



Lent Calendar of Kindness 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Will somebody please help me with these pancakes!!!	Shrove Tuesday	14 Ash Wednesday No sweets today. Pray, Fast, Give	15 Make a decision to try and be better during Lent	16 If you've hurt someone's feelings say sorry	17 Get up early and help with the laundry
18 Pray for a Missionary in a far away place	19 Be very kind all day	20 Pray for the teachers in your school <i>(Yes really!!!)</i>	21 If you have a pet, look after it	22 If you're lucky enough to have a nana, call in for a chat and a cup of tea	23 Can you raise funds for Children Helping Children this Lent?	24 Don't leave anyone out of your games
25 Pray for the lonely and the sick today	26 Don't lose your temper, say a little prayer for peace instead	27 Give someone a compliment	28 Ask an older relative to tell you about their childhood	29 If you get treats today, try to share them	1 Women's World Day of Prayer	2 Help with chores around the house today
3 Say a prayer for children who have less than you	4 Remember that Jesus walks beside you every day	5 If you can't say something nice, stay QUIET	6 If you have a baby in your house try to help as much as possible	7 Don't forget to enter our Easter colouring competition. Ask your teacher!	8 When you go to bed tonight say a prayer for children who have nowhere safe to sleep	9 Pray for peace for your home and family
10 Spoil her! Mother's Day	11 Tidy your room today	12 Donate toys you don't play with anymore to charity	13 Instead of watching TV have a chat with a family member	14 Help to clean the dirty dishes after dinner	15 Have fun today but remember to stay kind	16 Pray for street children around the world who have no safe home to live in
17 Lá Fhéile Pádraig Sona Duit!	18 Give thanks for the food you have and pray for children who are hungry	19 Thank God for all the little creatures we share the planet	20 Pay attention in school	21 Plant some Spring flowers or help in the garden	22 Help to sweep up the leaves in the garden	23 Make the world a better place...SMILE!
24 Palm Sunday Read about the first Palm Sunday the Gospel of Luke (19:28-44)	25 Give someone you love a big hug today	26 A smile is infectious... spread it around!	27 Make sure that you don't eat any chocolate eggs until Sunday...	28 HOLY THURSDAY Read about the Last Supper Jesus shared his disciples (John 13:1-20)	29 GOOD FRIDAY Today we remember how Jesus died on the Cross. Say a special prayer for loved ones who have died too.	30 HOLY SATURDAY Pray for peace around the world
31 EASTER SUNDAY Celebrate that Jesus is risen!	<p>Missio Ireland is the Pope's official charity for overseas mission. We encourage children to pray and to share whatever they can, no matter how little, with children in other parts of the world. Each year, millions of children are supported regardless of their background or belief. This is how children in Ireland can live out our motto Children Helping Children. To find out more contact:</p> <p>Missio Ireland, 64 Lower Rathmines Road, Dublin, D06 N2H1. T: +353 (0)1 497 2035 W: www.missio.ie E: info@missio.ie</p>					

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