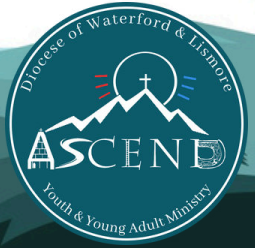




To the Heights



Year C 5TH SUNDAY IN ORDINARY TIME

Download from www.waterfordlismore.ie/resources or subscribe to receive by email!



SPOTLIGHT!

A very special gathering at the Church of the Holy Family in Ardfinnan on 27th January as Bishop Phonsie blessed the shrine of Blessed Carlo Acutis installed by Fr Michael Toomey in the Church, and the huge numbers last night were given the opportunity to venerate the relic of Carlo Acutis. Special thanks to MaryAoife and Seamus from @Carlo Acutis Youth Ireland who visited the schools in the area in the lead up to the Mass from Monday - Wednesday sharing Carlo's message and inspirational life story. For more on Carlo's life check out <https://waterfordlismore.ie/youth-ministry/carlo-acutis/>

HEAR: Sunday Gospel

Luke 5:1-11

If you don't have a Bible handy, click the image here to access the Mass readings for this Sunday!



FR MIKE SCHMITZ

WATCH:



PRAY

Dear Jesus, you know I struggle a lot sometimes to do the right thing. Getting out of bed on time, pulling my weight around the house, completing assignments to the best of my ability and on time, not making excuses for myself... the list goes on. Help me to see my heart as you see it, to acknowledge what's truly going on in there. Give me the strength to rise above myself and my emotions, to find the why and the motive, daily, because the battle is daily. Amen

WEEKLY CHALLENGE:

Be very conscious this week of areas you struggle to motivate yourself in. Maybe it's household chores, assignments, spending time with particular people, cutting down on screen time, serving others: whatever it is, stop and ask yourself where your heart is at, and more importantly, what's your motive for doing the right thing in each situation. Let that drive you forwards.

TUNE!

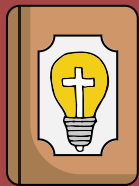
Lord I Need You
Matt Maher



GROW

DISCERNING HEARTS:

Catholic Podcasts dedicated to those on the spiritual journey. It is dedicated to evangelization and spiritual formation through new media, creating engaging podcasts with top Catholic speakers, faithful to the teachings of the Roman Catholic Church and its rich, authentic spiritual tradition. Its mission responds to the Church's call to use the media for evangelization, catechesis, and spiritual renewal. It also features 9 Days with a saint Contemplative Audio Retreats/Novenas.



REFLECT

- Why were the people crowding around Jesus?
- What did He ask Simon to do?
- Why was Simon reluctant to follow this instruction?
- What happened when they put down their nets?
- What was Simon's reaction to the miracle? Why do you think he reacted that way?
- What did Jesus call Simon to do?
- What other disciples did Jesus call that day?
- Do you think they knew what lay ahead? Why did they say yes?

GAMECHANGERS!



The Catholic Church's Liturgical Calendar is crammed full of inspirational saints and heroes, or as we like to call them, Game Changers! Check them out on our web page!

Read more about these apparitions in our St Bernadette Resource Pack!

Our Lady of Lourdes



11th February



www.waterfordlismore.ie/youth-ministry



AscendWaterfordLismoreYM



ascendwaterfordlismore.ym



Ascend Youth Ministry

HIS WORD & MY LIFE!

LUKE 5:1-11



This Gospel passage tells the familiar story of the miraculous catch of fish. Simon (Peter) has been fishing all night, and is no doubt exhausted. He's skilled at his trade, but for whatever reason, the night has not gone his way, and he has nothing to show for his efforts. He's weary, disappointed, possibly cranky at the loss of earnings, the weather, his own inability, maybe the faults of others. He could have lots of excuses to just pack up and go home.

Then Jesus of Nazareth, a carpenter, not a fisherman, tells him to cast his nets again. Simon has listened to Jesus preaching and although every emotion in him was already strained and telling him to give up, he chose to obey (although not without a little grumbling!)

We know what happens next: his nets filled to breaking point, his boats almost sank! Simon dropped to his knees, overcome and significantly very aware of the condition of his own heart.

We don't know a lot about Simon before this point, but the heart of Jesus spoke directly to his heart that day, and caused him to leave his comfort zone and follow Jesus.

