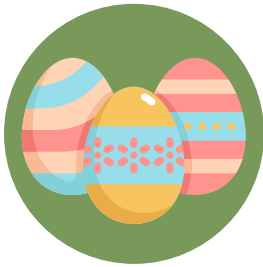


# Easter Symbols

## CHECK OUT THE MEANING OF THE FOLLOWING EASTER SYMBOLS:

### Eggs



Easter eggs are said to represent Jesus' emergence from the tomb and resurrection.

So when you're tucking into your first, or fifth chocolate egg on Easter Sunday, think of what that empty tomb means:

That you have a God who loves you so much, He was willing to suffer, die and rise again from the dead just for you! He conquered sin and death, for our sakes! Now, that's sweeter than any chocolate!

### Lilies



White Easter Lilies symbolise Christ's purity and are often used to decorate churches and homes at Easter time.

Lilies grow from dormant bulbs in the ground to flowers which symbolise the rebirth and hope of Christ's resurrection.

### Bunnies!



Not much to be honest! At least, not with any real Christian understanding of Easter! Rabbits are associated with fertility (because they have so many baby bunnies in Springtime!). For Christians, at most, the rabbit can symbolise new life and rebirth.

### Butterflies



The whole life cycle of a butterfly can be seen as a symbol for the life of Jesus Christ.

The first stage, the caterpillar, can stand for His earthly life.

The cocoon stage can be seen to symbolise Jesus' crucifixion and burial.

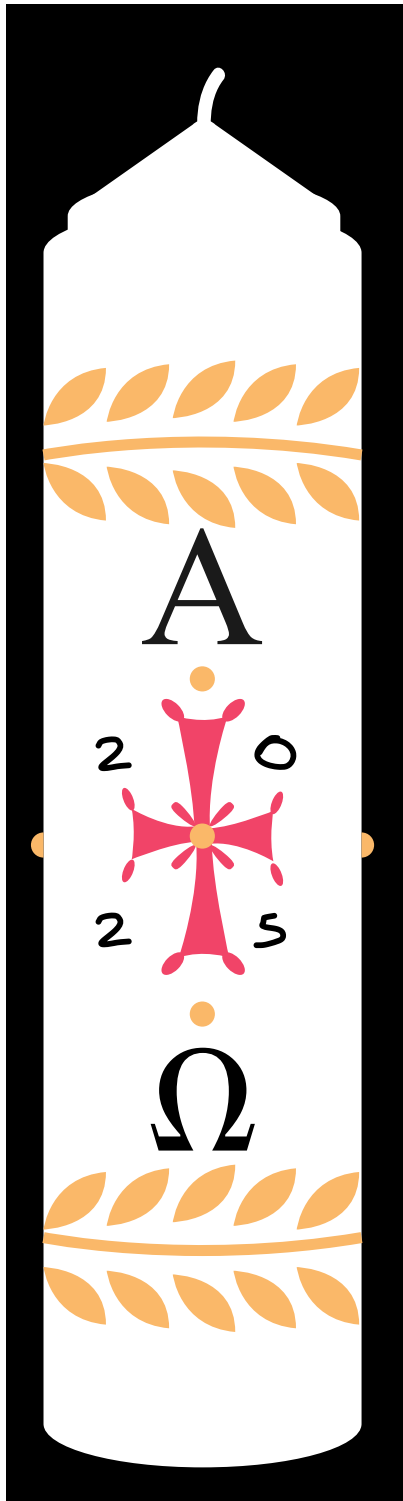
The final stage is the butterfly, representing His resurrection from the dead in a glorified body.

### Lambs



Of all the Easter symbols, the lamb is probably the most strongly Christian. The lamb comes from the Jewish Passover, where each family killed a lamb as a sacrifice for the Passover meal. When Jesus Christ became the Passover Lamb for everyone, the sacrificial offering for the sake of the whole world, the lamb became a symbol for His sacrifice. Many Christians today also serve lamb as part of the Easter feast. In Germany, there is a tradition to serve an Osterlammkuchen (a cake in the shape of a lamb) on Easter Sunday.

