

stay
HUMBLE



LUKE 18:9-14

I am
CONFIDENT

ICEBREAKER



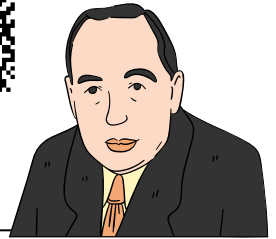
- How do you react when someone pays you a compliment?
- How do you react when someone offers you criticism?

THE MORE A PERSON IS
WILLING TO ACKNOWLEDGE
THE TRUTH AND WALK IN
THAT TRUTH, THE MORE
CONFIDENT THEY ARE.

WATCH THIS VIDEO FROM FR MIKE SCHMITZ (WHAT TRUE HUMILITY
REALLY LOOKS LIKE) AND REFLECT ON THE QUESTIONS THAT FOLLOW:



CS Lewis' defines humility as not thinking less of yourself, but thinking _____.
_____. What do you think of this definition?



How do we often misunderstand humility and what a humble person is like? What trap do we fall into?



How does Fr Mike define true humility?

→ **Having willingness to _____ the truth and the confidence to _____ in that truth.**

☒ ☐ A truly humble person would be able to say: "I'm really good at X." True or false? _____

A truly humble person can receive both a compliment and a criticism with confidence and humility and live in that truth. Explain Fr Mike's theory on this in your own words:



How can we **choose** to be a humble and confident person?

What is Fr Mike's response to the concept of building up self-confidence and self-esteem? How does confidence actually grow?



The more competent you are, the more confident you are. Do you agree? _____

Fr Mike uses the analogy of knowing how to fix your car leading to confidence. Can you think of another example from your own life? Something you are competent in, therefore confident in?



What is the danger in distorted confidence? Explain what Fr Mike means by this.

HUMILITY AND CONFIDENCE

The more a person is willing to acknowledge the truth and walk in that truth, the more confident they are. If a truly humble person faces a situation they are not competent in, how should they react?

Why does Fr Mike think a Christian should be the most confident and the most humble?

What Truth do they know?

- God has made me for greatness, I'm made in His image and likeness but also, I am _____.
- I'm redeemed by His grace and His love, but also I can _____.
- I don't deserve to be loved, but I am _____.

A truly humble person will never be overly puffed up by a _____ or deflated by _____ because they live and walk in _____.

HOW DOES THIS IDEA OF HUMILITY AND CONFIDENCE SIT WITH YOU? IS IT SOMETHING YOU STRUGGLE WITH? IS IT SOMETHING THAT CAN BRING CLARITY AND FREEDOM TO YOUR LIFE?



READ: LUKE 18:9-14

We might be tempted to laugh at the Pharisee's pompous prayer in today's Gospel. Is he for real? Does he not know how ridiculous he sounds? Yet, I think if we probe a little bit, and maybe not even too deeply, we can find elements of his words in our own attitude and behaviour at times. Do we ever legitimise or excuse our own behaviour by comparing ourselves to someone we think is worse? "I know my room is messy, but my brother's is way worse..." "Ok, I drink a bit too much, but come one, look at X and how much he drinks every weekend - I'm not that bad!" or "I might lose my temper a bit, but at least I'm not a gossip like X...." Where's the humility in that? Without humility there can be no growth. If we determine where the standard is, or if we set the bar for ourselves, we'll almost always find ourselves above it. Thankfully for us (and for our souls!) God is the one who sets the bar, and He sets it out of love for us, because striving for that standard is how we strive for heaven and eternal happiness with him. Let's try this week to have a humble heart like the tax collector: one who is aware of the Truth of his weakness and his need for God's mercy and walks in that truth.

MISSION!

TAKE AN HONEST LOOK AT YOUR OWN LIFE THIS WEEK. HOW DO YOU RESPOND TO COMPLIMENTS AND CRITICISMS? IF THE COMMENT IS NOT TRUE, IT SHOULDN'T BOTHER YOU, SO MOVE ON FROM IT! IF THERE'S TRUTH IN IT, LIVE AND WALK IN THAT TRUTH, WHATEVER THAT MEANS FOR YOUR ACTIONS AND INTENTIONS. REMEMBER, ABOVE ALL, WE NEED THE LORD'S MERCY AND GRACE, NO MATTER WHO WE ARE OR WHAT WE ARE CAPABLE OF.

PRAYER TIME!

Lord Jesus, help me to acknowledge, live and walk in Your Truth. Show me how to be a person of true humility, and of confidence that comes from relying on your strength, your mercy, your redeeming love. Thank you for the gifts you have given me in my life, the talents I have and skills I have acquired. Let me use them for the building up of your Kingdom, not my own vanity or reputation. Amen



CREATE A PLAYLIST TO LISTEN TO AS YOU REFLECT ON HUMILITY



- Thomas Muglia: Litany of Humility
- Danielle Rose: Litany of Humility
- Matt Maher: Lord I need You
- Sarah Kroger: Humbled Heart
- Hillsong: Here I am to Worship
- Chris Tomlin: We Fall Down
- Meredith Maudlin: You Remain
- CeCe Winans: Worthy of it All



Prideful? Here's how to stop and be humble? (Fr Mike Schmitz)