Could he have known what Jesus meant by a fisher of men? Highly unlikely! But Simon had a motive, to stay close to Jesus, and that was enough for him.



PUZZLE

- boat
- catch
- companions
- deep
- disciples
- everything
- fell
- fish
- fishers of men
- follow me
- Gennesaret
- James
- Jesus
- John
- left
- Master
- nets
- shore
- Simon
- sinful man
- sinking
- washing
- water
- Zebedee

S	W	D	W	H	G	M	S	K	L	W	F	N	F	X	X
U	Z	A	S	C	A	N	C	E	D	E	N	E	W	X	W
S	B	I	S	S	O	K	I	W	M	O	F	H	L	P	W
E	F	O	T	H	P	C	A	H	M	A	W	T	Y	L	E
J	X	E	D	Y	I	M	U	I	T	W	J	G	N	T	B
D	R	N	G	I	W	N	S	N	R	Y	Q	A	G	Q	E
I	V	K	C	N	J	K	G	H	E	Q	R	A	T	P	G
S	V	Q	R	K	I	F	W	O	T	X	Q	E	S	V	E
C	D	C	B	J	Z	K	O	J	A	E	N	M	V	M	N
I	E	H	C	T	A	C	N	L	W	W	F	V	Y	E	N
P	E	S	H	O	R	E	C	I	L	X	H	A	Y	E	E
L	P	Z	E	B	E	D	E	E	S	O	K	Q	T	J	S
E	A	M	U	Q	C	H	B	O	A	T	W	S	E	O	A
S	N	A	M	L	U	F	N	I	S	M	H	M	D	X	R
F	I	S	H	E	R	S	O	F	M	E	N	H	E	W	E
S	N	O	I	N	A	P	M	O	C	E	E	Z	F	P	T

Reflect on the scripture quote and allow thoughts and images that come to you to form part of your doodle prayer: it could be people or situations that need prayer or even areas you might need to change in. Certain words or phrases might stand out for you. Ask the Holy Spirit to guide your heart as you pray and doodle!



"Put out into deep water and pay out your nets for a catch"

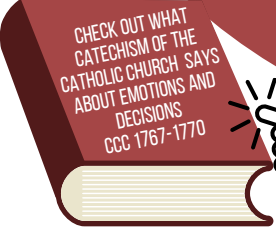
 [Click here for some relaxing instrumental music](#)
SPONTANEOUS WORSHIP | TWO HOURS OF WORSHIP PIANO

Can you explain how any four of these words relate to the message of the Gospel?

RESPOND!



What do you think God could be saying to you in this Gospel? What speaks to your heart? Maybe it raises questions, maybe it's a little uncomfortable, maybe it offers hope... what matters is that we are open to hearing God speak to us individually.



MAKE IT HAPPEN



LUKE 5:1-11

KNOW YOUR HEART!

PRAYER DOESN'T HELP YOUR RELATIONSHIP WITH GOD. PRAYER IS YOUR RELATIONSHIP WITH GOD. MARK HART

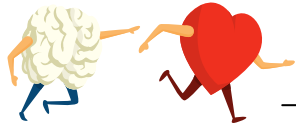
Try replacing "I have to" with "I get to"... "I get to go to school", "I get to help my parents", "I get to go to Mass"...



LIST THE TOP THREE THINGS YOU STRUGGLE TO MOTIVATE YOURSELF TO DO!



CAN YOU THINK OF ONE SITUATION WHERE IT'S BETTER NOT TO BE GUIDED BY YOUR EMOTIONS?



WATCH THIS VIDEO FROM FR MIKE SCHMITZ "WHEN YOU DON'T FEEL LIKE IT" AND REFLECT ON THE QUESTIONS THAT FOLLOW



What temptation do we all often face, according to Fr Mike?

When we don't feel like doing something, or struggle to find the motivation or be enthusiastic, what should we do?

Our reason / why should be: it's _____ to do the right thing.

WHY?

Mark Hart says: "**Prayer doesn't _____ our relationship with God. Prayer _____ our relationship with God.**" That means if we don't have a daily prayer life, then we don't have a _____ relationship with God.



