

Prayer Spaces
in Schools

Ireland

"The hope rope
helped me untie all of
my worries."

CATHOLIC SCHOOLS WEEK 2025

Prayer Spaces for Secondary Schools

Prayer spaces enable children and young people, of all faiths and none, to explore life's questions, spirituality and faith in a safe, creative and interactive way. They are a great resource to help pupils to engage their natural spiritual curiosity by exploring life's joys, struggles and questions through the practice of prayer. Activities are hands-on and allow students to engage with the material in a personal and engaging way.

"It was a great experience; inviting, welcoming and peaceful"

- Teacher Quote

As we celebrate the Catholic Schools Week, here are some prayer activities to help pupils reflect on their thoughts and feelings, how they relate to others, the wider world, and God.

**Me &
Myself**

[Rope of Hope](#)
[Beatitudes Hope](#)

**Me &
The World**

[Refugee Backpacks](#)
[Hope Blossoms](#)

**Me &
Others**

[Unity Tree](#)
[Leave an
Impression](#)

**Me &
God**

[Be Merciful](#)
[Think Good
Thoughts](#)

Choose a couple to do as part of a lesson or set a selection up in your classroom for pupils to engage with throughout the week. All these activities are taken from the Prayer Spaces in Schools team in Malta. Each link will take you to a page that outlines all you need for to know and can also be found at

<https://sds.mt/year-theme/sowing-hope-2024-25/>

Use an activity?
We'd love to
hear from you.

Visit our website
for a complete
list of resources.

Contact: emma@prayerspacesinschools.com
www.prayerspacesinschools.com