## EASTER SYMBOLS



# Light

"I AM THE LIGHT OF THE WORLD. WHOEVER FOLLOWS ME WILL NEVER WALK IN DARKNESS, BUT WILL HAVE THE LIGHT OF LIFE." JOHN 8:12

## The Paschal Candle

The candle symbolises the Light of Christ and the resurrection - all the other candles in the Church are lit from this one: Jesus is the source of all light!

## Beeswax

"...extracted by bees from flowers symbolises the pure flesh of Christ received from His Virgin Mother, the wick signifies the soul of Christ and the flame represents His divinity". (Catholic Encyclopedia)

## Flame

Reminds us of the "pillar of fire" that led the Hebrews as they escaped slavery at the hands of the Egyptians.

## Cross

The greatest symbol of Jesus since it was through the Cross He chose to save us.

## ΑΩ

Greek letters Alpha and Omega:

"I am the Alpha and the Omega, the beginning and the end." (Revelations 21:6-7)

## Year

To remind us that God is here with us today and always.

## Five Grains of Incense

Inserted into the candle symbolising the five wounds of Jesus Christ.

### Get creative!

Why not try creating your own Paschal Candle with some sharpie pens?



Watch the video here from TeachBhríde at the Notre Dame Newman Centre for inspiration! Make sure to use the correct symbols and year!





# EASTER PLAYLISTS



Click the hyperlinks or scan the QR Codes!

## EASTER HYMNS

- Raise a Hallelujah - Bethel Music
- Father of Jesus -
- Trust in You - Lauren Daigle
- An Easter Hallelujah - Cassandra & Callahan Star
- How Deep the Father's Love - Austin Stone Worship
- Glorious Day (Living He Loved Me) - Casting Crowns
- At the Cross - Hillsong
- Come Behold the Wondrous Mystery - Boswell & Papa
- O Praise the Name (Anastasis) - Hillsong
- My Redeemer Lives - Nicole C Mullen
- Before the Throne of God Above - Shane & Shane
- It was finished upon that Cross - CityAlight

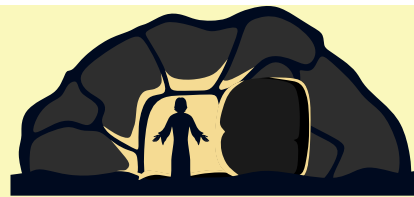


- Graves into Gardens - Elevation Worship
- What a Beautiful Name - Hillsong
- Christ is Risen - Phil Wickham
- Because He Lives - Celtic Worship
- Resurrecting - Elevation Worship
- Because He Lives - Matt Maher
- Worthy is the Lamb - Hillsong
- Forever - Kari Jobe
- In Christ Alone - Kristian Stanfill
- King of Kings - Hillsong
- What He's Done - Passion
- Man of Sorrows - Hillsong
- At the Cross / Love ran red - Chris Tomlin



## REFLECTIONS

- Ascension Presents: Run to the Risen Jesus this Easter!
- Fr Mike Schmitz: What is Hope and Why do you need it?
- Bobby Angel: Finding Hope in Times of Darkness
- Fr Mike Schmitz: The Role of Hope in Holy Week
- Stations of the Cross - Holy Family Mission
- Holy Week in 3 Minutes (Busted Halo)
- Easter Sunday: What every Catholic Should Know

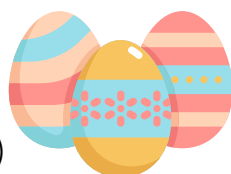


- Easter Reflection: With God Nothing is Lost
- RISEN - A Short Film
- He is Alive - Easter Video (Billy Graham)
- Easter - He is Risen
- The Cross - Worship Intro



## FOR THE KIDS!

- God's Story: Easter
- The Story of Easter (Saddleback Kids)
- The Stations of the Cross for Kids
- History of Easter Eggs for Kids
- The Easter Story (The Beginner's Bible)



- How to Draw an Easter Cross
- Easter Traditions (Catholic Central)
- Easter Brunch Ideas for the Family
- Our Holy Week & Easter Trium Traditions
- Easter Bake Along
- Resurrection Garden craft