

# Happy Birthday Blessed Mother!

## WHY DO WE CELEBRATE OUR LADY'S BIRTHDAY?

Our Lady was chosen by God to be the mother of His Son, and it is fitting that we honour her too for her obedience to God's will and for her unwavering faith and trust in God. When we honour Mary and try to imitate her in our own lives, we become closer to Jesus. Our Lady never looks for attention for herself, but always points to her Son. As the Mother of God, and our Heavenly Mother, why would we not want to celebrate her birthday! Very little is known about Our Lady's birth. We know that her parents were Joachim and Ann, as we believe that Our Lady was conceived without Original Sin, which is what we celebrate on the Feast of the Immaculate Conception on December 8th (9 months before September 8th!)

The feast of the Nativity of the blessed Virgin Mary began to be celebrated as far back as the fifth century. How will you celebrate it today?



NEVER BE AFRAID OF LOVING THE BLESSED VIRGIN TOO MUCH. YOU CAN NEVER LOVE HER MORE THAN JESUS DID.  
- ST MAXIMILIAN KOLBE -

## SUGGESTIONS FOR CELEBRATING OUR LADY'S BIRTHDAY

- **Pray for Our Lady's Intentions**

- **Dress in blue**

- **Bake a cake**  
Share it with your friends or family



- **Pray a rosary (or a decade) today**

- **Read about a Marian Apparition**  
Check out Knock, Fatima, Lourdes or Guadalupe to get you started!

- **Visit your local church**

Spend some time praying to Jesus (our Lady loves when you spend time with her Son!)

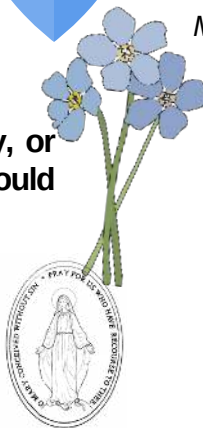
- **Buy some flowers**

Bring them to a statue of Our Lady, or give them to someone you know would really appreciate a gift at this time

- **Wear a miraculous medal**

- **Go on pilgrimage**

Even to the statue of Our Lady in your local church, or to a grotto



- **Light a candle in honour of Our Lady.**

- **Pray a Mother Teresa Novena**

(usually a novena takes nine days, but Mother Teresa often prayed nine Memorare prayers in a row when she was in urgent need!)

*Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided.*

*Inspired by this confidence, I fly unto you, O Virgin of virgins, my mother; to you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen*

- **Consecrate yourself to Our Lady**

*Mother I am yours, now and forever. Through you and with you, I want to belong always and completely to Jesus. Amen*

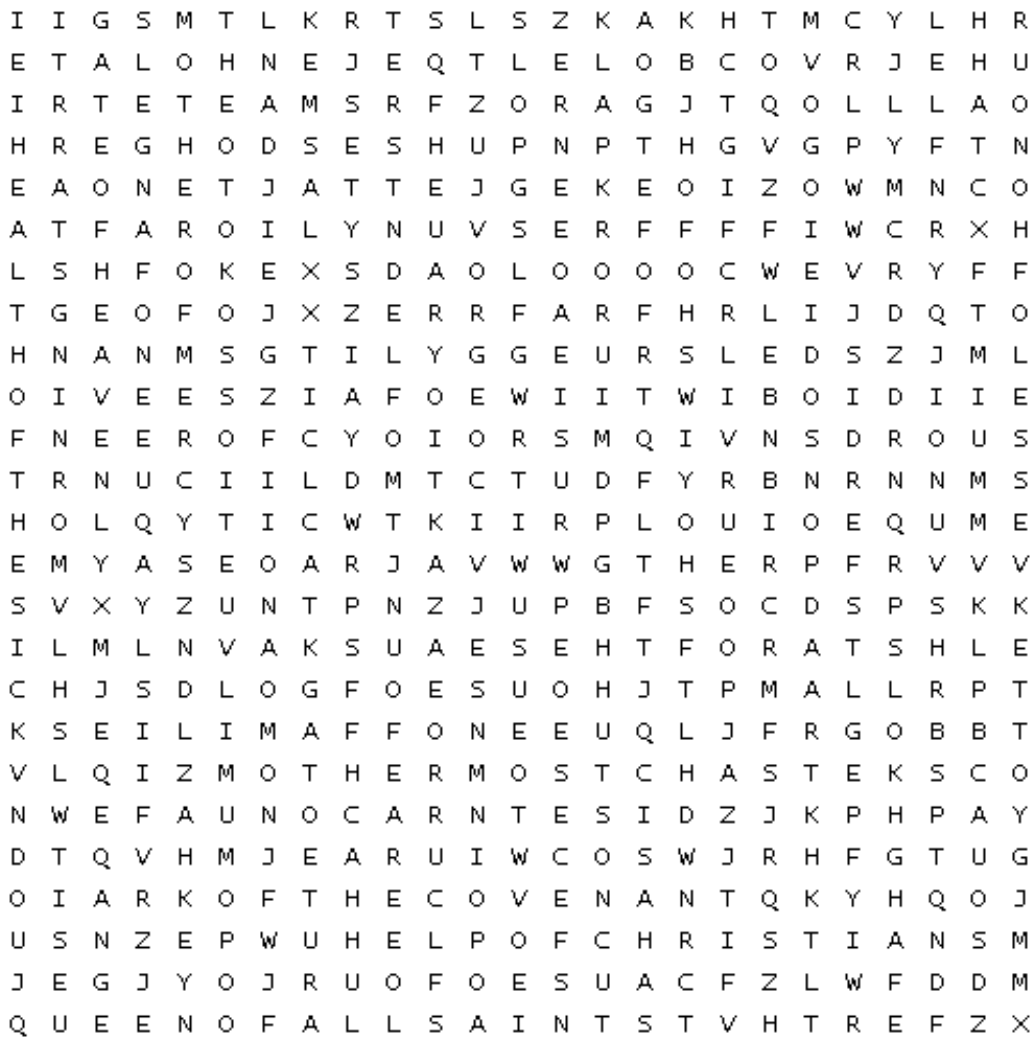
- **Start a new family tradition!**

- **Learn about Our Lady:**

Watch this Busted Halo video explaining Catholic Devotion to the Virgin Mary



# Titles of Mary



## Research:

- What is meant by "Theotokos"?
- Why is Our Lady known as "Undoer of Knots"?

Can you Find all these titles For Mary in the wordsearch?

- |                       |                          |                      |
|-----------------------|--------------------------|----------------------|
| • Ark of the Covenant | • Mother most pure       | • Solace of Migrants |
| • Cause of our Joy    | • Mother of Good Counsel | • Spiritual Vessel   |
| • Gate of Heaven      | • Mother of Mercy        | • Star of the Sea    |
| • Health of the Sick  | • Mystical Rose          | • Theotokos          |
| • Help of Christians  | • Queen of all Saints    | • Tower of Ivory     |
| • House of Gold       | • Queen of Angels        | • Undoer of Knots    |
| • Mirror of Justice   | • Queen of Families      | • Vessel of Honour   |
| • Morning Star        | • Refuge of Sinners      |                      |
| • Mother most chaste  | • Seat of Wisdom         |                      |





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