



FAITH @ Home

16 MARCH 2025: 2ND SUNDAY IN LENT | YEAR C

Diocese of Waterford & Lismore
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Celebrating and supporting faith, hope and love in the heart of the family!

"TO THE HEIGHTS" YOUTH EDITION ALSO AVAILABLE

Sunday Mass Readings

First Reading:

Genesis 15:5-12,17-18

Responsorial Psalm:

Psalm 26(27):1,7-9,13-14

Second Reading:

Philippians 3:17-4:1

Gospel:

Luke 9:28-36

**'THIS IS MY SON, THE CHOSEN ONE.
LISTEN TO HIM.'**



Carl Bloch, Public domain, via Wikimedia Commons

Hear



Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find this week's readings online [HERE](#).

Pray

In the Gospel today we find ourselves at the scene of the Transfiguration with Peter, James and John. Think about the following:

- What is the Holy Spirit saying to you through this piece of Scripture? How do these words resonate with you personally?
- How well do you think you listen to God? How much space do you create in your everyday life to allow God to speak to you.
- Do you find it easy to spend time in silence? If not, maybe this is an area the Lord is calling you to this week: even just five minutes of silence as you go for a walk, pop into the church, or sit in the garden can help us to create time for the Lord to really speak to the direct needs of our hearts.
- *Ask for the grace this Lent to deepen your desire to listen to Jesus.*

Family Prayer



Jesus, when life becomes too busy and our home becomes very noisy, quieten our hearts and our spirits to hear Your tender voice. Amen

Talk

In this week's Gospel, we hear about the Transfiguration of Jesus and God the Father saying, "This is my Son, the Chosen One. Listen to Him!"

- How many pieces of equipment in our house play sound? (e.g. radio / TV / Xbox etc)
- How many people in our house listen to music through their headphones / airbuds?
- Is there ever more than one piece of equipment playing sound at the same? Is the TV or music ever turned up loudly? Does that make it hard for people to hear conversations?
- Do we ever turn off all the noise just so we can chat to each other.
- Is our family life ever too busy to hear Jesus and what He wants to say to us? Do we allow times of quiet and silence in prayer to let Jesus speak?

Family Challenge!



Make an effort this week to have a little more quietness in the house (and not just by putting on headphones!) Allow times of quiet and silence so the family can chat together, play games together, sit together or pray together - even just one evening in the week!

LISTEN TO HIM

On the second Sunday of Lent, we move from Jesus' retreat to the desert and temptation by the devil to the glory shown in Jesus' Transfiguration. On the first Sunday of Lent, our Gospel always tells the story of Jesus' temptation in the desert. On the second Sunday, we always hear the story of Jesus' Transfiguration.

The Transfiguration occurs after Peter's confession that Jesus is the Messiah and Jesus' prediction about his Passion. After the prediction there is a discussion of the cost of discipleship in each of these Gospels. The placement of the Transfiguration story close to Peter's confession and Jesus' prediction encourages us to examine the Transfiguration in the larger context of the Paschal Mystery.

The Transfiguration occurs on a mountain in the presence of just three of Jesus' disciples—Peter, James and John. These are among the first disciples that Jesus called in Luke's Gospel. We recently heard this Gospel at Mass, on the fifth Sunday in Ordinary Time. Only Luke's Gospel, which often describes Jesus at prayer, indicates that Jesus is praying as his appearance changes to bright white. Luke indicates that the three disciples were sleeping while Jesus prayed. They will be sleeping again as Jesus prays in the Garden of Gethsemane before his Passion and death.

As they awake, Peter and the disciples see Jesus Transfigured and Elijah and Moses present with Jesus. Elijah and Moses, both significant figures in the history of Israel, represent Jesus' continuity with the Law and the Prophets.

On witnessing Jesus' Transfiguration and seeing Jesus with Elijah and Moses, Peter offers to construct three tents for them. Having just awoken, perhaps Peter's offer was made in confusion. We also notice that Peter reverted from his earlier confession that Jesus is the Messiah, calling Jesus "master" instead. As if in reply to Peter's confusion, a voice from heaven speaks, affirming Jesus as God's Son and commanding that the disciples listen to him. This voice from heaven recalls the voice that was heard at Jesus' baptism which, in Luke's Gospel, spoke directly to Jesus as God's Son.

In his Transfiguration, we see an anticipation of the glory of Jesus' Resurrection. Not until they also witness his Passion and death will the disciples understand Jesus' Transfiguration. We hear this story of Jesus' Transfiguration early in Lent, but we have the benefit of hindsight. In our hearing of it, we anticipate Jesus' Resurrection even as we prepare to remember Jesus' Passion and death.

[Loyola Press - Sunday Connection](#)

Check
this
out



MARY'S MEALS SOUTHERN AFRICA APPEAL

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CARLO'S CORNER

*Have no time?
Make time!*

It's hard to imagine ourselves at the scene of today's Gospel: Jesus' splendour and glory being revealed, the three apostles being utterly dazzled and amazed, trying to comprehend the events unfolding in front of them; Peter desperately wanting to stay there in that glorious moment!

Sometimes prayer comes easily to us and we can feel the presence of God surrounding us. Sometimes it's a lot more difficult and we have to decide to pray because it doesn't come naturally, like a "surge of the heart" as St Therese once called it. Let's not overcomplicate things: What did God the Father tell the three apostles in that scene? "This is my Beloved Son, listen to Him." Be in a relationship with Jesus, dialogue with Him. Speak to Him from your heart and allow Him to speak to you. Actively listen to Him and what He wants to say to you, how He wants to guide you.

Because we're busy people it's important to be strategic about this too: we need to be intentional in developing our relationship with Jesus. It's going to be pretty hard to listen to Him if our days are full of noise and busy-ness, rushing here and there, binging on Netflix or Xbox or Spotify.

Carve some time into your day, especially during this season of Lent when we are encouraged to turn back to the Lord through prayer, fasting and almsgiving. Check out the 3 x 5 Examen in this week's resource and try to build it into your day. You could also set your alarm five minutes early (and not hit snooze!) and begin your day with a morning offering. Tune your mind intentionally to God each day, and you'll see the effects in your life!

 [An Easy Way to Do a Daily Examen \(Fr Mark Mary, CFR\)](#)

 [Keep me in the moment - Jeremy Camp](#)

To the Heights Youth Resource also available



FAMILY TRANSFORMED BY DEVOTION TO SAINT JOSEPH. KNIGHTS OF COLUMBUS SUPREME COUNCIL.

Renzo and Monica have been married since 2012, and now have five children. But their marriage wasn't without its challenges. After their second child, Renzo's job kept him absent mentally and emotionally, which affected his relationship with Monica. Then he realized he needed a model of fatherhood – and he found it in St. Joseph. As Renzo states, "Seeing St. Joseph, who was all action, made me realize that I needed to start moving." He acted, and the family is now consecrated to the foster father of Jesus Christ and serves as a model.

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