

Sunday Mass Readings

First Reading:

Acts 5:12-16

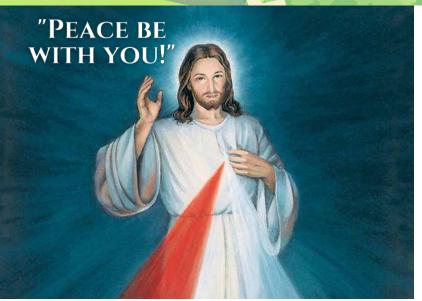
Responsorial Psalm:

Psalm 117(118):2-4, 22-27

Second Reading:

Revelations 1:9-13, 17-19

Gospel: John 20:19-31



mage: canva

Hear



Grab your Bible and look up the Gospel reading. Don't have one?

No worries, you can find this week's readings online HERE.

Pray &

In the Gospel today we witness Jesus' appearance to the disciples in the upper room, and Thomas' declaration of the Lordship of Jesus.

- What is the Holy Spirit saying to you through this piece of Scripture? How do these words resonate with you personally?
- "Peace be with you." These are Jesus' words in today's Gospel. Take some time, silently, to recall moments in your life where you have doubted Jesus, like Thomas. Reflect on times in the past where it was difficult to see Jesus' presence with you.
- Looking at those situations now, can you see how Jesus was working in your life to show you how much He loves you?

Family Prayer



Eternal Father, I offer You, the Body and Blood, Soul and Divinity of Your dearly Beloved Son, our Lord Jesus Christ, in atonement for our sins and those of the whole world!

Talk 🕶

In today's Gospel we see that Thomas didn't find it easy to trust in the resurrection of Jesus until he witnessed it with his own eyes.

- Is there anything that causes you doubt or anxiety about your faith or things going on in your life right now? Chat to someone in your family about this this week.
- Why do you think that feelings like this are part of our faith journey?
- Make a list of who you can turn to when you feel anxious or have doubts about your faith.
- How can we live our lives in such a way that the faith of others can be strengthened? How can we reach out to others who need help and compassion this week?

Family Challenge!



Learn the Divine Mercy Chaplet that Jesus taught to St Faustina this week. Check out this <u>video</u> with the words of the prayers produced by Holy Family Mission.

DIVINE MERCY

The Resurrection of Jesus was the most important event in the history of the world. When the Lord appeared in the "Upper Room" to the apostles pointing out His wounds in today's Gospel, it was to demonstrate He was the Crucified Christ and to show He had risen from the dead. He greets them with the words: "Peace be with you". These are words of reconciliation and forgiveness. The apostles had fled and denied him, they were ashamed and hiding in the upper room for fear of the Jews. With these words, Jesus restores them to his friendship. He then bestowed on the apostles the power to forgive sins, and to reconcile people with God.

This weekend, the Second Sunday of Easter, is also known as Divine Mercy Sunday. Devotion to the Divine Mercy is associated with St Faustina Kowalska. In 1931, Jesus appeared in another room, this time the room of the young nun in Poland, again showing His wounds, emphasising the power of those wounds as rays of love and mercy. Jesus told her: "I am sending you with My mercy to the people of the whole world. I do not want to punish mankind, but I desire to heal it, pressing it to my merciful heart". She saw blood and water flowing from the heart of Jesus as a fountain of mercy for the whole world. Jesus asked that the first Sunday after Easter be a dedicated Feast of His Mercy. He asked her to teach the world again of why he died on the Cross. He died to give sinners another chance of obtaining God's Divine Mercy, and to pardon their sins if they confessed them and returned to living by God's commandments. He was also reminding mankind that by His death on the Cross, Divine Mercy was possible for all. The story of God's love for us continues after Easter.

The person that appeared to the apostles in the Upper Room was the resurrected Christ. The Resurrection was the start of the Christian Church. The image through which Jesus appeared to Saint Faustina was the same image that started the Christian Church. His appearance to Saint Faustina was intended to renew the Church, to renew belief in the Cross, in the Resurrection, and in God's offer of salvation to all.

SPIRIT JUICE KIDS YOUTUBE CHANNEL:

BOX:

@SpiritJuiceKids



"Juice Box is a new online children's show and YouTube channel designed to entertain kids and grown-ups alike while teaching the Catholic faith. Juice Box was created and produced by Spirit Juice Studios, an Emmy Award-winning Catholic production firm that specialized in passionate storytelling, documentary filmmaking, and digital content for Catholic evangelization for more than 15 years. Many of us on the team are parents ourselves, striving to raise our kids in the Church. Confronted with the lack of compelling online Catholic children's content, we realized that we are uniquely equipped to help solve this problem!"



ABC of DIVINE MERCY

Today we celebrate the second Sunday of Easter, also known as Divine Mercy Sunday, inspired by the message of Divine Mercy revealed to St Faustina by Jesus in a series of apparitions to the nun in Poland in the 1930s.

The message of The Divine Mercy is simple: God loves us and He wants us to truly know that His mercy is greater than our sins, so that we will call upon Him with trust, receive His mercy, and let it flow through us to others. "The greater the sinner, the greater the right he has to My mercy." (723) Use ABC to help you remember the message!

- Ask for His Mercy. God wants us to be sorry for our sins and ask Him to pour His mercy out on us and upon the whole world.
- Be merciful God wants us to receive His mercy and in turn be merciful to other.
- Completely trust in Jesus. "The more a soul trusts, the more it will receive." (1578)

Take ten minutes today or during the week to pray the Divine Mercy Chaplet for a special intention.



Divine Mercy Sunday: Prove It (M Hart)



Chris Tomlin: At the Cross Love Ran Red

To the Heights Youth Resource also available





Divine Mercy Prayer and Image Lego Build | The Divine Mercy Chaplet For Kids from Spirit Juice Kids.

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