magdalene)--what surprises you? What breaks your heart the most? What brings you peace?
- What does it feel like to have a "conversion" and then mess up again? What does Jesus offer in the way of mercy that surprises you from this episode?
- Do you think you might ever be too legalistic in your faith? Where can you be more compassionate and understanding? **MEDITATE:** Scripture Passage(s) for this week: Mark 3:1-6 | Psalm 20:7 | Hosea 6:6 Note any words or phrases that stand out to you. ACT: What is it you think the Lord is calling you to do this week?

Suggested Playlist for the Week: Click title to watch on You Tube

- You Say Lauren Daigle
- From the Inside Out Hillsong
- The Way You Love Me Matt Maher Thank You Jesus Army
- Pieces Amanda Cook
- The Gift of the Father's Love Homily by Fr Patrick Cahill

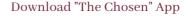
Find out more about "The Chosen" App Download "The Chosen" App

















Season 2 | Episode 7: Reckoning

SUMMARY:

After learning of Jesus' whereabouts, Quintus sends Gaius to arrest him. The disciples lose control as they argue about how to respond. While seeking information about where Jesus has been taken, Andrew and Philip encounter old friends.



REFLECT ON ANY OF THE FOLLOWING QUESTIONS:

- What struck you most from this episode?
- Have you ever felt like a passage of the Gospel really spoke directly to your heart?
- What have you learned so far about Jewish or Roman culture that helps you better understand Jesus?
- Have you ever shared a testimony with someone else about how Jesus has touched your life? Is it something you would find difficult? What would you share? **MEDITATE:** Scripture Passage(s) for this week: Matthew 6: 5-15 | Luke 5:16 Note any words or phrases that stand out to you. ACT: What is it you think the Lord is calling you to do this week?

Suggested Playlist for the Week: Click title to watch on You Tube

- Our Father Hillsong Worship
- Your Will, Your Way Brian and Katie Torwalt
- Our Father Don Moen
- My Heart is Yours Kristin Stanfill
- Surrender Vineyard Worship
- Is God my Father? Homily by Fr Patrick Cahill

Find out more about "The Chosen" (F) (O) (F) in

















Season 2 | Episode 8: Beyond Mountains

SUMMARY:

While Jesus and Matthew prepare the content of the big sermon, the disciples spread the word while fighting amongst themselves. A highranking Sanhedrin member is shocked by Shmuel's reports on Jesus. Thousands arrive for the sermon, including familiar faces.



REFLECT ON ANY OF THE FOLLOWING QUESTIONS:

- What struck you most from this episode? Consoled you? Challenged you?
- Imagine yourself on the hillside, arriving to hear Jesus' sermon? Who do you see around you? Who are you surprised to see is there?
- Which of the beatitudes feels the closest to you? What about the hardest or farthest from you?

MEDITATE:
Scripture Passage(s) for this week: Matthew 5-7
Note any words or phrases that stand out to you.
ACT:
What is it you think the Lord is calling you to do this week?

Suggested Playlist for the Week: Click title to watch on You Tube

- Blessed Vertical Worship
- Blessed are the Humble Graham Kendrick
- The Beatitudes Hillsong Worship
- We are Blessed All Sons & Daughters
- Salt of the Earth Wes King
- What does it mean to be blessed? Fr Mike Schmitz

Find out more about "The Chosen"















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From "Pure Faith Book of Prayer", Jason Evert, Ave Maria Press, Denver 2013

Examination of Conscience based on the Beatitudes

Blessed are the poor in spirit, for theirs is the kingdom of heaven

- Do you trust God with all of your heart, preferring him to everything?
- Do you abandon yourself to God's Providence, giving him your anxieties in exchange for his joy?

Blessed are those who mourn, for they shall be comforted

- Do you have real sorrow in your heart for your sins? If you do not, do you at least pray for that?
- Do you wallow in your own problems or seek out and comfort those who are lonely, rejected or suffering?

Blessed are the meek, for they shall inherit the earth

- Are you haughty and proud, or humble like Christ?
- If you are gifted in academics, sports, music, or some other talent, do you give God the glory?
- Do you serve others?
- Do you follow God in order to please him with a sincere heart, or are you self-seeking?
- Do you look down upon certain people, or do you treat others with respect, attention, and love?

