

# FAITH

# @Home

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Diocese of Waterford & Lismore

*Celebrating and supporting faith, hope and love in the heart of the family!*



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Year B 3RD SUNDAY OF EASTER

"TO THE HEIGHTS" YOUTH EDITION AVAILABLE ALSO

## Sunday Mass Readings

First Reading:

Acts 3:13-15.17-19

Responsorial Psalm:

Psalm 4

Second Reading:

1 John 2:1-5

Gospel:

Luke 24:35-48



<https://www.flickr.com/photos/mufan96/5661535413>

*"Look at my hands and feet; yes, it is I indeed"*

## Hear

Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find this week's readings online [here](#).

Check out [this video](#) on the readings for children.

## Pray

In the Gospel today we hear the familiar story of Jesus appearing to His disciples after the resurrection.

- What is the Holy Spirit saying to you through this piece of Scripture? How do these words resonate with you personally?
- As you read the Gospel, place yourself in the story, among the disciples encountering the Risen Christ. Imagine the scene. Who do you see around you? What do you see, smell, hear, and feel? What is the mood like? What do you notice? How do you react upon seeing Jesus alive again?
- Read the Gospel slowly, then, pause for a minute or two of silence. Let the Holy Spirit speak.
- Jesus says "Peace be with you." What does this mean to you? How can these words be applied to your life today?

## Talk

In the final words of the Gospel Jesus says "You are witnesses to this" (referring to His Resurrection). We are reminded that we are witnesses to all the good things God has done and continues to do for us. Consider the following questions:

- How do we share/give witness of our faith to others? If you can, share an example.
- Do you ever feel afraid about sharing, or hesitate to share, about your faith and the things God is doing in your life with others? Why do you think this is?

## Family Challenge!

Enjoy some good quality time together as a family this week. You could share a meal together while turning phones, music and TV off, or spend an evening playing board games or card games together, or going for a walk and chatting!

# ANNOUNCE THE GOOD NEWS

On the third Sunday of Easter, we continue to hear Gospel accounts of Jesus' appearances to his disciples following his Resurrection. Today's reading, taken from the Gospel of Luke, follows immediately after the report of Jesus' appearance to his disciples on the road to Emmaus. This is the event being recounted by the disciples in the opening verse of today's Gospel.

Consistently in the reports of Jesus' post-Resurrection appearances, Jesus greets his disciples with the words, "Peace be with you." This is a most appropriate greeting. The disciples have witnessed the death of someone they loved, and they now fear for their own lives as well. Peace is what they need more than anything else. Jesus often connects this greeting of peace with another gift—forgiveness. In today's Gospel, this connection is made in the final verses.

Even as they hear Jesus' greeting of peace, the disciples are startled and terrified. They are uncertain about what to make of the figure before them and, quite understandably, they mistake Jesus for a ghost. Yet the figure before them is not a ghost; Jesus invites them to experience his resurrected body with their senses, to look and to touch. The figure before them is flesh and bone, still bearing the marks of crucifixion. Although the disciples cannot forget his suffering and death, peace begins to take root in their hearts, as their fears turn to joy and amazement.

As further proof of his identity and of his resurrected body, Jesus eats with his disciples. The disciples have known Jesus best through the meals that he has shared with them. Descriptions of these meals are a defining element of Luke's Gospel. By eating with his disciples after his Resurrection, Jesus recalls all these meals, and most importantly, he recalls the Last Supper.

Luke's report of the Last Supper and the meals that Jesus shared after his Resurrection unveil for us the significance of the Eucharist. Having shared a meal with his disciples, Jesus now uncovers for them the significance of what was written about him in the Scriptures. So, too, our celebration of the Mass is an encounter with Jesus, through the Word and the Sacrament of the Eucharist. As Jesus commissions his disciples to be witnesses to what Scriptures foretold, our celebration of the Eucharist commissions us. Like the disciples, we are sent to announce the good news of Jesus' forgiveness of sins.

**Loyola Press Sunday Connection**

Check  
this  
out

## THE BIBLE IN A YEAR PODCAST



The Bible in a Year Podcast guides Catholics through the Bible in 365 daily episodes, providing commentary, reflection, and prayer along the way. This podcast has been number one in the US since the beginning of the New Year! 1) Read the ENTIRE Bible; 2) Feel more confident about your understanding of Scripture; 3) Experience the transformative power of God's Word in your daily life; 4) Start seeing the world through the lens of Scripture. Note that some readings contain adult themes and may not be suitable for children.



## UNDERSTANDING SCRIPTURE

Have you ever been "at your wit's end"? Felt like "the blind leading the blind"? Started classwork "at the eleventh hour"? Got through something "by the skin of your teeth?" Commented that "a leopard can't change its spots"? Felt like "a lamb led to the slaughter"? Saw "the writing on the wall"?


Well, you've been quoting Scripture if you have! The Bible isn't just about readings at Mass, or catchy phrases that become cliches. The Bible is the Living Word of God, and it's for you, personally.


Imagine, God wants to communicate His love for you every day, and one of the ways He has chosen to do this powerfully is through the words of Scripture.

It can be hard to know where to start, or how to read, so maybe it's good to start small.

Watch Elizabeth speak for a few minutes in the YouTube video below explaining how she dives into Scripture, and check out some of the Bible verses in the attached handout.

Open yourself up to a little time with God everyday, make a set time and place for Him, and just watch what He does in your life!

 [Dive in to Scripture](#) (LifeTeen)

 [Your Words](#) (Third Day).

To the Heights Youth Resource also available



## Family Prayer

*Lord, may your presence in Scripture bring peace to our hearts, clarity to our minds and courage for our actions daily! Amen*

## EVENTS

**"Rooted in Christ" - Cherished Catholic Women's Ministry Retreat:** Glencomeragh House, Kilsheelan, Co. Tipperary E91H584. April 26th - 28th. Cost: €220 Join us for our third annual Cherished Retreat as we discover our dignity as women of God, rooted in Christ! Mass | Adoration | Rosary | Healing Service Confession | Testimonies | Creative Workshops | Fellowship | Tea & Chats! For more info: Shauna (087) 1378364. To book: [info@holymission.ie](mailto:info@holymission.ie) or call 052 6133181 (Age 18+)

**Nightfever:** St Peter's and Paul's Church, Clonmel. Friday 3rd May from 6pm - 9pm. Adoration, Candlelit, music, confessions available.

**Enlighten: for young adults aged 18 - 35**  
Rosary, Lectio Divina, Adoration & Tea! Sisters of Mary Morning Star, Wadding House, Lady's Lane, Waterford. Friday 19th April, 24th May, 21st June, & 12th July

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