

FAITH

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Diocese of Waterford & Lismore

Celebrating and supporting faith, hope and love in the heart of the family!



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Year B 10TH SUNDAY IN ORDINARY TIME

"TO THE HEIGHTS" YOUTH EDITION BACK IN THE AUTUMN

Sunday Mass Readings

First Reading:

Genesis 3:9-15

Responsorial Psalm:

Psalm 129 (130)

Second Reading:

2 Corinthians 4:13-5:1

Gospel:

Mark 3:20-35

"A Kingdom divided against itself cannot stand."



canva.com

Hear

Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find this week's readings online [here](#).

Check out [this video](#) on the readings for children.

Pray

In the Gospel today we hear some important messages about unity in His Kingdom and what it means to be a member of Jesus' family.

- What is the Holy Spirit saying to you through this piece of Scripture? How do these words resonate with you personally?
- Do you feel part of the family of Jesus? Do you listen to Him and do what He says? Is there any area you're struggling with in this that you can bring to Jesus in prayer this week?
- "A house divided against itself cannot stand." Are you working towards peace in your own family and community? Is there any element of division creeping in, through jealousy or pride or selfishness that needs to be rooted out? Make a good examination of conscience this week - take stock of how well you are doing as a follower of Jesus.

Talk

In today's readings we hear Jesus talk about the importance of being united to Jesus.

- Have you ever tried to build a sandcastle only to have someone or even the sea chip away at it? It doesn't take much to knock it, does it?
- How can we build firm foundations for love and peace in our families and with our friends? What concrete actions can we carry out to try our best to peace and unity?
- It sounds a little like Jesus was being a bit disrespectful to Mary in this Gospel - but who understood better what it was to listen to God and follow Him than Mary! She was the ultimate example of what Jesus was trying to teach his disciples! Let's ask Mary for help!

Family Challenge!

Take some time as a family to pray this week. Imagine that you are all sitting at the feet of Jesus. Read one of the Gospel passages prayerfully and talk about it as a family. What does Jesus want to say to your family this week?

SOURCE AND SUMMIT

In the section of the Gospel just before these verses, Jesus calls his Twelve Apostles. Now he performs his first exorcism. It is told within the context of conflict with his family.

A crowd so large has gathered that Jesus and his disciples are not even able to eat their bread. His family comes to take him away because they think he is beside himself. And the scribes think he is possessed by the devil. Jesus points out to them the absurdity of their thinking that he uses the devil to cast out demons. In fact, it is Jesus who ties up the strong man, Beelzebub, and overcomes him.

He concludes with a brief saying about the forgiveness of sins. All sin can be forgiven except for blasphemy against the Holy Spirit. It's not known exactly what he means by this. It could be that the only sin that can't be forgiven is the one that cuts you off from the source of forgiveness, the Holy Spirit.

Mark then brings Jesus' family back into the picture. They are not presented in a critical light but are just trying to see him. This gives Jesus the opportunity to point out that family for him is not based on blood.

Adapted from Loyola Press: Sunday Connection

Check
this
out

DIOCESAN PILGRIM WALK

Mount Melleray Sunday 16th June, assemble for prayer with monks at 2pm. Pilgrim Walks will be begin after prayer. Four options available to suit all fitness levels. Please wear appropriate footwear. Prayer and music led by CCO Mission Team in Public Chapel after walks until 4.30pm.

More info on the Light of Hope Diocesan Mission:

www.waterfordlismore.ie/mission2024

THE DIOCESE OF WATERFORD & LISMORE AND MOUNT MELLERAY ABBEY
IN ASSOCIATION WITH CATHOLIC CHRISTIAN OUTREACH™ PRESENT

Sunday 16th June *Light of Hope*
Diocesan Mission 2024

DIOCESAN PILGRIM WALK

Mount Melleray Abbey

Assemble at 2.10pm for
Prayer with the Monks in the Church

- Walk 1: The Well (2km)
- Walk 2: The Cross (4km - strenuous)
- Walk 3: The Grotto (4km)
- Walk 4: Wellness & Remembrance Walk (Melleray Abbey Grounds)

PRAYER STATIONS ON EACH OF THE WALKS.
Please wear appropriate footwear.

For more information about the Light of Hope Mission go to
www.waterfordlismore.ie/mission2024

<https://www.google.com/maps/place/16th+June+Light+of+Hope+Diocesan+Mission+2024>



HEARING GOD'S VOICE

Do you know God has a plan for your life? And not just a big plan for your whole life either. God cares totally about the small details of your days as well. Sometimes we might ask, "Well what does God want me to do with my life?" The answer might be simpler than you think. Fr Mike in his video suggests asking three questions to help you know God's will for your life.

1. **Am I in a state of grace?** *If I haven't been to confession in a while, if there's serious sin on my soul, I might as well be turning down the radio or unplugging God's voice in my life. Good news - if you need confession, just go! Open yourself up to God's frequency at play in your life again!*
2. **Am I doing my daily duties?** *Am I turning up to the things I said I would turn up to? Am I fulfilling my responsibilities? If not, start now!*
3. **Did I pray today?** *Am I actually open to communicating with God and listening to Him? If I'm praying on a daily basis, I'm giving God an actual time on my schedule to speak to my heart!*

This week's Challenge:

- Ask yourself these three questions and reflect on the answers. If your answers are no, then now is the time to do something about them! Making space for God in the little things makes it so much easier to hear His call in the big things!

How To Never Miss God's Will For Your Life | SEEK2015 | Fr Mike Schmitz

Audrey Assad: You Speak

To the Heights Youth Resource also available



Family Prayer

Jesus, may we always be attentive to your voice and to the mission you have given each of us. May we never grow weary of spending time with you but love to do your will! Amen

EVENTS

Light of Hope Diocesan Mission 2024: 12th - 16th June at locations across the diocese. *More info on www.waterfordlismore.ie/mission2024*

Camp Creideamh: June 9th - 15th. A one week residential full-board camp for teenagers: fun, friendship and growing in faith. Sports, Arts & Crafts, Catechesis. For more info: www.campcreideamh.ie or ring Fr Roche on 086 9972539

Diocesan Pilgrim Walk: Mount Melleray Sunday 16th June, assemble for prayer with monks at 2pm. *More info on www.waterfordlismore.ie/mission2024*

Campa Mhuire Mhathair Catholic Summer Camps for Primary School Children: Ardmore and Tramore in July. (Also in Killarney and Mitchelstown). Music, Action Songs, Arts & Crafts, Games, Prayer and a whole lot of fun! *More info on <https://www.holyfamilymission.ie/campa-mhuire-mhathair/>*

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