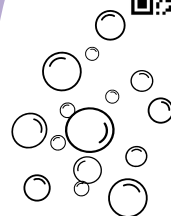


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# Let's dive in!

**FAITH @Home** Activities for Children!



**Let's Learn!**  
Check out this video from Catholic Kids Media - Plans and Promises! 1st Sunday of Lent (Cycle B)

**Let's PRAY**

Jesus, help me this Lent to follow you more closely! Amen

## Celebrate the Seasons!

What colour is the priest's chasuble today? Colour it in! Tick the box for the correct liturgical season!

Advent ☐ Christmas ☐

Lent ☐ Easter ☐

Ordinary Time ☐



## Let's sing!

The Lent Song for Catholic Kids

Catholic Icing

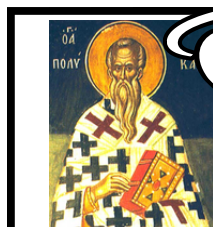


## Puzzle

Can you find the words from today's Gospel in the wordsearch?

C	T	D	E	S	E	R	T
C	S	E	U	L	S	N	P
H	L	S	M	F	E	J	F
C	E	F	X	P	R	Z	D
J	G	O	E	M	T	A	E
L	N	R	Q	W	Y	E	U
P	A	T	B	S	Y	G	D
I	E	Y	E	W	R	A	T

## My Saint Friends



St Polycarp  
23 February

angels  
days  
desert  
forty  
Jesus  
repent  
tempted

# Prayer & Fasting & Almsgiving



## Let's act!

Lent is such a special time to get closer to Jesus and make little sacrifices to show Him how much you love Him. What little sacrifices can you offer up as powerful prayers to Jesus this Lent?



"Repent, and believe the Good News"

**Word of God!**

JESUS SPENT 40 DAYS  
FASTING AND PRAYING IN THE WILDERNESS

