

FAITH @ Home

3RD MAY 2026: YEAR A: 5TH SUNDAY OF EASTER

Diocese of Waterford & Lismore
www.waterfordlismore.ie

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Celebrating and supporting faith, hope and love in the heart of the family!

"TO THE HEIGHTS" YOUTH EDITION ALSO AVAILABLE

Sunday Mass Readings

First Reading:

Acts 6:1-7

Responsorial Psalm:

Psalm 32(33):1-2,4-5,18-19

Second Reading:

1 Peter 2:4-9

Gospel:

John 14:1-12

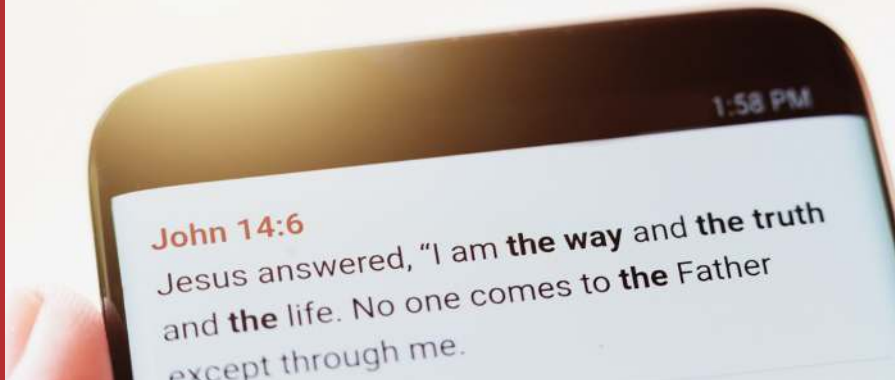


Image: Canva

Hear



Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find this week's readings online [HERE](#).

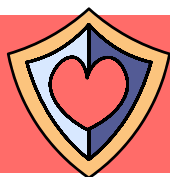
Reflect



In the Gospel today we hear Jesus explaining His unity with the Father.

- What is the Holy Spirit saying to you through this piece of Scripture? How do these words resonate with you personally?
- Reflect on the phrase: "*I am the Way, the Truth and the Life*" this week.
- **Jesus is the Way:** What implications does that have for your life? Are you looking in other places for happiness or fulfillment?
- **Jesus is the Truth:** what does that mean for how you live your life? Do you look for Truth elsewhere? Do you fill your heart and mind with Scripture and His message?
- **Jesus is the Life:** how does Jesus give life to your soul? How is He reflected in how you live each day, in your joy, in your surrendering of your anxieties to him?

Family Prayer



Jesus, You are the Way, the Truth and the Life. I want you to be the Way, the Truth and the Life in my life, my family, my home, my work and in all I do. Let me witness to Your Presence to all I meet. Amen

Chat



In today's Gospel Jesus explains how He and the Father in heaven are unified.

- Who are you most like in your family - either by appearance or personality?
- Are there any hobbies or interests that your family shares?
- Have you ever said or done something that reminded you of your parents?
- Hopefully our families are good role models for us and can teach us how to be good and loving people, and how to serve God.
- Jesus told the disciples that if they had seen Him they had seen the Father. They could know the heart of the Father through Jesus' words and actions. The heart of the Father is bigger than we can ever understand - let's just lean into that love!

Family Challenge!



Why not take a family photo this week: make it as goofy or as serious as you would like! You could even dress in similar outfits or colours! Thank God for the gift of your family and ask Him to show you His heart through the love in your family too!



THE WAY, THE TRUTH & THE LIFE

The readings for the last few Sundays have been about the Resurrection, but today's Gospel takes us back in time to an event in Jesus' life before his Passion. Jesus tells his disciples that he is going to prepare a place for them in his Father's house. He promises that where he is going, his disciples will be able to follow. Thomas, who will later doubt the disciples' reports that they have seen the Risen Lord, contradicts Jesus by saying that the disciples don't know where Jesus is going or how to get there. Jesus explains that he himself is the way, the truth, and the life. In knowing and loving Jesus, the disciples now love God the Father.

Philip then makes a request that challenges Jesus' words. Philip wants Jesus to show the Father to the disciples. Recall that Jesus has just told his disciples, "If you know me, then you will also know my Father. From now on you do know him and have seen him." As a good teacher, Jesus responds to Philip by repeating and elaborating on what he has just told the disciples: they have seen and known Jesus, so they have seen and known the Father. Then Jesus offers another reassurance about his departure: because of faith in God and in Jesus, the disciples will do the work that Jesus has done and more.

The connection between Jesus and his Father, between Jesus' work and the work of the Father, is made clear in today's Gospel. Jesus is in the Father, and God the Father is in Jesus. As God spoke his name to Moses, "I am," so too Jesus speaks his name to his disciples: "I am the way and the truth and the life."

The revelation of the Trinity is completed in the passage that follows today's reading, and it is the Gospel for next Sunday. Because Jesus goes away, the Father will send in Jesus' name the Advocate, the Holy Spirit, who will continue the work of the Father and of Jesus.

taken from ***Loyola Press Sunday Connection***

The Pope's Intention for May



THAT EVERYONE MIGHT HAVE FOOD

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.

Create a May Altar in your home!

Why not set up a May Altar in your home if you don't have one already? A simple image / statue of Our Lady, some fresh flowers and an LED candle are a great start, and you could add to it as the month goes on and use it as a focal point to gather to pray the rosary or even just a decade every day!



Check out the ideas here from the Diocese of Derry



More ideas here from **Catholic Icing**, including a printable statue of Mary if you don't have one!



CARLO'S CORNER

WHAT IS TRUTH?

In today's Gospel we hear the often quoted line, "I am the Way, the Truth and the Life." Jesus does not present himself as *a way, a truth and a life...* but as the *definitive way, the only truth and the life*. Christians believe that Jesus is God,



the 2nd person of the Trinity. That statement is either true or false. He cannot both be God and not be God at the same time. The mystery of the Incarnation, God becoming Man, is central to Christianity. Does it make it easy to comprehend? Not always! Yet here we have a God, so invested in humanity, so in love with us, that He took on flesh, becoming a tiny baby, suffering our weakness and limitations, to live like us, to show us how to live, and to die for our sake. God's love for us is real, it's tangible - that's the truth.

Truth is a difficult thing in today's world. Subjective truth and emotions seem to be the guiding factor most of the time. People can shy away from acknowledging objective truth for fear of offending others' beliefs. Yet, this is the question we each should ask ourselves: is Jesus God or not? He doesn't allow us the option to see Him as just a nice guy or a good teacher. If Jesus is what He said He is, if He is God, if He is the source of all Truth, if He is the Way to Heaven and the Life that we are all searching for, shouldn't we be listening to His voice more? Isn't that question worth asking?

This week, take some time to really consider what it is that you believe about Jesus Christ. Maybe it would help to write your ideas down. Do your beliefs about Jesus match what the Catholic Church teaches? Spend time in prayer asking Jesus to reveal Himself to you, as he is, not as you imagine Him to be.



Fr. Mike Schmitz: What is Real Truth?



The Way (New Horizons): Pat Barrett



To the Heights Youth Resource also available



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- Faith@Home / Let's Dive In (faithathome@waterfordlismore.ie)
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