Our motive to pray should be: "I want _____"

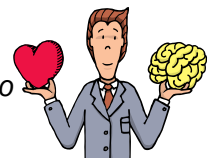
What did Jesus make possible for us to have? _____

What can the Holy Spirit do for us? _____

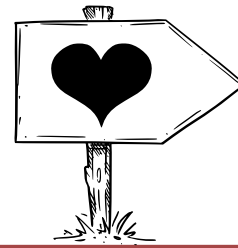
SO, SHOULD WE JUST IGNORE OUR EMOTIONS?



Fr Mike's friend Dean says, "*Emotions do not reveal the truth about reality, but they do reveal the condition of your heart.*" How would you explain this in your own words?



Try to think of a situation that could explain this idea: where your feelings could show where your heart is at, but it would be wiser not to follow your heart in that situation!



REMEMBER: YOU HAVE A REASON, A WHY, A MOTIVE: THE LORD WANTS A RELATIONSHIP WITH YOU, HE WANTS TO BE PART OF YOUR LIFE, HE WANTS YOU TO HAVE ACCESS TO HIS HEART, TO ENTER IN AND ENGAGE WITH THE FATHER, THE SON AND THE HOLY SPIRIT.

KNOW YOUR HEART



Are there areas in your life where you find yourself saying, "My heart's not in it, I can't do it, I don't feel like it."? Reflect on one of those areas, and what the condition of your heart might really be saying. Then find your motive, your why and name it!

SITUATION: _____

WHAT MY HEART MIGHT BE SAYING: _____

MY MOTIVATION TO ACTUALLY ACT: _____

REGARDLESS OF WHAT YOU'RE FEELING, DO THE RIGHT THING!



READ: LUKE 5: 1-11

This Gospel passage tells the familiar story of the miraculous catch of fish. Simon (Peter) has been fishing all night, and is no doubt exhausted. He's skilled at his trade, but for whatever reason, the night has not gone his way, and he has nothing to show for his efforts. He's weary, disappointed, possibly cranky at the loss of earnings, the weather, his own inability, maybe the faults of others. He could have lots of excuses to just pack up and go home. Then Jesus of Nazareth, a *carpenter*, not a fisherman, tells him to cast his nets again. Simon has listened to Jesus preaching and although every emotion in him was already strained and telling him to give up, he chose to obey (although not without a little grumbling!) We know what happens next: his nets filled to breaking point, his boats almost sank! Simon dropped to his knees, overcome and significantly very aware of the condition of his own heart. We don't know a lot about Simon before this point, but the heart of Jesus spoke directly to his heart that day, and caused him to leave his comfort zone and follow Jesus. Could he have known what Jesus meant by a fisher of men? Highly unlikely! But Simon had a motive, to stay close to Jesus, and that was enough for him.



MISSION!

BE VERY CONSCIOUS THIS WEEK OF AREAS YOU STRUGGLE TO MOTIVATE YOURSELF IN. MAYBE IT'S HOUSEHOLD CHORES, ASSIGNMENTS, SPENDING TIME WITH PARTICULAR PEOPLE, CUTTING DOWN ON SCREEN TIME, SERVING OTHERS: WHATEVER IT IS, STOP AND ASK YOURSELF WHERE YOUR HEART IS AT, AND MORE IMPORTANTLY, WHAT'S YOUR MOTIVE FOR DOING THE RIGHT THING IN EACH SITUATION. LET THAT DRIVE YOU FORWARDS.



PRAYER TIME!

Dear Jesus, you know I struggle a lot sometimes to do the right thing. Getting out of bed on time, pulling my weight around the house, completing assignments to the best of my ability and on time, not making excuses for myself... the list goes on. Help me to see my heart as you see it, to acknowledge what's truly going on in there. Give me the strength to rise above myself and my emotions, to find the why and the motive, daily, because the battle is daily. Amen



CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON THE CONDITION OF YOUR HEART



- Lord I need you - Matt Maher
- Today I Choose - Brian Doerksen
- Ten Thousand Reasons - Matt Redman
- Nothing I hold onto - W Reagan & Utd Pursuit
- Here's my heart - David Crowder Band
- Blessed be your name - Matt Redman
- I raise a Hallelujah - Bethel
- I shall not want - Audrey Assad
- I will follow you - Kristene di Marco
- Build my Life - Pat Barrett



Jesus Calls Simon to Follow Him
The Chosen S1 E4



Fr Patrick Cahill: The Spirit of God