



BIBLE PASSAGES IN TIMES OF NEED

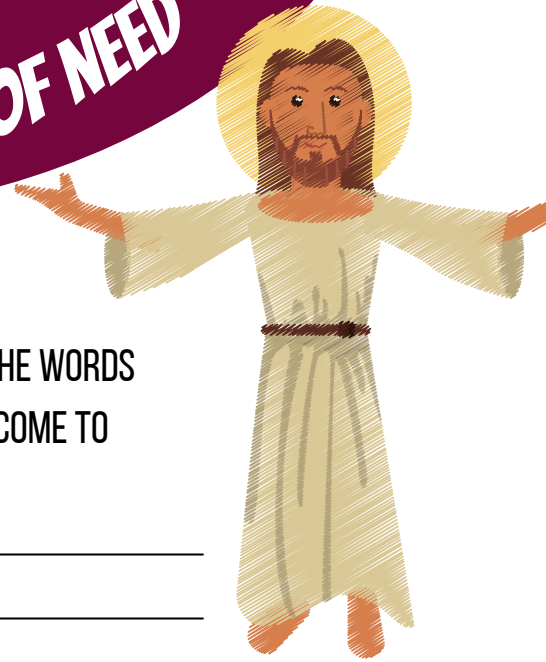
CLICK ON THE SCRIPTURE LINK

- Angry? — [Ephesians 4:26](#)
- Anxious? — [Philippians 4:6-7](#)
- Bitter? — [1 Corinthians 13](#)
- Can't sleep? - [Psalm 3:5](#)
- Confused? — [Proverbs 3:5-6](#)
- Courage gone? — [Joshua 1:9](#)
- Depressed? — [Psalm 42](#)
- Disappointed? — [Proverbs 23:17-18](#)
- Discontented? — [Philippians 4:10-13, 19](#)
- Discouraged? — [Galatians 6:7-10](#)
- Dismayed? — [Psalm 34](#)
- Doubting? — [1 Corinthians 15](#)
- Faithless? — [Hebrews 11](#)
- Fearful? — [Isaiah 41:10](#)
- Frustrated? — [Psalm 37:3-8](#)
- Feeling forsaken? — [Psalm 139](#)
- Grieving? — [Psalm 73:21-26](#)
- Hurt? — [Colossians 3:12-17](#)
- Inadequate? — [Philippians 4:13](#)
- Insecure? — [Psalm 23](#)
- Lonely? - [Deuteronomy 31:6](#)
- Lost? — [Psalm 32:8](#)
- Needing Direction in Life? — [Romans 12](#)
- Need to change? — [Ephesians 4:31-32](#)
- Overwhelmed? - [Isaiah 40:31](#)
- Persecuted? - [Romans 8:38-39](#)
- Repentant? — [Psalm 51](#)
- Sad? — [John 14](#)
- Self important? — [Psalm 19](#)
- Stressed? — [John 14:27](#)
- Suffering? — [Romans 5:3-4](#)
- Tempted? — [1 Corinthians 10:13](#)
- Weak? — [Psalm 18:1-29](#)
- Weary? — [Matthew 11:28-29](#)





BIBLE PASSAGES IN TIMES OF NEED



TAKE A BIBLE PASSAGE YOU LIKE AND WRITE IT OUT HERE
SO YOU WILL REMEMBER IT. SPEND SOME TIME IN PRAYER, READING THE WORDS
SLOWLY, AND JOURNAL ANY THOUGHTS, WORDS OR PHRASES THAT COME TO
YOU AS YOU PRAY WITH THE PASSAGE.

LECTIO DIVINA / DIVINE READING



Based on Fr Josh Johnson:
What is Lectio Divina?
(Ascension Presents) 

PICK A PASSAGE FROM SCRIPTURE



LECTIO = READING

What does the scripture passage say in and of itself, that everyone should understand?



MEDITATIO = MEDITATION

Find something, a line or a word, that sticks out to you and begin it meditate on it. What does the text say to me, today, and to my life? What is it speaking into my heart?



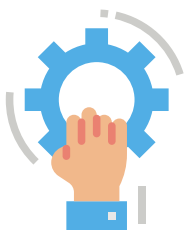
ORATIO = PRAYER

We speak to God about what we read and meditated on. We can intercede for others. We can pray in thanksgiving. We can ask for forgiveness. We can ask God for His grace (help) to live out what we feel called to do.



CONTEMPLATIO = CONTEMPLATION

What conversion of the mind, heart, and life is the Lord asking of me? This step is a gift from God - we can't make it happen! We spend time looking at him and letting Him look at us. If He leads you into deep prayer, go with it. If not, just chill with the Lord.



ACTIO = ACTION

What concrete action can I do based on my time of reading, meditating, praying and maybe contemplating with the Lord.



PRAYER SPACES

Word
from God





Word from God

In the jar there are lollipop sticks with Bible references written on them.

To look up a Bible reference, you can use the index at the front to find the first page of the name of the Book. Then look for the chapter (big number) and verse (little number).

Name of the Book

Proverbs 3: 5

Chapter -
the Big
Number!

Verse -
the Little
Number!

**You are invited to take a lollipop stick
and look up the verse
in one of the Bibles on the table.**

**You can write down the encouraging and
uplifting words from God on a piece of
paper and put them somewhere you will
see it every day, or keep it in your wallet
or pocket.**





Word of God scripture references - print and cut out and stick on individual lollipop sticks (or handwrite onto sticks) and place in a jar, along with Bible, pen and paper to write out verse on.

Instruction for prayer space on other page.

**Psalm 16:1
Isaiah 42:6
Colossians 2:7
Ezekiel 34:14
Psalm 27:1
Matthew 11:28
Mark 9:23
Psalm 27:14
Jeremiah 29:11
Matthew 6:34
Psalm 34:18
Deuteronomy 31:6
Zephaniah 3:17
Isaiah 40:31
Philippians 4:13
Joshua 1:9
1 Timothy 4:12**

Word from God	Word from God	Word from God
Word from God	Word from God	Word from God
Word from God	Word from God	Word from God
Word from God	Word from God	Word from God
Word from God	Word from God	Word from God
Word from God	Word from God	Word from God
Word from God	Word from God	Word from God

Can cut out and leave with a pen for people to write their scripture verse on to take home with them.