Diocese of Waterford & Lismore Youth Newsletter • Vol. 4 Issue 17 - 26 May 2024



Year B TRINITY SUNDAY Download from www.waterfordlismore.ie/resources or subscribe to receive by email!

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BIBLE

WITH FR PATRICK

ERS

ELCE Sunday Gospel

Matthew 28:16-20

If you don't have a Bible handy, click the image here to access the Mass readings for this Sunday!

THE TRINITY

PATRICK CAHILL

13:03



REMEMBERING OUR EXAM STUDENTS/

Praying for all our Junior Cycle and Leaving students throughout the Diocese as they make their final preparations for the exams in June, and for college students nearing the end of their exams!

WEEKLY CHALLENGE:

Choose one of the following to celebrate the Trinity this week:

- Make a conscious effort each time you bless yourself in the name of the Father, and of the Son and of the Holy Spirit.
- Reflect on your understanding of each Person of the Trinity. Spend some time praying from your heart to each distinct Person of the Trinity: God the Father, God the Son, the Holy Spirit.



crammed full of inspirational saints and heroes. or as we like to call them, Game **Changers!**

Check them out or our web page!

www.waterfordlismore.ie/youth-ministry

AscendWaterfordLismoreYM

TUNEL

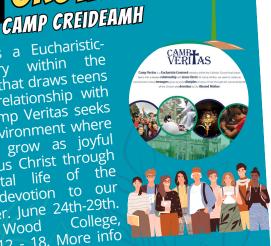
Glory be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be world without end. Amen



RESOURCESH Camp Veritas is a Eucharisticcentred ministry Catholic Church that draws teens into a deeper relationship with Jesus Christ. Camp Veritas seeks to create an environment where teenagers can grow as joyful disciples of Jesus Christ through sacramental life of Church and devotion to our the Blessed Mother. June 24th-29th. College, Wood Kildare. Ages 12 - 18. More info Clongowes

on <u>www.campveritas.org</u>

GROU



Encounter for young adults aged 18 - 35: St John's Church, Parnell St. Waterford, Fri 31st May at 8pm. Talk, Adoration, Music followed by Pizza!

o ascendwaterfordlismore.ym

Ascend Youth Ministry

Disclaimer: On these resource pages you will find links to external websites. Although we make every effort to ensure these links are accurate, up to date and relevant, Ascend Young Adult Ministry cannot take responsibility for pages maintained by external providers. While we strive to provide only links to useful and ethical websites, we have no contro content and nature of these sites and the links to other websites do not imply a recommendation for all the content found on these sites. , we have no control over the



To the fleights

FIND THE WORDS FROM THIS SUNDAY'S GOSPEL IN THE WORDSEARCH BELOW

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Holy	Υ	Υ	М	J	R	Ν	J	т	А	Е	Q	0	G	0	F
Jesus	L	\times	J	I	Ζ	R	s	D	м	F	в	L	А	Υ	N
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with you always



Can you explain how any four of these words relate to the message of the Gospel?

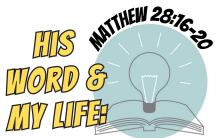
What do you think God could be saying to you in this Gospel? What speaks to your heart? Maybe it raises questions, maybe it's a little uncomfortable, maybe it offers hope... what matters is that we are open to hearing God speak to us individually.

DOODLE PRAMER =

Reflect on the scripture quote and allow thoughts and images that come to you to form part of your doodle prayer: it could be people or situations that need prayer or even areas you might need to change in. Certain words or phrases might stand out for you. Ask the Holy Spirit to guide your heart as you pray and doodle!

Click here for some relaxing instrumental music spontaneous worship | two hours of worship piano





You've probably heard those words hundreds if not thousands of times, and you've probably blessed yourself using those words too. Maybe we don't always stop to think what they mean. Firstly, we don't say "in the names" but instead just "name". Why? Because we believe in one God, not three, and we call that the Trinity. God is One God, in three persons.

Sounds a little difficult? That's ok! The Trinity is one of the mysteries greatest of our Christian faith, but is the deepest reality, and actually the core of everything else we believe. We say that it's a mystery, not because God doesn't want us to understand it. In fact, it's the opposite. Christians know that God is One God in three distinct because God persons has revealed that to us. He wants us to know Him, as He is, not as we make Him up to be ourselves.

God loves the world. That's an easy statement. God **is** love. That's a little more difficult to comprehend. Saying that God is love and that God is a Trinity is effectively saying the same thing. God the Father loves God the Son, the Son loves the Father, and the love between them is so strong, it **is** the Holy Person, Love personified. It can challenging for be us to understand this, and that's ok, but just because we don't understand. always that doesn't should mean we dismiss it as false.

"And know that i

am with you

always; ye's, to