

To the Heights

Year B MOST HOLY BODY AND BLOOD

Download from www.waterfordlismore.ie/resources or subscribe to receive by email!



LIGHTFEVER IN CLONMEL

Adoration of the Blessed Sacrament at a recent Lightfever event in Clonmel. Check www.waterfordlismore.ie/mission2024 for more info on upcoming Lightfever events in June.

HEAR: Sunday Gospel

Mark 14:12-16, 22-26



If you don't have a Bible handy, click the image here to access the Mass readings for this Sunday!

The Truth About The Eucharist

FR MIKE SCHMITZ



WATCH:

PRAY:

O Sacrament Most Holy, O Sacrament Divine, all praise and all thanksgiving be every moment Thine!



TUNE!

Remembrance
Matt Maher



WEEKLY CHALLENGE!

Sit in front of the tabernacle in your local Church, ask Jesus to reveal His True Presence to you in your heart. "Jesus, if you are really there, please show me in a way I will understand."

GAMECHANGERS!

Friday 7th June
The Sacred Heart of Jesus

Saturday 8th June
The Immaculate Heart of Mary

The Catholic Church's Liturgical Calendar is crammed full of inspirational saints and heroes, or as we like to call them, Game Changers!



Check them out on our web page!



www.waterfordlismore.ie/youth-ministry



[AscendWaterfordLismoreYM](https://www.facebook.com/AscendWaterfordLismoreYM)



[ascendwaterfordlismore.ym](https://www.instagram.com/ascendwaterfordlismore.ym)



[Ascend Youth Ministry](https://www.youtube.com/AscendYouthMinistry)

GROW!

Light of Hope

Diocesan Mission 2024



23 Canadian Missionaries from Catholic Christian Outreach™ (CCO™) will help to facilitate a mission here in the diocese from 12th - 16th June, aimed at all age groups, which will include activities across the diocese such as meeting & greeting parishioners after morning Masses, Lightfever, Street Outreach, Encounter event for Young Adults, Music, Prayer and Testimony, training sessions and Pilgrim Walks in Mount Melleray.

For more info go to:
www.waterfordlismore.ie/mission2024

PUZZLE

FIND THE WORDS FROM THIS SUNDAY'S GOSPEL IN THE WORDSEARCH BELOW



- blessing
- blood
- bread
- broke
- covenant
- cup
- disciples
- Jerusalem
- Jesus
- lamb
- Mount of Olives
- Passover
- preparations
- prepared
- sacrifice
- Unleaved Bread
- wine

V D B U R S U V Q T T P J C C B B T
 Y C O K N V N E S R B P U C W R G N
 Q X Q O M L Z O S A N L O E E O B A
 H R Z O L D E X I X R G E A W K D N
 P K J W M B S A S T Y G D S E E G E
 A T I A K R G A V W A Q U E S D V V
 S H T E R X C V M E N R S Y M I R O
 L F Z O U R X I S V D D A T A E N C
 A I Z G I X L R E X C B E P V R N G
 M K F F Q U W M L S P N R O E J K Z
 B I I U Z T W Y P E I A S E H R A S
 X C U T B L V O I W V S M U A A P G
 E N M O X X H S C M A U Z F P D B C
 T Z Z M K V M C S P Q S J K O K V H
 J N O L B M T C I O P E U D G Y M N
 J Z U X P N J W D M E L A S U R E J
 U P R E P A R E D F Z E A I E W A J
 M O U N T O F O L I V E S O P J F H

Can you explain how any four of these words relate to the message of the Gospel?

What do you think God could be saying to you in this Gospel? What speaks to your heart? Maybe it raises questions, maybe it's a little uncomfortable, maybe it offers hope... what matters is that we are open to hearing God speak to us individually.

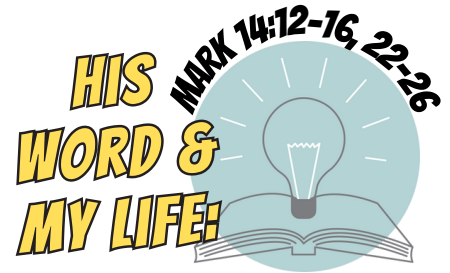


DOODLE PRAYER

Reflect on the scripture quote and allow thoughts and images that come to you to form part of your doodle prayer: it could be people or situations that need prayer or even areas you might need to change in. Certain words or phrases might stand out for you. Ask the Holy Spirit to guide your heart as you pray and doodle!

"Take it," he said
 "this is my body."

[Click here for some relaxing instrumental music](#)
 SPONTANEOUS WORSHIP | TWO HOURS OF WORSHIP PIANO



Did you ever wonder what it would be like to witness a miracle?

A genuine "I-can't-believe-that-just-happened,-that's-impossible!" kind of a miracle? Yet at every single Mass the greatest miracle we could ever imagine takes place in front of us - Jesus, Truly God, transforms the Bread and the Wine offered by the priest, into His own Body and Blood. It's what we call **Transubstantiation** - a big word for an even bigger mystery! The accidents / appearance of the bread and wine remain, but the substance / reality of Jesus' true presence is there.

It's a difficult thing for us to grasp, definitely! The Lord asks us to look at the Eucharist with the eyes of faith. We believe because He shared this mystery with us, and He is Truth. But did you know, that over 135 Eucharistic miracles that have taken place all over the world? In some cases, the appearance of the bread and wine changed too into real flesh and real blood, scientifically tested! Check out our [Eucharistic Mystics, Miracles and Martyrs Resource](#) on our webpage or go to www.miracolieucaistici.org designed by Carlo Acutis for even more stories!