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied

- Do you long for God's will to be done, or do you pursue your own interests apart from him?
- Are you lukewarm in your faith, being satisfied with mediocrity?

Blessed are the merciful, for they shall obtain mercy

- Are you mindful of how much God has forgiven you, or are you quick to condemn and slow to forgive others the harm they have caused you?
- Are you resentful?
- Are you sympathetic to the needs of others?
- Do you pray and work for the salvation of souls?

Blessed are the pure in heart, for they shall see God

- Have you not only rejected thoughts of lust, but prayed to have a pure heart and live a life of purity?
- Have you glorified God with your body? Do you act like your body is a temple of the Holy Spirit?

Blessed are the peacemakers, for they shall be called sons of God

• Do you not only avoid causing harm but strive to bring peace and reconciliation into the lives of others?

Blessed are the those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven

- Do you have the courage to do the will of God?
- If mocked for living according to God's laws, do you give in?

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for so men persecuted the prophets who were before you

- Do you spread the faith and refuse to compromise it?
- Do you not only refuse to use the Lord's name in vain but seek to correct those who do?
- Have you been ashamed of Jesus, or do you challenge your friends who are falling into sin?





HOW HAS THIS SEASON OF THE CHOSEN BLESSED YOU / YOUR LIFE?

Question to reflect on

Have you seen any difference in your life / your prayer in the past 8 weeks? What differences have you noticed?

You're invited to share using any of the following sentence starters

Blessed am I when...

Blessed am I because...



CHOOSE ANY OR ALL OF THE QUESTIONS BELOW TO REFLECT ON YOUR EXPERIENCE OF THIS SEASON

Question to reflect on

- Is there one character in particular who impacted you and why?
- Is there a standout scene that really brought scripture to life for you?
- Has *The Chosen* made a difference in your life / your outlook / your actions? Do you feel called to make a change in how you live your life or express your faith?
- Has your relationship with Jesus changed as a result of watching *The Chosen*?
- Was there something from the sharings from others over the past few weeks that impacted you? Or what was it like to be with a group of faith-filled people as you experienced these episodes?
- Is there anything you could adopt this Advent / Lent / other liturgical season as a result of your experience of *The Chosen*?

Brought to you by the Diocese of Waterford & Lismore

Lectio Divina Divine Rendings

PICK A PASSAGE FROM SCRIPTURE





LECTIO = READING

What does the scripture passage say in and of itself, that everyone should understand?



MEDITATIO = MEDITATION

Find something, a line or a word, that sticks out to you and begin it meditate on it. What does the text say to me, today, and to my life? What is it speaking into my heart?



ORATIO = PRAYER

We speak to God about what we read and meditated on. We can intercede for others. We can pray in thanksgiving. We can ask for forgiveness. We can ask God for His grace (help) to live out what we feel called to do.



CONTEMPLATIO = CONTEMPLATION

What conversion of the mind, heart, and life is the Lord asking of me? This step is a gift from God - we can't make it happen! We spend time looking at him and letting Him look at us. If He leads you into deep prayer, go with it. If not, just chill with the Lord.



ACTIO = ACTION

What concrete action can I do based on my time of reading, meditating, praying and maybe contemplating with the Lord.



"THE CHOSEN"

Season 2



Join us for an episode of the acclaimed series, and discussion afterwards

Get (sed To Different

Dates:

Venue:

For more info / to register contact:

"Created outside of the Hollywood system, The Chosen allows us to see Jesus through the eyes of those who knew him. No matter where you are at in your journey with Jesus Christ, this show is for you."



"THE CHOSEN"

Season 2



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For more info / to register contact:

"Created outside of the Hollywood system, The Chosen allows us to see Jesus through the eyes of those who knew him. No matter where you are at in your journey with Jesus Christ, this show is for you."





RESOURCE PACK PRODUCED BY ASCEND YOUTH & YOUNG ADULT MINISTRY (DIOCESE OF WATERFORD & LISMORE) IN ASSOCIATION WITH THE APOSTLES OF THE SACRED HEART OF JESUS

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